

Chapter 6: Work and Energy

Lecture 4

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6-9] Energy conservation with dissipative forces

We live in a world where nonconservative forces like friction, tension, applied forces do work.

The work done by such nonconservative forces (W_{nc}) is taken into account using

$$\Delta K + \Delta U = W_{nc}$$

$$(K_f - K_i) + (U_f - U_i) = W_{nc}$$

$$(K_f + U_f) - (K_i + U_i) = W_{nc}$$

$$E_f - E_i = W_{nc}$$

$\therefore \Delta E = W_{nc}$
 ↑ change in total mechanical energy ↑ work done by nonconservative forces

\therefore change in total mechanical energy equals the work by nonconservative forces.

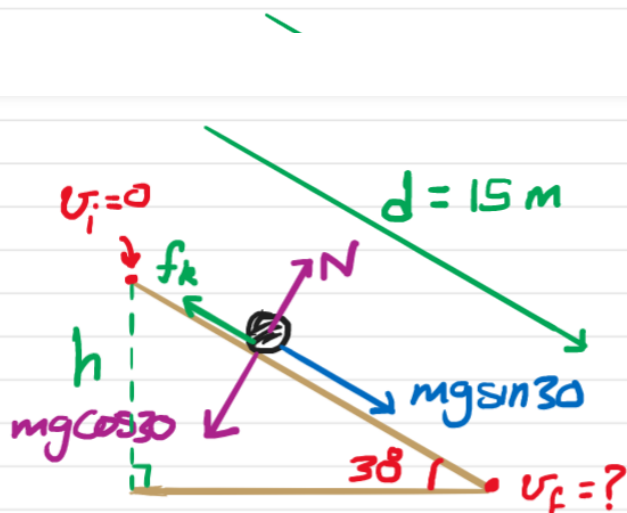
Example: Starting from rest a skier slides down a 30° inclined plane a distance of 15 m. If the coefficient of kinetic friction is 0.1 find his speed at the bottom of the slide.

Note N and $mg \cos 30$ do no work.

$$\Delta K + \Delta U = W_{nc}$$

$$\frac{1}{2} m (v_f^2 - 0) - mg \underbrace{(d \sin 30)}_h = W_{nc}$$

h : vertical distance descended by the skier

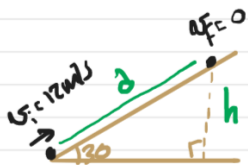


$$\frac{1}{2} m (v_f^2 - 0) - mg \overbrace{(d \sin 30)}^{h: \text{vertical distance descended by the skier}} = W_{nc}$$

$$\begin{aligned} \frac{1}{2} m v_f^2 - mg (15 \times \frac{1}{2}) &= f_k d \cos 180^\circ \\ &= (\mu_k mg \cos 30) (15) (-1) \end{aligned}$$

$$\therefore v_f^2 = \frac{15g}{2} - (0.1)(g) \left(\frac{\sqrt{3}}{2}\right) (15) \Rightarrow \underline{v_f = 7.8 \text{ m/s.}}$$

Example A box of mass m is given an initial speed of 12 m/s up a 30° inclined plane. If the coefficient of kinetic friction between the box and the plane is $\mu_k = 0.15$ find the maximum distance the box moves up the inclined plane.



$$\begin{aligned} h &= d \sin \theta \\ &= d \sin 30 \\ h &= \frac{1}{2} d \end{aligned}$$

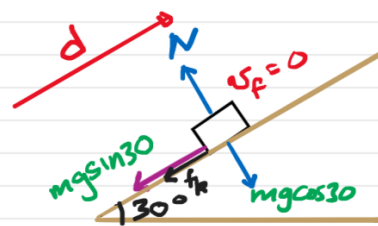
N and $mg \cos 30$ do
No work.

$$\Delta K + \Delta U = W_{nc}$$

$$\frac{1}{2} m (v_f^2 - v_i^2) + mg \overbrace{(d \sin 30)}^h = f_k d \cos 180^\circ$$

$$\frac{1}{2} m (0 - (12)^2) + mg \left(\frac{d}{2}\right) = (\mu_k \overbrace{mg \cos 30}^N) (d) (-1)$$

$$-72 = -d(\mu_k g \cos 30 + \frac{1}{2}g) \Rightarrow d = 11.7 \text{ m.}$$



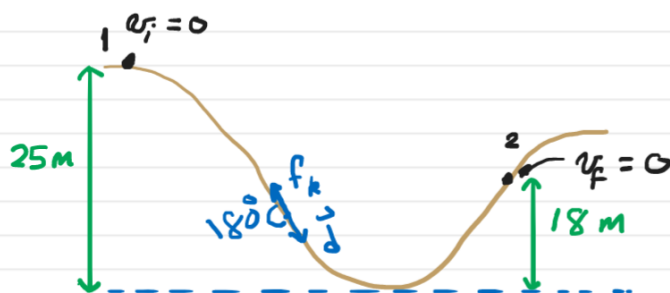
Example

of mass $m = 150 \text{ kg}$

A roller-coaster car starts from rest at point ① and slides down the roller-coaster. The car moves a distance of 60 m on the track before coming to rest at point ②. Find the magnitude of the force of kinetic friction f_k (Assume f_k to be constant)

$$\Delta K + \Delta U = W_{nc}$$

$$\frac{1}{2} m (v_f^2 - v_i^2) - mg(\Delta h) = f_k d \cos 180^\circ$$



$$\frac{1}{2} m (0 - 0) - 7mg = -f_k (60)$$

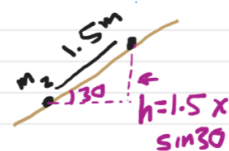
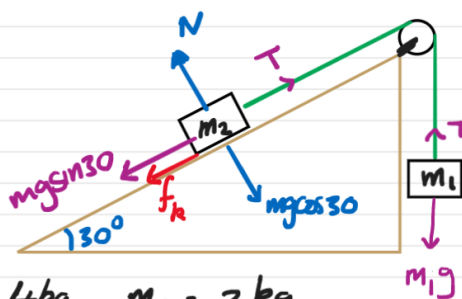
$$\therefore f_k = \frac{7mg}{60} = \frac{(7)(150)(10)}{60} = 175 \text{ newtons.}$$

Example

In the figure μ_k between m_2 and the inclined plane is 0.2

Find the speed of m_1 after it has fallen a distance

of 1.5 m . Assume system started from rest. Also $m_1 = 4 \text{ kg}$, $m_2 = 2 \text{ kg}$



$$\Delta K + \Delta U = W_{nc}$$

$$\left[\frac{1}{2} m_1 (v_f^2 - v_i^2) - m_1 g (1.5) \right] + \left[\frac{1}{2} m_2 (v_f^2 - v_i^2) + m_2 g (1.5 \sin 30) \right] = f_k (1.5) \cos 180^\circ$$

Note # since m_1 and m_2 are connected by an inextensible string \Rightarrow they have the same speed.

when determining ΔU we only need the vertical distance ascended (for m_2) or descended (for m_1)

$$\frac{1}{2}(m_1 + m_2)v_f^2 + 1.5g[m_2 \sin 30 - m_1] = \mu_k m_2 g \cos 30 \times (-1)$$

$$3v_f^2 + [-34.02] = -3.46$$

$$\therefore v_f \sim 3.2 \text{ m/s.}$$

6-10] Power (P)

Power: Work done per unit time (rate of doing work)

$$\text{Average Power } \bar{P} = \frac{\text{Work done}}{\text{time taken}}$$

$$\text{Unit of power [P]} = \frac{\text{J}}{\text{s}} \equiv \text{Watt (W)}$$

$$\therefore 1 \text{ W} = 1 \text{ J/s.}$$

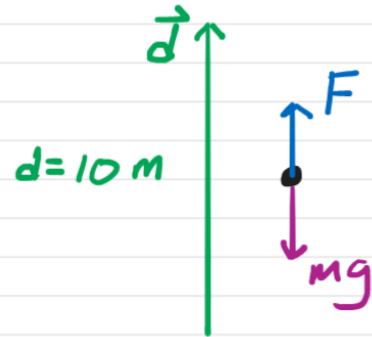
Another unit is the horsepower (hp)

$$1 \text{ hp} = 746 \text{ Watt.}$$

Example

A 60-kg firefighter climbs a 10 m vertical rope in 10 seconds at constant speed. Find his average power output. (\bar{P})

The firefighter exerts a force F as he climbs the rope.



$$\Rightarrow \bar{P} = \frac{W_F}{t} = \frac{Fd \cos(0)}{t} = \frac{Fd}{t}$$

How can we find F ? He moves upwards at constant speed ($a_y = 0$).

$$\bar{P} = F \left(\frac{d}{t} \right) = Fv$$

Using Newton's second law

$$\uparrow \Sigma F_y = ma_y \Rightarrow F - mg = m(0)$$

$$\therefore F = mg$$

$$\bar{P} = \frac{W}{t}$$

$$W = \bar{P}t$$

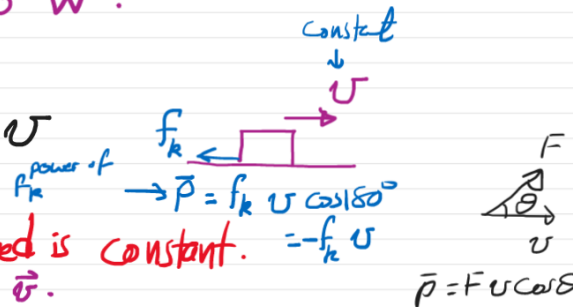
$$\therefore \bar{P} = \frac{mgd}{t} = \frac{(60)(10)(10)}{10} = 600 \text{ W}$$

NOTE: using $\bar{P} = \frac{Fd}{t} = F \left(\frac{d}{t} \right) = Fv$

$\bar{P} = Fv \cos \theta$ ONLY when speed is constant.
 θ angle between \vec{F} and \vec{v} .

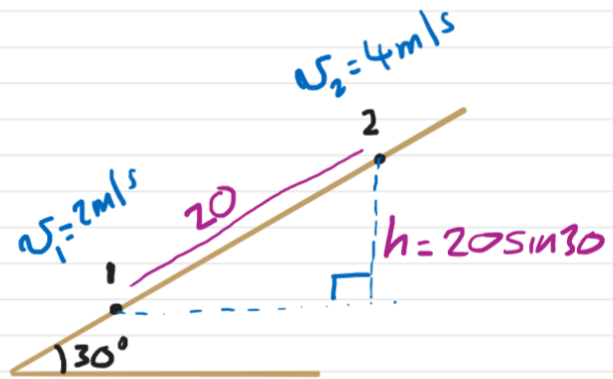
$$\bar{P} = mg \left(\frac{10}{10} \right) = mg(1) = 60 \times 10 \times 1 = 600 \text{ J}$$

As before.



Example (mass = 50 kg)

A runner is going up a 30° inclined plane. At point 1 his speed is 2 m/s while at point 2 his speed is 4 m/s. The distance



between points 1 and 2 is 20 m. He takes 10 s to move from point 1 \rightarrow point 2.

If his mass is 55 kg find his average power output.

$$\bar{P} = \frac{W}{t}$$

How to find W ?

Remember, the force of the runner is a nonconservative force \Rightarrow

$$W = W_{nc} = \Delta K + \Delta U$$

$$= \frac{1}{2} m (v_f^2 - v_i^2) + m g (20 \sin 30)$$

when running at constant speed this term = 0 as in the above example of the fire fighter.

$$\therefore W = W_{nc} = \frac{1}{2}(50)[16-4] + (50)(10)(20 \sin 30) \quad \text{vertical distance ascended}$$

$$= 5300 \text{ J}$$

$$\Rightarrow \bar{P} = \frac{5300}{10} = 530 \text{ Watt}$$

i.e. 530 J/s.

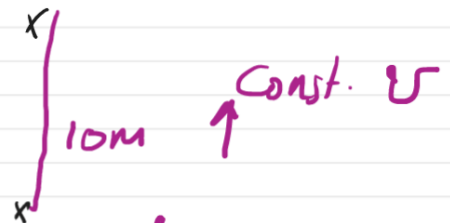


$$W_f = W_{nc} = \Delta K + \Delta U$$

$$= 0 + mg(10)$$

$$= 60 \times 10 \times 10 = 6000 \text{ J.}$$

for fire fighter



$$\bar{P} = \frac{W_f}{t} = \frac{6000}{10} = \underline{600} \text{ Watt as before.}$$

$$\bar{P} = F \cdot (v) \cos \theta$$

$$= F \frac{d}{t} \cos \theta$$

