# بسم الله الرّحمٰن الرّحيم



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{ وَاللَّهُ فِي عَوْنِ الْعَبْدِ ما كَانَ الْعَبْدُ فِي عَوْنِ أَخِيه }

# Highlighted Qs are the most important (KAHOOT & DR.LECTURE)

# Which of the following nerves is NOT a branch of the sacral plexus?

- a. Sciatic nerve
- b. Pudendal nerve
- c. Superior gluteal nerve
- \*d. Obturator nerve

# The sacral plexus arises from which spinal nerve roots?

- a. L1-L4
- b. L2-S1
- \*c. L4-S4
- d. L5-S2

# Which of the following nerves arises from the lumbar plexus?

- a. Sciatic nerve
- \*b. Femoral nerve
- c. Tibial nerve
- d. Pudendal nerve

#### What muscle attaches to the iliotibial tract?

- a. Gluteus maximus
- b. Rectus femoris
- c. Vastus lateralis
- d. Biceps femoris

Answer: a. Gluteus maximus

#### What is the main function of the iliotibial tract?

- a. To extend the hip joint
- b. To flex the knee joint
- c. To extend the knee joint
- d. To adduct the hip joint

Answer: c. To extend the knee joint

#### Which muscle attaches to the iliotibial tract?

- a. Gluteus minimus
- b. Tensor fasciae latae
- c. Quadriceps femoris
- d. Hamstring muscles

Answer: b. Tensor fasciae latae.

#### What is the insertion point of the iliotibial tract?

- a. Greater trochanter of the femur
- b. Lateral condyle of the tibia
- c. Medial condyle of the femur
- d. Patella

Answer: b. Lateral condyle of the femur.

# The lumbar plexus is formed by the anterior rami of which spinal nerves?

a. L1-L4

b. L2-L5

c. L3-S3

d. L4-S4

Answer: a. L1-L4

# Which nerve originates from the lumbar plexus and innervates the muscles of the anterior thigh?

- a. Femoral nerve
- b. Obturator nerve
- c. Sciatic nerve
- d. Superior gluteal nerve

Answer: a. Femoral nerve

# Which nerve originates from the Sacral plexus and innervates the muscles of the posterior thigh?

- a. Femoral nerve
- b. Obturator nerve
- c. Sciatic nerve
- d. Inferior gluteal nerve

Answer: c. Sciatic nerve

# Which nerve innervates the adductor muscles of the thigh?

- a. Sciatic nerve
- b. Pudendal nerve
- c. Obturator nerve
- d. Posterior femoral cutaneous nerve

Answer: c. Obturator nerve

# Which nerve supplies the skin over the anterior and medial aspects of the thigh?

- a. Femoral nerve
- b. Lateral femoral cutaneous nerve
- c. Obturator nerve
- d. Saphenous nerve

Answer: a. Femoral nerve

# Which nerve supplies the skin over the lateral aspect of the thigh?

- a. Femoral nerve
- b. Lateral cutaneous nerve
- c. Obturator nerve
- d. Saphenous nerve

Answer: b. Lateral cutaneous nerve

# Which nerve of the lumbar plexus runs medial to the psoas major muscle?

- a. Femoral nerve
- b. Obturator nerve
- c. Iliohypogastric nerve
- d. Lateral femoral cutaneous nerve

Answer: b. Obturator nerve

# Which nerve of the lumbar plexus runs anterior to the psoas major muscle?

- a. Genitofemoral nerve
- b. Ilioinguinal nerve
- c. Lateral femoral cutaneous nerve
- d. Obturator nerve

Answer: a. Genitofemoral nerve

# The superficial fascia of the thigh is located between which two layers of the thigh?

- a. Skin and deep fascia
- b. Deep fascia and muscles
- c. Muscles and bone
- d. Bone and skin

Answer: a. Skin and deep fascia

# The superficial inguinal lymph nodes receive lymphatic drainage from which regions?

- a. Lower limb, genitalia, and abdominal wall below the umbilicus
- b. Upper limb, genitalia, and abdominal wall above the umbilicus
- c. Lower limb, thorax, and neck
- d. Upper limb, head, and neck

Answer: a.(Afferent drainage)

# The saphenous opening is located in which part of the deep fascia of the thigh?

- a. Medial aspect
- b. Lateral aspect
- c. Anterior aspect
- d. Posterior aspect

Answer: a. Medial aspect

# The saphenous opening allows passage for which structure?

- a. Femoral nerve
- b. Saphenous vein
- c. Popliteal artery
- d. Tibial nerve

Answer: b. Saphenous vein

## Which muscle is responsible for abduction of the thigh?

- a. Quadriceps femoris
- b. Iliopsoas
- c. Sartorius
- d. Pectineus

Answer: c. Sartorius

# Which muscle is responsible for adduction of the thigh?

- a. Quadriceps femoris
- b. Iliopsoas
- c. Sartorius
- d. Pectineus

Answer: d. Pectineus

# Which muscle is responsible for extending the knee joint?

- a. Quadriceps femoris
- b. Iliopsoas
- c. Sartorius
- d. Pectineus

Answer: a. Quadriceps femoris

Which muscle has its origin from the lumbar vertebrae and the iliac fossa and inserts on the lesser trochanter of the femur?

- a. Iliopsoas
- b. Quadriceps femoris
- c. Sartorius
- d. Pectineus

Answer: a. Iliopsoas

Which muscle is composed of four heads and inserts on the patella and tibial tuberosity via the patellar ligament?

- a. Iliopsoas
- b. Quadriceps femoris
- c. Sartorius
- d. Pectineus

Answer: b. Quadriceps femoris

Which muscle has its origin from the anterior superior iliac spine and inserts on the medial surface of the tibia (SGS)?

- a. Iliopsoas
- b. Quadriceps femoris
- c. Sartorius
- d. Pectineus

Answer: c. Sartorius

Which muscle has its origin from the superior
pubic ramus and inserts on the linea aspera of
the femur?

- a. Iliopsoas
- b. Quadriceps femoris
- c. Sartorius
- d. Pectineus

Answer: d. Pectineus

## What is the insertion of the adductor brevis muscle?

- A. Linea aspera
- B. Medial supracondylar line
- C. Greater trochanter
- D. Lesser trochanter

Answer: A. Linea aspera

#### What is the insertion of the gracilis muscle?

- a) Medial epicondyle of femur
- b) Adductor tubercle of femur
- c) Medial surface of tibia
- d) Anterior surface of fibula

Answer: c) Medial surface of tibia (SGS)

### What is the origin of the adductor brevis muscle?

- a) Pubic crest
- b) Inferior ramus of pubis
- c) Ischial tuberosity
- d) Anterior superior iliac spine

Answer: b) Inferior ramus of pubis

### What is the main nerve supply to the gracilis muscle?

- a) Obturator nerve
- b) Femoral nerve
- c) Sciatic nerve
- d) Superior gluteal nerve

Answer: a) Obturator nerve

# The obturator nerve arises from which part of the lumbar plexus?

- a) L1-L2
- b) L2-L3
- c) L2-L4
- d) L4-L5

Answer: c) L2-L4

# The obturator nerve provides sensory innervation to which area of the thigh?

- a) Anterior
- b) Medial
- c) Lateral
- d) Posterior

Answer: b) Medial

## The obturator nerve terminates by dividing into which two branches?

- a) Anterior and posterior
- b) Medial and lateral
- c) Superficial and deep
- d) None of the above

Answer: a) Anterior and posterior

# What is the direction of lymphatic fluid flow in the superficial inguinal lymph nodes?

- A. From the deep inguinal lymph nodes to the superficial inguinal lymph nodes
- B. From the superficial inguinal lymph nodes to the deep inguinal lymph nodes
- C. From the superficial inguinal lymph nodes to the para-aortic lymph nodes
- D. From the para-aortic lymph nodes to the superficial inguinal lymph nodes

Answer: B (Efferent drainage)

#### What is the location of the femoral triangle?

- a. Back of the thigh
- b. Middle of the thigh
- c. Front of the upper third of the thigh
- d. Lower part of the thigh

Answer: c. Front of the upper third of the thigh

## What is the medial boundary of the femoral triangle?

- a. Iliopsoas muscle
- b. Sartorius muscle
- c. Adductor longus muscle
- d. Inguinal ligament

Answer: c. Adductor longus muscle

# Which muscle is included in the floor of the femoral triangle?

- a. Rectus femoris
- b. Gluteus maximus
- c. Iliopsoas
- d. Biceps femoris

Answer: c. Iliopsoas

# What is the roof of the femoral triangle made up of?

- a. Muscles
- b. Bones
- c. Skin and fascia
- d. Blood vessels

Answer: c. Skin and fascia

# What structure does the deep fascia of the femoral triangle contain?

- a. Femoral nerve
- b. Femoral artery
- c. Saphenous opening
- d. Lymph nodes

Answer: c. Saphenous opening

#### What covers the saphenous opening?

- A) Fascia lata
- B) Fascia iliaca
- \*C) Cribriform fascia
- D) Superficial fascia

### Which structures pass through the cribriform fascia?

- A) Great saphenous vein, femoral nerve, and femoral artery.
- B) Deep femoral artery and vein.
- \*C) Great saphenous vein, superficial branches of the femoral artery, and efferent lymphatics from the superficial inguinal lymph nodes.
- D) Tibial nerve and popliteal artery.

# What is the name of the structure that contains the femoral artery and its branches?

- a. Femoral sheath
- b. Lateral cutaneous nerve
- c. Femoral nerve
- d. Obturator nerve

Answer: a. Femoral sheath

#### What is the femoral sheath?

- A) A sheath of fascia surrounding the femoral artery only
- B) A sheath of fascia surrounding the femoral vein only
- C) A sheath of fascia surrounding the upper 1/3 of the femoral vessels
- D) A sheath of fascia surrounding the entire femoral vessels

What is the advantage of the femoral canal?

A) It allows for femoral hernia to occur

B) It gives passage for the femoral vein

C) It allows distension of the femoral vein during

muscular exercise

D) It is wider in males than in females

Answer: C

Why is femoral hernia more common in females?

A) Due to the wider femoral canal in females

B) Due to the narrower femoral ring in females

C) Due to the wider femoral ring in females

D) Due to the narrower femoral canal in females

Answer: C

What is the name of the artery that gives rise to the femoral artery?

a) Internal iliac artery

b) External iliac artery

c) Femoral vein

d) Popliteal artery

Answer: b) External iliac artery

Where does the femoral artery end?

a) At the inguinal ligament

b) At the opening in adductor magnus

c) At the knee joint

d) At the femoral ring

Answer: b) At the opening in adductor magnus

Which artery is also known as the deep artery of the thigh?

a) Superficial epigastric artery

b) Profunda femoris artery

c) Deep external pudendal artery

d) Descending genicular artery

Answer: b) Profunda femoris artery

The femoral artery runs in which of the following structures?

a) Femoral canal

b) Adductor canal

c) Obturator canal

d) Inguinal canal

Answer: b) Adductor canal

# The femoral artery ends by becoming which artery?

- A) Popliteal artery
- B) Anterior tibial artery
- C) Posterior tibial artery
- D) Peroneal artery

Answer: A) Popliteal artery

# Which artery gives an acetabular branch to the head of the femur?

- a. Lateral circumflex femoral artery
- b. Perforating arteries
- c. Medial circumflex femoral artery
- d. Descending genicular artery

Answer: c. Medial circumflex femoral artery

# How many perforating arteries arise from the profunda femoris artery?

- a. 1
- b. 2
- c. 3
- d. 4

Answer: d. 4

# What is the preferred treatment for a patient with a displaced intra-capsular fracture?

- a) Joint replacement
- b) Joint fixation
- c) Physical therapy
- d) Medications

Answer: a) Joint replacement

#### What is the blood supply to the femoral head?

- A) Proximal to distal along the femoral neck
- B) Distal to proximal along the femoral neck
- C) Directly from the femoral artery
- D) Through the lateral circumflex femoral artery

Answer: B (reterograde)

# What happens to the femoral head in cases of displaced intra-capsular femur neck fractures?

- A) It remains intact
- B) It becomes dislocated
- C) It undergoes avascular necrosis
- D) It forms a new joint

### What is the terminal cutaneous branch of the femoral nerve?

- A) Medial cutaneous nerve of the thigh
- B) Lateral cutaneous nerve of the thigh
- C) Intermediate cutaneous nerve of the thigh
- D) Saphenous nerve

Answer: D

### What is the course of the femoral nerve in relation to the femoral sheath?

- A) It passes through the femoral sheath.
- B) It passes outside the femoral sheath lateral to the femoral artery.
- C) It passes deep to the femoral sheath.
- D) It passes between the femoral artery and vein inside the femoral sheath.

Answer: B

# What happens when the femoral nerve is injured?

- A) Loss of sensation on the lateral side of the thigh
- B) Loss of sensation on the posterior side of the leg
- C) Loss of sensation on the anterior and medial sides of the thigh
- D) Loss of sensation on the dorsum of the foot

Answer: C) Loss of sensation on the anterior and medial sides of the thigh

# What is the termination point of the saphenous nerve?

- A) Lateral malleolus
- B) Medial malleolus
- C) Ball of the big toe
- D) Heel of the foot

Answer: C) Ball of the big toe

# Injury to the femoral nerve can result in paralysis of which muscle responsible for knee extension?

- A) Hamstrings
- B) Adductors
- C) Quadriceps femoris
- D) Gastrocnemius

Answer: C) Quadriceps femoris

### What is the location of the adductor canal in the thigh?

- A) Medial side of the proximal third
- B) Medial side of the middle third
- C) Medial side of the distal third
- D) Lateral side of the middle third

Answer: B) Medial side of the middle third

## Which muscle forms the anteromedial boundary of the adductor canal?

A) Sartorius

B) Rectus femoris

C) Biceps femoris

D) Gluteus medius

Answer: A) Sartorius

## hat is the termination point of the adductor canal?

A) Popliteal fossa

B) Femoral triangle

C) Saphenous opening

D) Anterior thigh

Answer: A) Popliteal fossa

#### What is the content of the adductor canal?

- A) Femoral vein, saphenous nerve, and sciatic nerve
- B) Femoral artery, popliteal vein, and obturator nerve
- C) Femoral artery, femoral vein, saphenous nerve, and nerve to vastus medialis
- D) Popliteal artery, popliteal vein, and tibial nerve

Answer: C

## Which muscle among the gluteal muscles is innervated by the inferior gluteal nerve?

A) Gluteus maximus

B) Gluteus medius

C) Gluteus minimus

D) Tensor fascia latae

Answer: A) Gluteus maximus

### Which muscle inserts on the gluteal tuberosity of the femur and iliotibial tract?

A) Gluteus maximus

B) Gluteus medius

C) Gluteus minimus

D) Tensor fascia latae

Answer: A) Gluteus maximus

# What is the characteristic gait in a patient with bilateral paralysis of Gluteal medius and minimus?

A) Lurching gait

B) Waddling gait

C) Stumbling gait

D) Shuffling gait

Answer: B) Waddling gait

## In which nerve injury is a lurching gait observed?

- A) Inferior gluteal nerve injury
- B) Superior gluteal nerve injury
- C) Obturator nerve injury
- D) Sciatic nerve injury

Answer: B) Superior gluteal nerve injury

## Which muscle tendon passes through the lesser sciatic foramen?

- A) Obturator externus muscle tendon
- B) Piriformis muscle tendon
- C) Gluteus maximus muscle tendon
- D) Obturator internus muscle tendon

Answer: D) Obturator internus muscle tendon

#### What is the course of the sciatic nerve?

- A) It leaves the pelvis through the lesser sciatic foramen above the piriformis muscle.
- B) It descends in the anterior compartment of the thigh.
- C) It passes through the adductor hiatus.
- D) It descends in the gluteal region and back of the thigh.
- E) It terminates in the femoral triangle.

Answer: D

#### What is the course of the sciatic nerve?

- A) It leaves the pelvis through the lesser sciatic foramen above the piriformis muscle.
- B) It descends in the anterior compartment of the thigh.
- C) It passes through the adductor hiatus.
- D) It descends in the gluteal region and back of the thigh.
- E) It terminates in the femoral triangle.

Answer: D

#### The sciatic nerve ends at which location?

- A) Greater sciatic foramen
- B) Lesser sciatic foramen
- C) Popliteal fossa
- D) Femoral triangle
- E) Adductor canal

Answer: C

# What is the main motor manifestation of sciatic nerve injury?

- A) Weakness of ankle dorsiflexion
- B) Weakness of knee flexion
- C) Weakness of hip abduction
- D) Weakness of hip adduction
- E) Weakness of ankle plantarflexion

Answer: B

# Which of the following is NOT a cause of sciatic nerve injury?

- A) Penetrating wounds
- B) Fractures of the pelvis
- C) Dislocations of the hip joint
- D) Wrong intramuscular injections
- E) Infections of the gluteal region

Answer: E

# Which quadrant of the gluteal region is the most suitable for IM injection?

- A) Superomedial quadrant
- B) Inferolateral quadrant
- C) Inferomedial quadrant
- D) Superolateral quadrant
- E) None of the above

Answer: D (Upper lateral quadrant)

# Which nerve innervates all the muscles of the posterior compartment of the thigh, except for the short head of biceps femoris?

- A) Tibial branch of the sciatic nerve
- B) Common peroneal branch of the sciatic nerve
- C) Superior gluteal nerve
- D) Inferior gluteal nerve
- E) Obturator nerve

Answer: A

### Which muscle of the posterior compartment of the thigh does not originate from the ischial tuberosity?

- A) Biceps femoris (long head)
- B) Biceps femoris (short head)
- C) Semitendinosus
- D) Semimembranosus
- E) Adductor magnus (ischial head)

Answer: B

### Which muscle of the posterior compartment of the thigh inserts on the adductor tubercle of the femur?

- A) Biceps femoris (long head)
- B) Biceps femoris (short head)
- C) Semitendinosus
- D) Semimembranosus
- E) Adductor magnus (ischial head)

Answer: E

#### What is the origin of all the hamstring muscles?

- A) Pubic bone
- B) Iliac crest
- C) Ischial tuberosity
- D) Greater trochanter
- E) Lateral supracondylar line

#### Which muscle of the posterior compartment of the thigh inserts on the upper part of the medial surface of the tibia?

- A) Biceps femoris (long head)
- B) Biceps femoris (short head)
- C) Semitendinosus
- D) Semimembranosus
- E) Adductor magnus (ischial head)

Answer: C (SGS)

# What is the action of all the hamstring muscles?

- A) Flexion of the hip and knee
- B) Extension of the hip and knee
- C) Flexion of the hip and extension of the knee
- D) Extension of the hip and flexion of the knee
- E) Abduction of the hip and adduction of the knee

Answer: D (Except shot head of biceps femoris)

### Which muscle forms the floor of the popliteal fossa?

- A) Popliteus muscle
- B) Biceps femoris
- C) Semitendinosus
- D) Gastrocnemius
- E) Quadriceps femoris

Answer: A

# Which nerve is located more laterally in the popliteal fossa?

- A) Tibial nerve
- B) Common peroneal nerve
- C) Posterior cutaneous nerve of the thigh
- D) Femoral nerve
- E) Obturator nerve

Answer: B

#### Which vein is located in the popliteal fossa?

- A) Small saphenous vein
- B) Great saphenous vein
- C) Anterior tibial vein
- D) Posterior tibial vein
- E) Femoral vein

Answer: A

# Which artery is the most deep structure in the popliteal fossa?

- A) Anterior tibial artery
- B) Posterior tibial artery
- C) Popliteal artery
- D) Femoral artery
- E) Peroneal artery

#### Where does the popliteal artery terminate?

- A) At the opening in adductor magnus
- B) At the lower border of popliteus muscle
- C) At the knee joint
- D) At the popliteal fossa
- E) At the gastrocnemius muscle

Answer: B

# How many genicular branches does the popliteal artery have?

- A) One
- B) Two
- C) Three
- D) Four
- E) Five

Answer: E) Five (2 superior, 2 inferior, 1 middle)

# Which muscles of the leg receive muscular branches from the popliteal artery?

- A) Anterior compartment muscles
- B) Lateral compartment muscles
- C) Posterior compartment muscles
- D) Medial compartment muscles
- E) None of the above

Answer: C

## The popliteal artery is located in which region of the lower limb?

- A) Anterior region
- B) Posterior region
- C) Medial region
- D) Lateral region
- E) None of the above

Answer: B (don't forget its from the contents of popliteal fossa)

# Which of the following is NOT a retinaculum formed by the deep fascia of the leg?

- A) Superior peroneal (fibular) retinaculum
- B) Inferior peroneal (fibular) retinaculum
- C) Medial peroneal (fibular) retinaculum
- D) Superior extensor retinaculum
- E) Inferior extensor retinaculum

Answer: C

# The deep fascia of the leg sends intermuscular septa to which structure?

- A) Fibula
- B) Tibia
- C) Femur
- D) Patella
- E) Calcaneus

Answer: A (to anterior & posterior borders)

## Which nerve division of the Tibial nerve supplies the abductor halluces muscle?

- A) Lateral plantar nerve
- B) Medial plantar nerve
- C) Deep peroneal nerve
- D) Superficial peroneal nerve
- E) None of the above

Answer: B

# What is the name of the nerve that supplies the lateral group of muscles in the leg?

- A) Tibial nerve
- B) Femoral nerve
- C) Saphenous nerve
- D) Superficial peroneal nerve
- E) Deep peroneal nerve

Answer: D

# What is the insertion of the extensor hallucis longus muscle?

- A) Lateral cuneiform
- B) Cuboid bone
- C) Distal phalanx of big toe
- D) Medial cuneiform
- E) 1st metatarsal bone

Answer: C

### Which muscle in the anterior compartment of the leg is responsible for inversion of the foot?

- A) Tibialis anterior
- B) Extensor digitorum longus
- C) Extensor hallucis longus
- D) Peroneus tertius
- E) None of the above

Answer: A

### Which nerve supplies the flexor digitorum brevis muscle?

- A) Lateral plantar nerve
- B) Medial plantar nerve
- C) Deep peroneal nerve
- D) Superficial peroneal nerve
- E) None of the above

Answer: B

### Which nerve supplies the extensor digitorum brevis muscle?

- A) Lateral plantar nerve
- B) Medial plantar nerve
- C) Deep peroneal nerve
- D) Superficial peroneal nerve
- E) None of the above

### Which tendon does the extensor digitorum brevis muscle insert into?

- A) Calcaneus
- B) Proximal phalanx of big toe
- C) Long extensor tendon of 2nd, 3rd and 4th toes
- D) Distal phalanx of big toe
- E) Lateral cuneifor

Answer: C & B

## What is the action of the peroneus tertius muscle?

- A) Inversion of the foot
- B) Eversion of the foot
- C) Plantarflexion of the foot
- D) Dorsiflexion of the foot
- E) B+D

Answer: E

### What is the location of the extensor digitorum brevis muscle?

- A) Anterior compartment of the leg
- B) Posterior compartment of the leg
- C) Lateral compartment of the leg
- D) Dorsum of the foot
- E) Plantar aspect of the foot

Answer: D

### What is the origin of the extensor digitorum brevis muscle?

- A) Calcaneus
- B) Talus
- C) Navicular bone
- D) Cuneiform bones
- E) Metatarsal bones

Answer: A

# Which muscle divides the anterior compartment of the leg into two compartments?

- a) Tibialis anterior
- b) Peroneus tertius
- c) Extensor digitorum longus
- d) Extensor hallucis longus
- e) None of the above

Answer: e. The anterior compartment of the leg is not divided by any muscle

### Which nerve passes below the Extensor retinaculum?

- A) Tibial nerve
- B) Common peroneal nerve
- C) Superficial peroneal nerve
- D) Deep peroneal nerve
- E) Saphenous nerve

Answer: D

## Which of the following muscles passes below the Extensor retinaculum?

- A) Soleus
- B) Gastrocnemius
- C) Tibialis posterior
- D) Tibialis anterior
- E) None of the above

Answer: D

### Which vessels pass below the Extensor retinaculum?

- A) Posterior tibial artery
- B) Popliteal vein
- C) Anterior tibial artery
- D) Plantar arch artery
- E) Dorsalis pedis vein

Answer: C

## Which nerve passes below the flexor retinaculum from medial to lateral?

- A) Deep peroneal nerve
- B) Posterior tibial nerve
- C) Saphenous nerve
- D) Sciatic nerve
- E) Femoral nerve

Answer: B

# What is the origin of the muscles in the lateral compartment of the leg?

- A) Medial surface of the fibula
- B) Anterior surface of the tibia
- C) Posterior surface of the fibula
- D) Lateral surface of the fibula
- E) Posterior surface of the tibia

Answer: D

# Which muscle in the lateral compartment of the leg inserts into the 1st metatarsal?

- A) Fibularis (peroneus) longus
- B) Fibularis (peroneus) brevis
- C) Tibialis anterior
- D) Extensor digitorum longus
- E) Extensor hallucis longus

Answer: A

# What is the action of the muscles in the lateral compartment of the leg?

- A) Dorsiflexion and inversion of the foot
- B) Dorsiflexion and eversion of the foot
- C) Plantarflexion and inversion of the foot
- D) Plantarflexion and eversion of the foot
- E) Flexion and extension of the toes

Answer: D

# Which group of muscles are part of the superficial group in the posterior compartment of the leg?

- A) Popliteus and tibialis posterior
- B) Flexor digitorum longus and flexor hallucis longus
- C) Gastrocnemius, soleus, and plantaris
- D) Fibularis longus and fibularis brevis
- E) None of the above

Answer: C

# Which muscle is known as the "heart of the lower limb"? (KAHOOT)

- A) Plantaris
- B) Soleus
- C) Gastrocnemius
- D) Popliteus
- E) Tibialis posterior

Answer: B

#### What is the function of the popliteus muscle?

- A) Plantarflexion of the foot
- B) Dorsiflexion of the foot
- C) Inversion of the foot
- D) Eversion of the foot
- E) Flexion and unlocking of the knee joint

Answer: E

#### What is the origin of the plantaris muscle?

- A) Lateral condyle of femur
- B) Medial condyle of femur
- C) Lateral supracondylar ridge of femur
- D) Posterior surface of tibia
- E) Shaft of tibia and fibula

Answer: C

# Which muscle inserts into all tarsal bones except the talus?

- A) Tibialis posterior
- B) Flexor hallucis longus
- C) Flexor digitorum longus
- D) Popliteus
- E) None of the above

Answer: A

## What is the origin of the gastrocnemius muscle?

- A) Medial and lateral condyles of femur
- B) Shaft of Tibia and fibula
- C) Lateral surface of the fibula
- D) Posterior surface of the tibia
- E) None of the above

# Which muscle is an antigravity muscle? (KAHOOT)

- A) Gastrocnemius
- B) Soleus
- C) Plantaris
- D) Popliteus
- E) Flexor halluces longus

Answer: B

#### What is the insertion of the Soleus muscle?

- A) Medial cuneiform and 1st metatarsal bone
- B) Distal phalanx of big toe
- C) Base of the 5th metatarsal bone
- D) Tendo calcaneus into calcaneus bone
- E) None of the above

Answer: D (calcaneus tendon also called achilles tendon)

# What muscle is responsible for the locking of the knee joint?

- A) Vastus medialis
- B) Biceps femoris
- C) Rectus femoris
- D) Semitendinosus
- E) Gluteus maximus

Answer: B

# At what stage does the locking of the knee joint occur? (DR.LECTURE)

- A) Full flexion
- B) Mid-flexion
- C) Full extension
- D) Mid-extension
- E) No locking occurs

Answer: C

# What is the mechanism of the locking of the knee joint? (KAHOOT)

- A) The tibia is medially rotated
- B) The femur is laterally rotated
- C) The tibia is laterally rotated
- D) The femur is medially rotated
- E) C+D

Answer: E

# What ligament is located between the ischial tuberosity and back of the sacrum and coccyx?

- A) Pubic symphysis
- B) Sacrospinous ligament
- C) Sacrotuberous ligament
- D) Inguinal ligament
- E) Anterior sacroiliac ligament

# Which muscle of the anterior compartment of the leg inserts into the base of the 5th metatarsal bone?

- A) Tibialis anterior
- B) Peroneus tertius
- C) Extensor hallucis longus
- D) Extensor digitorum longus
- E) None of the above

Answer: B

# Which muscle of the anterior compartment of the leg inserts into the medial cuneiform and 1st metatarsal bone?

- A) Tibialis anterior
- B) Peroneus tertius
- C) Extensor hallucis longus
- D) Extensor digitorum longus
- E) None of the above

Answer: A

### Which of the following muscles has a dual nerve supply? (KAHOOT)

- A) adductor magnus
- B) semimembranosus
- C) semitendinosus
- D) rectus femoris muscle
- E) gracilis

Answer: A

# Which of the following structures is the most common to be injured in the popliteal fossa? (kahoot)

- A) popliteal artery
- B) popliteal vein
- C) tibial nerve
- D) common peroneal nerve
- E) small saphenous vein

Answer: D

# which of the following quadrants of gluteus maximus is suitable for intra muscular injection? (KAHOOT)

- A) lower medial
- B) upper medial
- C) lower lateral
- D) upper lateral
- E) none of the above

Answer: D

# Which of the following will be affected in femoral nerve injury? (KAHOOT)

- A) adduction of the thigh
- B) extension of the knee
- C) flexion of the knee
- D) medial rotation of the thigh
- E) none of the above

Answer: B

# Which of the following muscles isn't supplied by tibial nerve? (KAHOOT)

- A) semimembranosus
- B) semitendinosus
- C) ischial part of adductor magnus
- D) short head of biceps femoris
- E) none of the above

Answer: D

# Which of the following is responsible for locking of the knee? (KAHOOT)

- A) Popliteus
- B) Semimembranosus
- C) Semitendinosus
- D) Gracilis
- E) Biceps femoris

Answer: E

# Which of the following posterior thigh muscles assist the extension of the hip but can't flex the knee? (From DR. LECTURE)

- A) Short head of biceps femoris
- B) Semimembranosus
- C) Semitendinosus
- D) Long head of biceps femoris
- E) Adductor magnus (ischial head)

Answer: E (Because it is inserted to adductor tubercle)

# Which nerve injury can cause foot drop? (DR. LECTURE)

- A) Ulnar nerve
- B) Sciatic nerve
- C) Facial nerve
- D) Oculomotor nerve
- E) Vagus nerve

Answer: B

# Which nerve injury results in foot drop? (DR. LECTURE)

- A) Saphenous nerve
- B) Obturator nerve
- C) Femoral nerve
- D) Common peroneal nerve
- E) Tibial nerve

Answer: D

# Which of the following structures if injured it results in an inability to extend the terminal phalanx of the big toe? (DR. LECTURE)

- a) Extensor hallucis longus tendon
- b) Achilles tendon
- c) Tibial nerve
- d) Flexor hallucis longus tendon
- e) Plantar fascia

# Which muscle is responsible for both dorsiflexion of the ankle and eversion of the foot? (DR. LECTURE)

- A) Tibialis anterior
- B) Peroneus brevis
- C) Peroneus tertius
- D) Extensor hallucis longus
- E) Soleus

Answer: C

# Which structure can be felt hitting your fingers when you press deeply in the back of your knee? (DR. Lecture)

- A. Popliteal artery
- B. Popliteal vein
- C. Popliteal fossa
- D. Popliteus muscle
- E. Common peroneal nerve

Answer: A

# From which spinal nerve roots does the sciatic nerve arise? (IMPORTANT)

- A) L1-L3
- B) L2-L4
- C) L4-S3
- D) L4-S4
- E) S1-S3

Answer: C, S4 is written in sacral plexus slides but the dr. said its from L4-S3

# What is the structure that sleeps between your gluteal muscles, and when injured, can cause a dipping gait? (DR. LECTURE)

- A) Inferior gluteal nerve
- B) Superior gluteal nerve
- C) Sciatic nerve
- D) Femoral nerve
- E) Obturator nerve

Answer: B

## Which muscle is responsible for propulsion during running?

- A) Tibialis anterior
- B) Gastrocnemius
- C) Soleus
- D) Quadriceps femoris
- E) Gluteus maximus

Answer: B

#### The muscle that aid you to jump is? (KAHOOT)

- A) Gastrocnemius
- B) Tibialis posterior
- C) Soleus
- D) Tibialis Anterior
- E) Extensor hallucis longus

# Two muscles are inserted in 1<sup>st</sup> metatarsal are? (KAHOOT)

- A) Tibialis posterior & peroneus longus
- B) Tibialis anterior & peroneus brevis
- C) Tibialis posterior & peroneus brevis
- D) Tibialis anterior & peroneus longus
- E) Tibialis anterior & posterior

Answer: D

# A nerve that if cut you will have week inversion? (KAHOOT)

- A) Sciatic
- B) Common peroneal
- C) Medial plantar
- D) Superficial peroneal
- E) Nerve to popliteus

Answer: B

# A muscle in the posterior compartment of the leg does not flex your ankle? (KAHOOT)

- A) Popliteus
- B) Tibialis posterior
- C) Flexor digitorum longus
- D) Flexor hallucis longus
- E) None of the above

Answer: A

## A muscle that extends the medial 4 Toes? (KAHOOT)

- A) Extensor digitorum longus
- B) Tibialis posterior
- C) Extensor digitorum brevis
- D) Lumbricalis
- E) Plantaris

Answer: C

# A muscle that extends the lateral 4 Toes? (DR.Lecture)

- A) Extensor digitorum longus
- B) Tibialis posterior
- C) Extensor digitorum brevis
- D) Lumbricalis
- E) Plantaris

Answer: A

#### ANATOMY OF THE FOOT

## Where is the apex of plantar aponeurosis attached?

- A) Medial and lateral malleolus
- B) Tibia and fibula
- C) Medial and lateral condyle of femur
- D) Medial and lateral tubercles of calcaneus
- E) Head of metatarsal bones

Answer: D

### What happens if the plantar aponeurosis is injured?

- A) Difficulty in plantarflexion of ankle joint
- B) Difficulty in dorsiflexion of ankle joint
- C) Difficulty in eversion of foot
- D) Difficulty in inversion of foot
- E) Damage to the underlying nerves, blood vessels, and muscles

Answer: E

#### What is the cause of plantar fasciitis?

- A) Wearing tight shoes
- B) Overstretching of the plantar fascia
- C) Standing or walking for long periods of time
- D) High-impact sports
- E) Poor foot posture

Answer: C

#### What is the main symptom of plantar fasciitis?

- A) Swelling in the sole of the foot
- B) Numbness in the toes
- C) Tingling sensation in the heel
- D) Pain and tenderness in the sole of the foot
- E) Stiffness in the ankle joint

Answer: D

### What can happen if there are repeated attacks of plantar fasciitis and it is left untreated?

- A) Infection in the foot
- B) Swelling of the plantar fascia
- C) Ossification in the posterior attachment of the aponeurosis
- D) Dislocation of the ankle joint
- E) Fracture of the calcaneus bone

Answer: C

## Which layer of the muscles of the sole of the foot contains the lumbricals?

- A) First layer
- B) Second layer
- C) Third layer
- D) Fourth layer
- E) None of the above

Answer: B

# Which layer of muscles in the sole of the foot contains the tendons of flexor hallucis longus and flexor digitorum longus?

- A) First layer
- B) Second layer
- C) Third layer
- D) Fourth layer
- E) None of the above

Answer: B

contains the tendons of peroneus longus and tibialis posterior?	A) To protect the bones
A) First layer	B) To support the weight of the body
B) Second layer	C) To provide movement
C) Third layer	D) To regulate body temperature
D) Fourth layer	E) To store energy
E) None of the above	
	Answer: B
Answer: D	
	How many arches does the foot have?
The plantar calcaneonavicular (spring)	A) One
ligament is located on the aspect of the foot.	B) Two
A) Medial	C) Three
•	D) Four
B) Lateral	E) Five
C) Dorsal	
D) Posterior	Answer: C (lateral & medial longitudinal,
E) None of the above	transverse)
Answer: A	What holds the arches of the foot in position?
	A) Bones
Which ligament extends from the calcaneus and cuboid to the bases of the middle three	B) Muscles
	C) Nerves
metatarsal bones?	D) Ligaments and tendons
A) Long plantar ligament	E) Blood vessels
B) Short plantar ligament	L) blood vessels
C) Plantar calcaneonavicular (spring) ligament	Answer: D
D) Plantar aponeurosis	
E) Deltoid ligament	

Which layer of muscles in the sole of the foot

Answer: A

What is the purpose of the arches of the foot?

# When are the arches of the foot usually fully developed?

- A) At birth
- B) Age 5
- C) Age 12 or 13
- D) Age 18
- E) Age 25

Answer: C

### What is the purpose of the segmented arch of the foot?

- A) To provide stability
- B) To create movement
- C) To store fat
- D) To hold up weight
- E) To enhance sensory perception

Answer: D

#### What are the causes of flat foot?

- A. Only congenital factors
- B. Only acquired factors
- C. Both congenital and acquired factors
- D. Hormonal imbalance
- E. Environmental factors

Answer: C

#### What is flat foot?

- A. A condition in which the medial longitudinal arch is excessively high.
- B. A condition in which the medial longitudinal arch is depressed or collapsed.
- C. A condition in which the lateral longitudinal arch is excessively high.
- D. A condition in which the transverse arch is excessively high.
- E. A condition in which the transverse arch is depressed or collapsed.

Answer: B

#### What is claw foot?

- A. A condition in which the medial longitudinal arch is excessively high.
- B. A condition in which the medial longitudinal arch is depressed or collapsed.
- C. A condition in which the lateral longitudinal arch is excessively high.
- D. A condition in which the transverse arch is excessively high.
- E. A condition in which the transverse arch is depressed or collapsed.

#### What is the most common cause of claw foot?

- A. Congenital factors
- B. Acquired factors
- C. Hormonal imbalance
- D. Environmental factors
- E. Muscle imbalance, as in poliomyelitis

Answer: E

### JOINTS OF LOWER LIMB

#### Which joint connects the femur and the tibia?

- A) Hip joint
- B) Knee joint
- C) Ankle joint
- D) Subtalar joint
- E) Sacroiliac joint

Answer: B

#### Which joint is a modified hinge synovial joint?

- A) Hip joint
- B) Knee joint
- C) Ankle joint
- D) Subtalar joint
- E) Sacroiliac joint

Answer: B

#### Which joint allows for rotation of the thigh?

- A) Hip joint
- B) Knee joint
- C) Ankle joint
- D) Subtalar joint
- E) Sacroiliac joint

Answer: A (dr. said it in the lecture + its written in the image)

### The joint between the femur and the acetabulum is known as:

- A) Hip joint
- B) Knee joint
- C) Ankle joint
- D) Sacroiliac joint
- E) Midtarsal joint

Answer: A

# Which ligament of the hip joint prevents overextension of the hip joint? (KAHOOT)

- A) Iliofemoral ligament
- B) Pubofemoral ligament
- C) Ischiofemoral ligament
- D) Ligament of the head of the femur
- E) Labrum acetabular

Answer: A (it's the strongest ligament in the body)

# Which ligament of the knee joint extends from the apex of the patella to the tibial tuberosity?

- A) Tibial collateral ligament
- B) Fibular collateral ligament
- C) Ligamentum patellae
- D) Anterior cruciate ligament
- E) Posterior cruciate ligament

Answer: C

# Which ligament of the knee joint separates from the joint capsule by the tendon of popliteus?

- A) Ligamentum patellae
- B) Tibial collateral ligament
- C) Fibular collateral ligament
- D) Anterior cruciate ligament
- E) Posterior cruciate ligament

Answer: C

# The anterior cruciate ligament (ACL) prevents anterior displacement of which structure?

- A) Tibia
- B) Femur
- C) Patella
- D) Fibula
- E) Menisci

Answer: A

### The main stabilizer of the femur during walking down stairs is:

- A) Ligamentum patellae
- B) Tibial collateral ligament
- C) Fibular collateral ligament
- D) Anterior cruciate ligament
- E) Posterior cruciate ligament

Answer: E

# Which muscle is responsible for lateral rotation of the knee joint? (dr.lecture)

- A) Semimembranosus
- B) Semitendinosus
- C) Gracilis
- D) Biceps femoris
- E) Quadriceps femoris

Answer: D (rotation of knee joint is other expression to rotation of tibia)

# The ligament of the hip joint that is attached to the ischium and intertrochanteric line and greater trochanter is:

- A) Iliofemoral ligament
- B) Pubofemoral ligament
- C) Ischiofemoral ligament
- D) Ligament of the head of the femur
- E) Labrum acetabular

# Which ligament is responsible for preventing anterior displacement of the femur in the knee joint?

- A) Iliofemoral ligament
- B) Pubofemoral ligament
- C) Anterior cruciate ligament
- D) Posterior cruciate ligament
- E) Ligamentum patellae

Answer: D

### Which ligament is responsible for providing sideto-side stability of the extended knee joint?

- A) Tibial collateral ligament
- B) Fibular collateral ligament
- C) Ligamentum patellae
- D) Anterior cruciate ligament
- E) A+B

Answer: E

# The medial meniscus of the knee joint is attached to which ligament?

- A) Fibular collateral ligament
- B) Tibial collateral ligament
- C) Ligamentum patellae
- D) Anterior cruciate ligament
- E) Posterior cruciate ligament

Answer: B

## The ligament of the head of the femur is responsible for:

- A) Preventing overextension of the hip joint
- B) Transmitting blood supply to the head of the femur
- C) Deepening the concavity of the acetabulum
- D) Stabilizing the medial longitudinal arch of the foot
- E) Facilitating rotation of the femur on the tibia

Answer: B

### Which ligament deepens the concavity of the acetabulum?

- A) Iliofemoral ligament
- B) Pubofemoral ligament
- C) Ischiofemoral ligament
- D) Ligamentum teres femoris
- E) Labrum acetabular

Answer: E

# All of the following are commonly affected in the unhappy triad injury EXCEPT:

- A) Medial collateral ligament
- B) Anterior cruciate ligament
- C) Medial meniscus
- D) Lateral collateral ligament

Answer: D

## Medial rotation of the knee joint is primarily performed by which muscles?

- A) Semimembranosus and semitendinosus
- B) Quadriceps femoris
- C) Gracilis
- D) Biceps femoris
- E) Gastrocnemius

Answer: A (Gracilis assist , not a main medial rotator)

# Which one of the following muscles is supplied by lateral plantar nerve? (KAHOOT)

- A) Adductor hallucis
- B) Flexor hallucis brevis
- C) Extensor hallucis brevis
- D) Abductor hallucis brevis

Answer: A (Note: Extensor hallucis brevis is part of extensor digitorum brevis that is innervated by deep peroneal nerve)

# Which of the following muscles is present on the third layer of the foot? (KAHOOT)

- A) Abductor digiti minimi
- B) adductor hallucis
- C) abductor hallucis
- D) flexor digitorum brevis

Answer: B

# One of the following ligaments is attached to the navicular bone? (KAHOOT)

- A) Spring
- B) Short planter
- C) Long planter
- D) planter apponeurosis

Answer: A

### Which of the following bones is not sharing in the formation of medial longitudinal arch of the foot ? (KAHOOT)

- A) Calcaneous
- B) Cuboid
- C) Intermediate cuniform
- D) 1st metatarsal

Answer: B

# Which of the following muscles is present in the 4th layer of the foot? (KAHOOT)

- A) Tibialis Posterior
- B) Peroneus pertius
- C) Flexor hallucis longus
- D) Flexor digitorum longus

# One of the following muscles is supplied by medial plantar nerve. (KAHOOT)

- A) Abductor digiti minimi brevis
- B) Planter interossei
- C) Flexor digiti minimi brevis
- D) abductor hallucis brevis

Answer: D

#### Which type of joint is the ankle joint?

- A) Pivot synovial joint
- B) Hinge synovial joint
- C) Ball and socket joint
- D) Saddle joint
- E) Gliding joint

Answer: B

# The talocalcaneonavicular joint allows for which type of movement? (Dr.Lecture)

- A) Flexion and extension
- B) Adduction and abduction
- C) Supination and pronation
- D) Inversion and eversion
- E) Circumduction

Answer: D

# Which of the following is NOT an articular surface involved in the ankle joint?

- A) Lower end of tibia
- B) Medial meniscus of tibia
- C) Lateral malleolus of fibula
- D) Trochlear surface of the body of talus
- E) Medial malleolus of tibia

Answer: B

# Which ligament attaches the medial malleolus to the navicular bone, talus, and plantar calcaneo-navicular (spring) ligament?

- A) Anterior talofibular ligament
- B) Posterior talofibular ligament
- C) Calcaneofibular ligament
- D) Medial (deltoid) ligament
- E) None of the above

Answer: D

#### The subtalar joint is located between:

- A) Talus and calcaneum
- B) Navicular and cuboid
- C) Talus and navicular
- D) Calcaneum and cuboid
- E) None of the above

## Why is inversion more free than eversion at the midtarsal joint?

- A) Lateral malleolus is lower than the medial malleolus
- B) Medial malleolus is lower than the lateral malleolus
- C) Lateral malleolus is longer than the medial malleolus
- D) Medial malleolus is longer than the lateral malleolus
- E) None of the above

Answer: A

#### **NERVES**

### Which of the following is NOT a muscular branch of the tibial nerve?

- A) Gastrocnemius
- B) Plantaris
- C) Soleus
- D) Popliteus
- E) Biceps femoris (short head)

Answer: E

### The tibial nerve injury results in weakness of which movement at the ankle?

- A) Dorsiflexion
- B) Plantarflexion
- C) Inversion
- D) Eversion
- E) Flexion

Answer: B

## The tibial nerve injury can result in which deformity of the foot?

- A) Calcaneovalgus
- B) Clubfoot
- C) Cavus foot
- D) Hallux valgus
- E) Hammertoe

Answer: A

# Which branch of the tibial nerve is responsible for sensory supply to the medial surface of the heel?

- A) Sural nerve
- B) Medial calcaneal branch
- C) Medial plantar nerve
- D) Lateral plantar nerve
- E) Plantaris nerve

Answer: B

# Tarsal tunnel syndrome is characterized by which of the following symptoms?

- A) Tingling, burning, or numbness
- B) Weakness of plantarflexion at the ankle
- C) Dorsiflexion and eversion of the foot
- D) Clawing of the toes
- E) Sensory loss from most of the sole of the foot

# Tarsal tunnel syndrome occurs as a result of compression of the tibial nerve beneath which structure?

- A) Flexor retinaculum
- B) Extensor retinaculum
- C) Patellar ligament
- D) Quadriceps tendon
- E) Achilles tendon

Answer: A

# Which nerve supplies the skin of the calf, lateral border of the foot, and the lateral side of the little toe?

- A) Sural nerve
- B) Medial calcaneal branch
- C) Medial plantar nerve
- D) Lateral plantar nerve
- E) Plantaris nerve

Answer: A

# Which muscle is the main extensor of the knee joint? (KAHOOT)

- a. Quadriceps femoris
- b. Hamstring
- c. Gluteus maximus
- d. Sartorius

Answer: A

# Which one of the following bones does not share in the formation of the knee joint? (KAHOOT)

- A) Lateral Condyle of fibula
- B) Lateral Condyle of tibia
- C) Patella
- D) Medial condyle of femur

Answer: A

# The ACL prevents.....displacement of the tibia? (KAHOOT)

- A) Posterior
- B) Anterior
- C) Lateral
- D) Medial

Answer: B (ACL= Anterior cruciate ligament)

# Which of the following is correct about the lateral meniscus? (KAHOOT)

- A) it is C shaped
- B) it is firmly attached to bones
- C) it is an extracapsular ligament
- D) less susceptible to injury

Answer: D

# Dorsiflexion and planterflexion are occuring in the.....joint? (KAHOOT)

- A) Hip joint
- B) Knee joint
- C) Ankle joint
- D) Subtalar joint
- E) Sacroiliac joint

Answer: C

#### Where does the tibial nerve terminate?

- A) Popliteal fossa
- B) Anterior compartment of the leg
- C) Deep to the flexor retinaculum
- D) Lateral compartment of the leg
- E) Superficial to the extensor retinaculum

Answer: C

# Which of the following muscles of the foot is NOT supplied by the motor branches of the lateral plantar nerve?

- A) Abductor digiti minimi
- B) Quadratus plantae
- C) Adductor hallucis
- D) Flexor digiti minimi brevis
- E) Flexor hallucis longus

Answer: E

## The lateral plantar nerve supplies the sensory innervation to which area of the foot?

- A) Medial one-third of the sole
- B) Medial two-thirds of the sole
- C) Lateral one-third of the sole
- D) Lateral two-thirds of the sole
- E) Entire sole of the foot

Answer: C

### What is the termination site of the common fibular nerve?

- A) Superior angle of the popliteal fossa
- B) Lateral angle of the popliteal fossa
- C) Medial angle of the popliteal fossa
- D) Neck of the femur
- E) Neck of the fibula

Answer: E

# Which sensory branch of the common peroneal nerve supplies the skin on the upper two-thirds of the antero-lateral side of the leg?

- A) Deep fibular nerve
- B) Superficial fibular nerve
- C) femoral nerve
- D) Medial plantar nerve
- E) Lateral cutaneous nerve of the calf

Answer: E

## What is the most common cause of common fibular nerve injury?

- A) Fracture of the tibia
- B) Fracture of the femur
- C) Fracture of the fibular neck
- D) Dislocation of the knee joint
- E) Soft tissue trauma to the lower leg

Answer: C

# What is the clinical manifestation of common fibular nerve injury on motor function?

- A) Loss of plantar flexion at the ankle
- B) Loss of knee extension
- C) Loss of hip adduction
- D) Loss of dorsiflexion at the ankle
- E) Loss of hip flexion

Answer: D

# Which movement of the foot is weakened as a result of common fibular nerve injury?

- A) Eversion
- B) Inversion
- C) Dorsiflexion
- D) Plantar flexion
- E) Abduction

Answer: B

# Which sensory area is supplied by the sensory branch of the deep peroneal nerve?

- A) Medial aspect of the leg
- B) Lateral aspect of the leg
- C) Anterolateral side of the foot
- D) Between the big toe and second toe at the dorsum of the foot
- E) Sole of the foot

Answer: D

## What is the clinical manifestation of deep peroneal nerve injury on motor function?

- A) Loss of plantar flexion at the ankle
- B) Loss of knee extension
- C) Loss of hip adduction
- D) Loss of dorsiflexion at the ankle
- E) Loss of hip flexion

Answer: D

# The superficial peroneal nerve provides sensory innervation to which part of the dorsum of the foot?

- A) Anterior area
- B) Intermediate area
- C) Posterior area
- D) Medial area

Answer: B

# Which of the following is correct about tibial nerve injury? (KAHOOT)

- A) Clawing of toes
- B) foot drop
- C) loss of sensation
- D) inversion

ANSWER: A

# Which of the following is incorrect about common peroneal nerve injury? (KAHOOT)

- A) loss of sensation upper lateral 2/3 of the leg
- B) foot is everted
- C) loss of sensation on dorsum of foot
- D) foot is in plantar flexion

ANSWER: B

# Sural nerve is a branch of ...... nerve? (KAHOOT)

- A) deep peroneal
- B) common peroneal
- C) superficial peroneal
- D) tibial

ANSWER: D

# Skin on the medial side of the big toe is supplied by ...... nerve? (KAHOOT)

- A) Sural communicating
- B) sural
- C) medial planter
- D) saphenous

ANSWER:D

# The deep peroneal nerve gives sensory supply to......? (KAHOOT)

- A) Medial side of big toe
- B) Lateral side of the big toe
- C) Medial side of the little toe
- D) Lateral side of the little toe

Answer: B

# Which of the following is not a manifestation of sciatic nerve injury? (KAHOOT)

- A) Foot drop
- B) week knee extension
- C) loss of sensation below the knee
- D) paralysis of ischial part of adductor magnus

Answer: B

# A patient with fracture of the neck fibula which of the following will be lost in this patient? (KAHOOT)

- A) Flexion of the knee
- B) Dorsiflexion of ankle
- C) Inversion of the foot
- D) Sensation on the sole

Answer: B

#### **Lower Limb Blood vessels**

# Which of the following is not a branch of the posterior tibial artery? (KAHOOT)

- A) Tibial recurrent
- B) Nutrient artery to the tibia
- C) Muscular to tibialis posterior
- D) Circumflex fibular

Answer: A

# Which of the following is not correct about great saphenous vein? (KAHOOT)

- A) It begins on the medial side of the foot
- B) It is a superficial vein
- C) It ends in the popliteal vein
- D) abnormal valves causes varices

Answer: C

# Pulsation of dorsalis pedis artery can be felt ....? (KAHOOT)

- A) Lateral to extensor hallucis longus tendon
- B) Medial to flexor digitorum longus tendon
- C) Lateral to extensor digitorum longus tendon
- D) Between calcaneous and medial malleolus

Answer: A

# Choose the incorrect statement regarding the femoral artery? (KAHOOT)

- A) It gives superficial and deep branches
- B) It begins in the adductor canal
- C) It continues as popliteal artery
- D) Its pulsation is felt at the midinguinal point

Answer: B

#### Fibular artery is a branch of \_\_\_\_\_? (KAHOOT)

- A) popliteal
- B) common peroneal
- C) posterior tibial
- D) deep peroneal

# Which of the following arteries is a branch of the profunda femoris artery? (KAHOOT)

- A) Lateral circumflex femoral
- B) Superficial external pudendal
- C) Circumflex fibular
- D) Deep external pudendal

Answer: A

#### **ABDOMEN & THORAX**

# Compared to the left bronchus which of the following is incorrect about the right bronchus? (KAHOOT)

- A) Shorter
- B) Horizontal
- C) Wider
- D) Foreign body inhalation is more common

Answer: B

# Choose the wrong match of the following (KAHOOT)

- A) Spleen left lumbar
- B) Liver right hypochondrium
- C) Stomach left hypochondrium
- D) Caecum right ileac

Answer: A

## Regarding the heart valves, chose the incorrect statement. (KAHOOT)

- A) Tricusped between right and left atria
- B) Pulmonary between right ventricle and pulmonary
- C) Aortic is on the left side
- D) Mitral is bicusped

Answer: A

# Choose the incorrect statement from the following (KAHOOT)

- A) Appendix opens into the caecum
- B) hepatic duct emerges from the liver
- C) Bile duct opens in the jejenum
- D) Pancreatic duct opens into the duodenum

Answer: C

# Choose the correct statement about the right lung? (KAHOOT)

- A) Has two lobes
- B) More respiratory capacity than left lung
- C) Has one fissure
- D) Its hilum has two arterial openings

Answer: B