

Chapter 6: Work and Energy

Lecture 2

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Kinetic Energy

An object of mass m moving with velocity v has a form of energy called **Kinetic Energy (K)** given by $K = \frac{1}{2} m v^2$ measured in (J)

clearly $K \geq 0$. If $K=0 \Rightarrow$ object is at rest.

Work - kinetic energy theorem

Where does the work done on an object go?

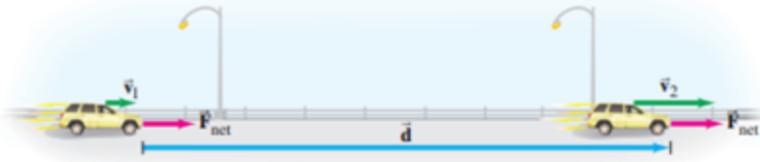


FIGURE 6-7 A constant net force F_{net} accelerates a car from speed v_1 to speed v_2 over a displacement d . The net work done is $W_{net} = F_{net}d$.

In the figure, a net force acts on the car and moves it a displacement \vec{d} in the direction of \vec{F}_{net} and hence accelerates it from an initial velocity \vec{v}_i to a final velocity \vec{v}_f . What is the work done on the car by the force \vec{F}_{net} ?

$$W_{net} = F_{net} d \cos(0) = F_{net} d$$

From the equations of motion, we have

$$v_f^2 - v_i^2 = 2ad$$

$$\begin{aligned} \times \frac{1}{2}m &\Rightarrow \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 = \frac{2}{2}mad \\ &= (ma)d \quad \left| \begin{array}{l} F_{net} = ma \\ \text{Newton's 2nd law} \end{array} \right. \\ &= F_{net}d \end{aligned}$$

$$\therefore \overbrace{K_f - K_i}^{\Delta K} = W_{net}$$

Final kinetic energy Initial kinetic energy total (net) work done on the car.

The total work done on an object equals the change in its kinetic energy.

$$W_{\text{net}} = \Delta K$$

$$W_{\text{net}} = \frac{1}{2}m(v_f^2 - v_i^2)$$

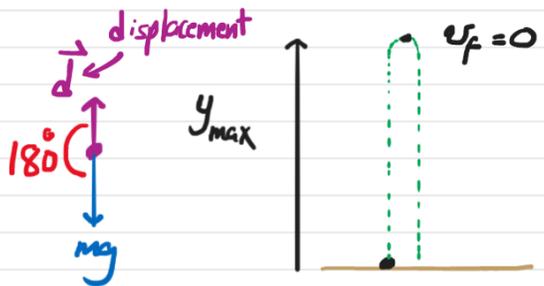
work-kinetic energy theorem

When $W_{\text{net}} = 0 \Rightarrow \Delta K = 0 \Rightarrow K_f = K_i \Rightarrow$ speed does Not change.
 $W_{\text{net}} > 0 \Rightarrow v_f > v_i \Rightarrow$ object accelerates, $W_{\text{net}} < 0 \Rightarrow v_f < v_i \Rightarrow$ object decelerates.

Example: An object of mass m is projected vertically upwards from the earth's surface with an initial speed of 20 m/s.

① Find its maximum height.

Free fall. Only force that acts on the object is its weight downwards. Displacement \vec{d} is upwards $\Rightarrow \theta = 180^\circ$.



$$W_{\text{net}} = \Delta K = \frac{1}{2}m(v_f^2 - v_i^2)$$

$$(\cancel{mg})(y_{\text{max}}) \cos(180^\circ) = \frac{1}{2} \cancel{m} (0 - (20)^2)$$

$$\therefore -g y_{\text{max}} = -200 \Rightarrow y_{\text{max}} = 20 \text{ m.}$$

② Find the speed of the object when it is at a height of 15 m.

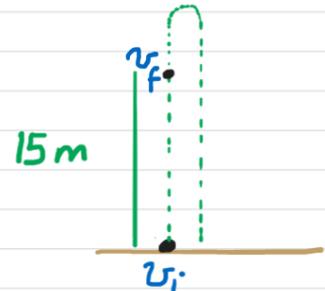
$$W_{\text{net}} = \Delta K = K_f - K_i = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$$(\cancel{m}g)(15) \cos 180^\circ = \frac{1}{2} m (v_f^2 - (20)^2)$$

$$-150 = \frac{1}{2} v_f^2 - 200$$

$$v_f^2 = 100$$

$$\therefore v_f = 10 \text{ m/s.}$$



③ Find the speed of the object just before hitting the ground.

$$W_{\text{net}} = (mg)(d) \cos \theta = 0$$

$$\text{Return to ground} \Rightarrow d = 0 \Rightarrow W_{\text{net}} = 0$$

$$0 = \frac{1}{2} m (v_f^2 - v_i^2) \Rightarrow |v_f| = |v_i| = 20 \text{ m/s (speeds)}$$

[for velocities $v_f = \pm v_i$]

if \uparrow $v_f = -v_i = -20 \text{ m/s}$, if \downarrow $v_f = +20 \text{ m/s}$.

CONCEPTUAL EXAMPLE 6-5 **Work to stop a car.** A car traveling 60 km/h can brake to a stop in a distance d of 20 m (Fig. 6-10a). If the car is going twice as fast, 120 km/h, what is its stopping distance (Fig. 6-10b)? Assume the maximum braking force is approximately independent of speed.

RESPONSE Again we model the car as if it were a particle. Because the net stopping force F is approximately constant, the work needed to stop the car, Fd , is proportional to the distance traveled. We apply the work-energy principle, noting that \vec{F} and \vec{d} are in opposite directions and that the final speed of the car is zero:

$$W_{\text{net}} = Fd \cos 180^\circ = -Fd.$$

Then

$$-Fd = \Delta K = \frac{1}{2}mv_2^2 - \frac{1}{2}mv_1^2 = 0 - \frac{1}{2}mv_1^2.$$



$$Fd = \frac{1}{2}mv_i^2$$

$$d = \frac{m}{2F}v_i^2$$

$$d \propto v_i^2$$

Thus, since the force and mass are constant, we see that the stopping distance, d , increases with the square of the speed:

$$d \propto v^2. \quad \text{Stopping distance } d \propto v_i^2$$

If the car's initial speed is doubled, the stopping distance is $(2)^2 = 4$ times as great, or 80 m.

Stopping distance $\equiv d$

$$v_i = 2v_i$$

what is d' ?

$$d' = \frac{m}{2F}(2v_i)^2 = 4\left(\frac{m}{2F}v_i^2\right) = 4d$$

new stopping distance.

$$\text{at } v_i = 60 \text{ km/h, } d = 20 \text{ m} \Rightarrow \text{at } 120 \text{ km/h, } d' = 4d = 4(20) = 80 \text{ m.}$$

6-4] Potential Energy

Gravitational Potential Energy

Object of mass m is at a height h above the surface of the ground.



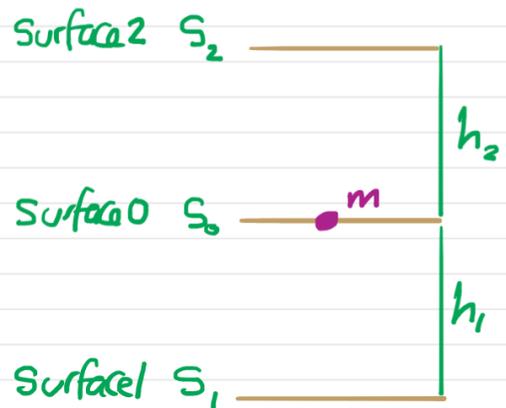
If you release this object it fall towards the ground. This shows that the object possessed energy when it was at height h above the ground. This energy is called the gravitational potential energy which is the energy possessed by the object due to its position above the ground.

gravitational potential energy $\rightarrow U = mgh$

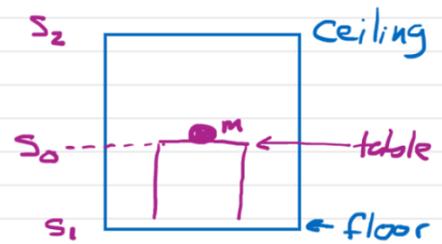


Gravitational potential energy is defined with respect to a surface.

$U_2 = -mgh_2$ potential energy of mass m relative to S_2 . Negative U_2 means work must be done to raise m to S_2 .



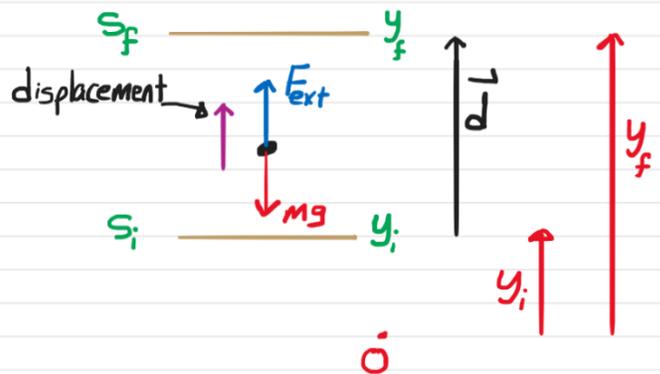
$U_i = mgh_i$ potential energy of mass m relative to S_1 . Positive value means if you release m it falls towards S_1 .



$U_0 = 0$ ^{$mgh = mg(d) = 0$} potential energy of mass m with respect to surface S_0 . Note m is on the surface $S_0 \Rightarrow h = 0$.

Unlike kinetic energy K , the potential energy can be positive, negative or zero.

Find the work done by the weight (mg) while an object is moved from surface $S_i \rightarrow S_f$.



$$W_{mg} = (mg)(d) \cos 180^\circ$$

$$= mg(y_f - y_i)(-1)$$

$$W_{mg} = -(mgy_f - mgy_i)$$

$$W_{mg} = -(U_f - U_i) = -\Delta U$$

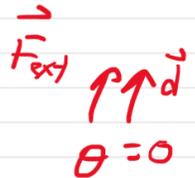
$$W_{mg} = -\Delta U$$

only depends on the displacement along the y-direction.

If the mass is moved up at constant velocity
($a=0$) $\Rightarrow F_{ext} = mg$.

Work done by the external force is

$$W_{ext} = (\overset{F_{ext}}{mg})(d) \cos(0) = mgd = mg(y_f - y_i)$$



$$W_{ext} = U_f - U_i = \Delta U$$

$$\therefore \boxed{W_{ext} = \Delta U}, W_{mg} = -\Delta U$$

$W_{net} = W_{mg} + W_{ext} = 0 \Rightarrow$ object moves at constant speed upwards.

Conservative and nonconservative forces.

Properties of conservative forces

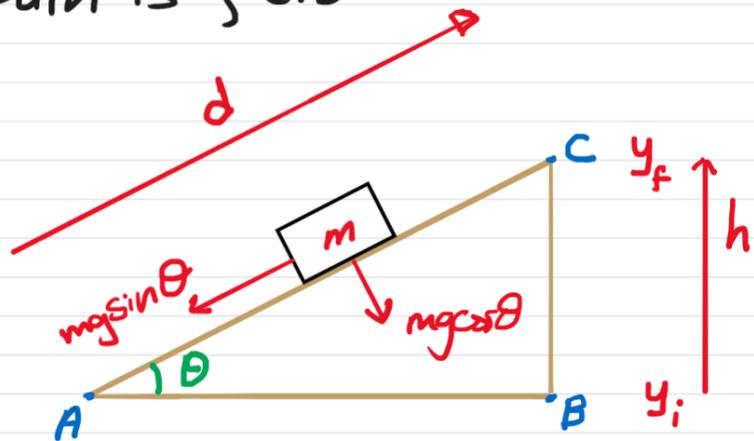
(The work done by)

(i) The work of a conservative force does NOT depend on the path.

(ii) The work of a conservative force round a closed path is zero.

Find the work done by the force of gravity (mg) when the object of mass m moves from

point A to C through two different paths:



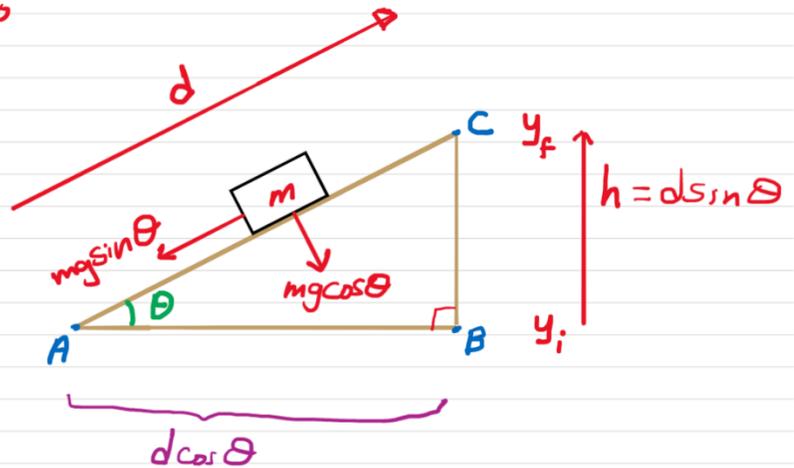
① $A \rightarrow C$ directly.

$$W_{mg}(A \rightarrow C) = (mg \sin \theta)(d) \cos 180^\circ$$

$$W_{mg}(A \rightarrow C) = -mgd \sin \theta$$

But $h = d \sin \theta \Rightarrow$

$$W_{mg}(A \rightarrow C) = -mgh.$$



② Find the work done by the force of gravity in moving the mass m from $A \rightarrow B \rightarrow C$

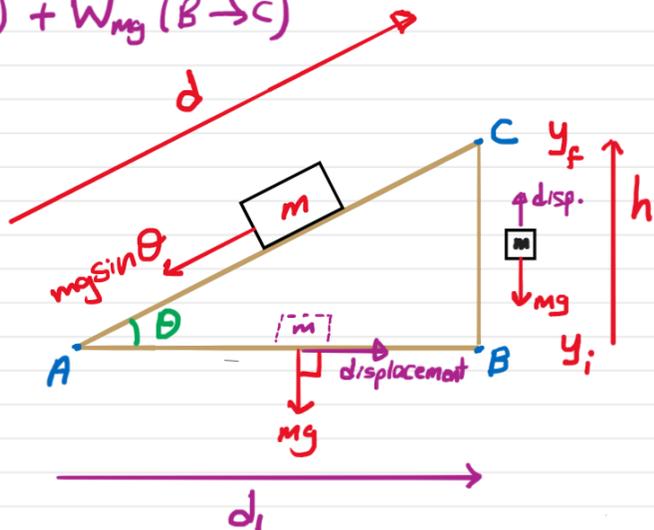
$$W_{mg}(A \rightarrow B \rightarrow C) = W_{mg}(A \rightarrow B) + W_{mg}(B \rightarrow C)$$

$$W_{mg}(A \rightarrow B) = (mg)(d_1) \cos 90^\circ$$

$$\therefore W_{mg}(A \rightarrow B) = 0$$

$$W_{mg}(B \rightarrow C) = (mg)(h) \cos 180^\circ$$

$$= -mgh$$



$$\therefore W_{mg}(A \rightarrow B \rightarrow C) = 0 + (-mgh)$$

$$W_{mg}(A \rightarrow B \rightarrow C) = -mgh \text{ as before.}$$

$$\therefore W_{mg}(A \xrightarrow{\text{directly}} C) = W_{mg}(A \rightarrow B \rightarrow C) = -mgh$$

\therefore Work of gravity does NOT depend on the path.

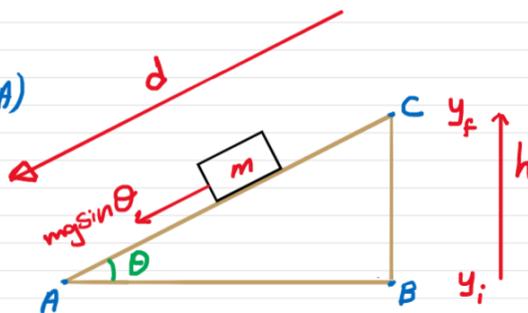
③ Find the work done by gravity when the object moves from $A \rightarrow B \rightarrow C \rightarrow A$ (closed path).

$$W_{mg}(A \rightarrow B \rightarrow C \rightarrow A)$$

$$= W_{mg}(A \rightarrow B \rightarrow C) + W_{mg}(C \rightarrow A)$$

$$= -mgh + mgh = 0$$

Note: $mg \sin \theta$
is parallel to \vec{d}
 \Rightarrow angle between them $= 0$



$$\begin{aligned} W(C \rightarrow A) &= (mg \sin \theta)(d) \cos(0) \\ &= mgd \sin \theta \\ &= mgh \end{aligned}$$

$$\therefore W_{mg}(A \rightarrow B \rightarrow C \rightarrow A) = 0$$

\therefore Work of gravity round a closed path $= 0$.

