

<p>Muscles of the Arm</p> <p>Front (Flexor)      Back (extensor)</p>	Origin	Insertion	Nerve supply	Action
<p>*Front (Anterior) Flexor</p> <p>① Coracobrachialis</p>	Coracoid process of scapula	medial border of the humerus	Musculocutaneous nerve	<p><b>Flexion</b> of the arm</p> <p>front → flexor → Flexion جز.</p>
<p>② Biceps Brachii (عضلة كبية)</p> <p>↓</p> <p>2 heads</p>	<p><b>has 2 heads:</b></p> <p>1-Short (medial) head: coracoid process. 2-Long (Lateral) head: supraglenoid tubercle .</p>	Radial tuberosity of radius	Musculocutaneous nerve	<p>1. Flexion of the arm 2. Flexion of the elbow 3. Supinator of the semi-flexed forearm</p>
<p>③ Brachialis</p>	The lower 1/2 of the front of the humerus	Coronoid process of the ulna	<p>Musculocutaneous nerve</p> <p>lateral fibers supply by radial nerve .</p>	<b>Main flexor</b> the forearm
<p>*Back (Posterior, extensor)</p> <p>Triceps brachii</p> <p>↓</p> <p><u>3 heads</u></p>	<p><b>Has 3 heads:</b></p> <p>Long head: Infraglenoid tubercle of the scapula. Lateral head and Medial head: Posterior surface of the humeral shaft</p>	Olecranon process of the ulna	<b>Radial Nerve</b>	<b>Main Extensor</b> the forearm

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