

Connective TISSUE

Connective tissue provides a matrix that supports and physically connects other tissues and cells together to form the organs of the body.

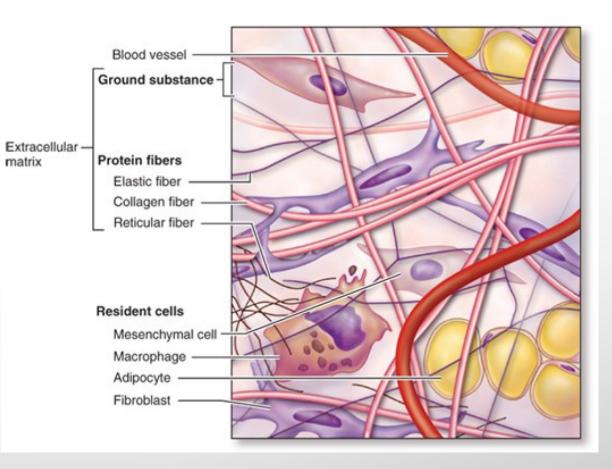
The interstitial fluid of connective tissue gives metabolic support to cells as the medium for diffusion of nutrients and waste products.

Components

- Cells
- Fibers
- Ground substance

Ground substance

 Ground substance is a complex of anionic, hydrophilic proteoglycans, glycosaminoglycans (gags), and multiadhesive glycoproteins ((laminin, fibronectin, etc)



Origin

- All connective tissues originate from embryonic mesenchyme, a tissue developing mainly from the middle layer of the embryo, the mesoderm.
- Mesenchyme consists largely of viscous ground substance with few collagen fibers.
- Mesenchymal cells are undifferentiated and have large nuclei, with prominent nucleoli and fine chromatin.
- Mesenchymal cells are spindle-shaped---- with their scant cytoplasm extended as two or more thin cytoplasmic processes

General Features

Originates from the mesoderm (Except some parts of the head and neck).

Composed of cells (fixed and wandering), fibres and ground substance.

Variable vascularity.

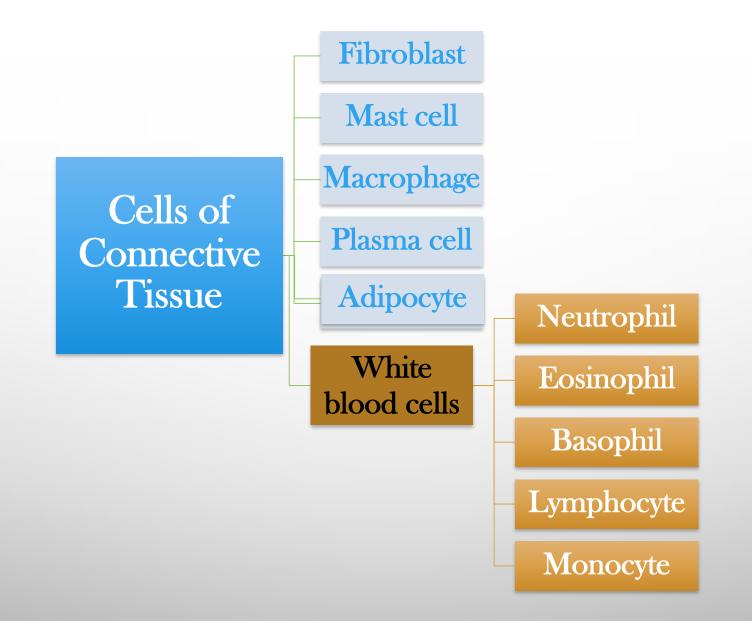
Variable regenerative power.

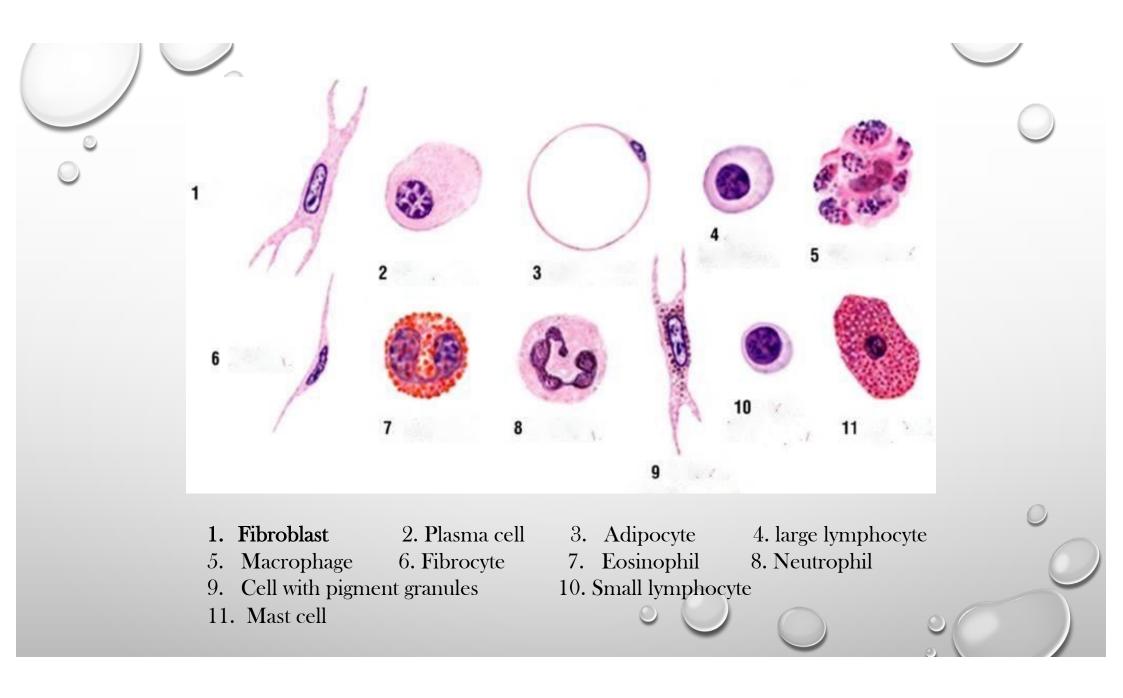
Functions

- 1. Structural framework for body.
- 2. Transportation of fluids and dissolved substances.
- 3. Protection of delicate organs.
- 4. Supports, surrounds, and connects other tissues.
- 5. Storage of energy in the form of lipids.
- 6. Defend the body against microorganisms.

Cellular Components of connective tissue

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Connective tissue cells

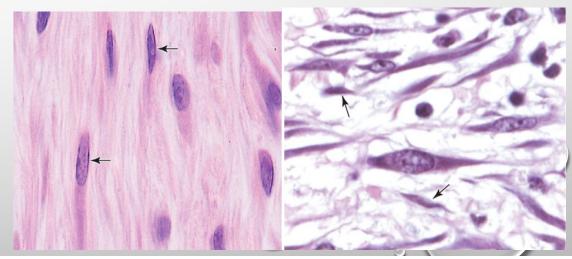
Cell Type	Major Product or Activity	
Fibroblasts (fibrocytes)	Extracellular fibers and ground substance	
Plasma cells	Antibodies	
Lymphocytes (several types)	Various immune/defense functions	
Eosinophilic leukocytes	Modulate allergic/vasoactive reactions and defense against parasites	
Neutrophilic leukocytes	Phagocytosis of bacteria	
Macrophages	Phagocytosis of ECM components and debris; antigen processing and presentation to immune cells; secretion of growth factors, cytokines, and other agents	
Mast cells and basophilic leukocytes	Pharmacologically active molecules (eg, histamine)	
Adipocytes	Storage of neutral fats	



Fibroblast

- The most common cells in connective tissue proper
- Produce and maintain most of the tissue's extracellular components.
- Most of the secreted ecm components undergo further modification outside the cell before assembling as a matrix.

Fibroblast Fibrocyte

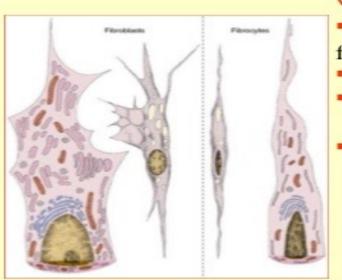


Fibroblasts _ Fibrocytes

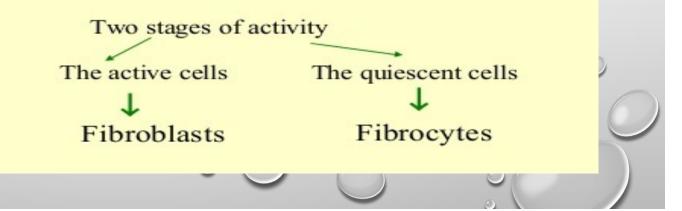
- Fibroblasts
- the most common cells in connective tissue
- cells responsible for the synthesis of extracelullar matrix components
- an abundant and irregularly

branched cytoplasm

- ovoid, large and pale staining nucleus with nucleolus
- rich in RER and well developed Golgi complex
- produce the growth factors
 → influence growth and
 cells differentiation
- proliferate when the additional fibroblasts are required



- Fibrocytes
- smaller than fibroblasts
- fewer processes
- smaller, darker, elongated nucleus
- small amount of RER



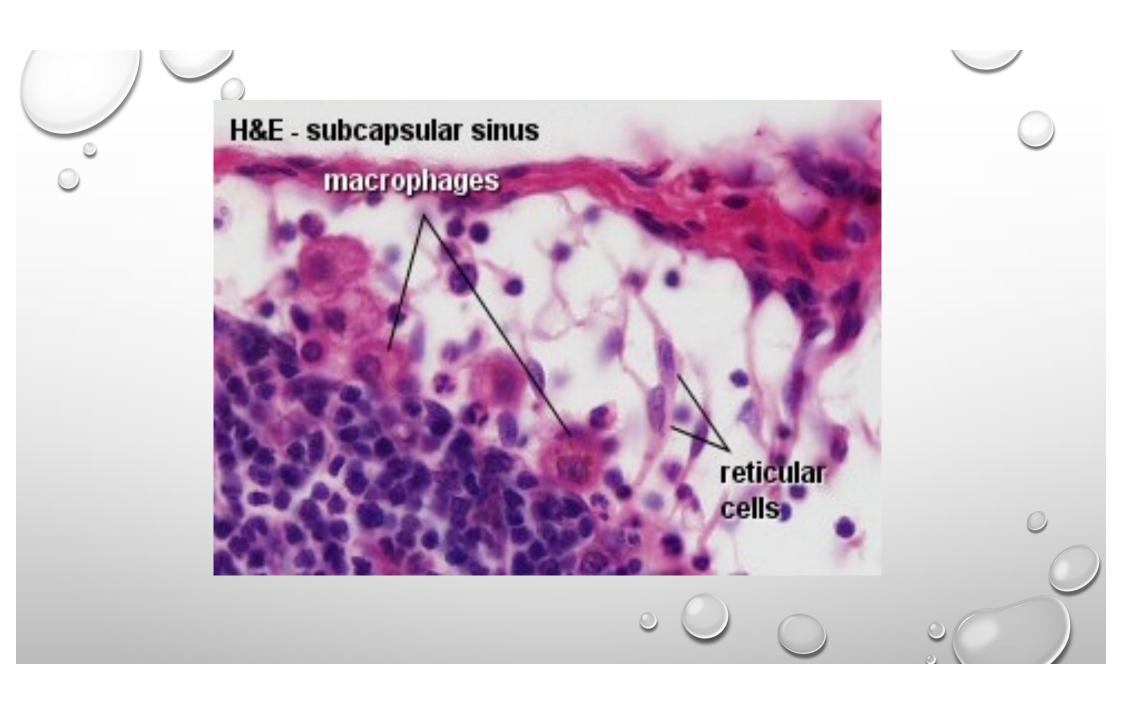


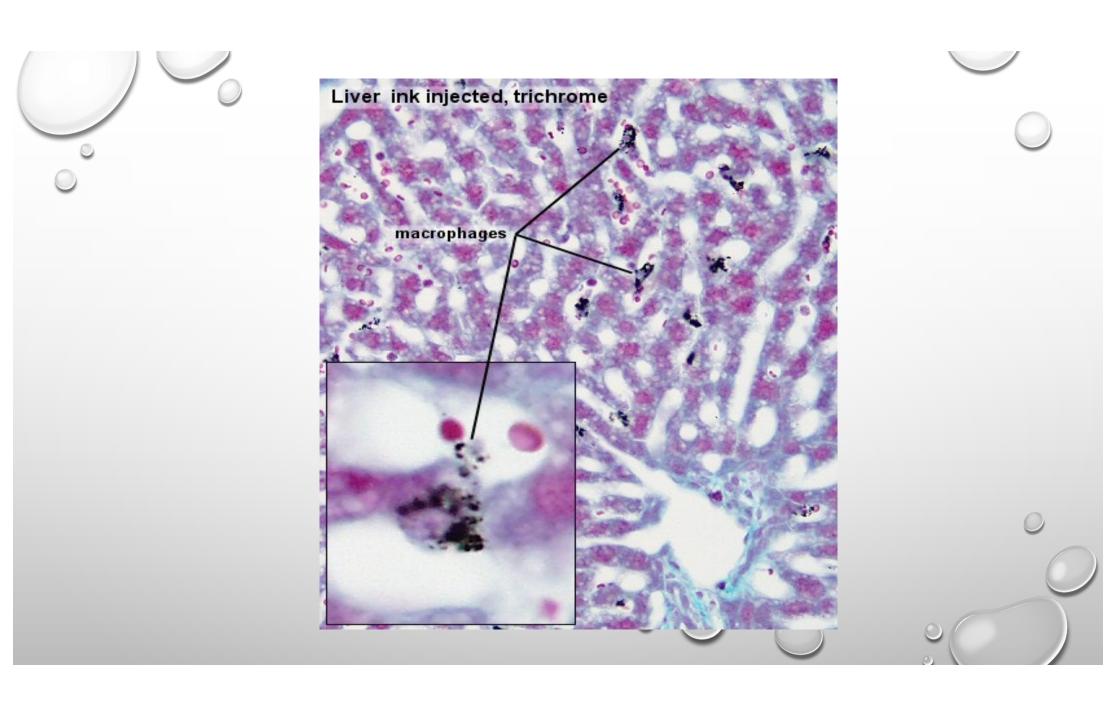
Macrophage

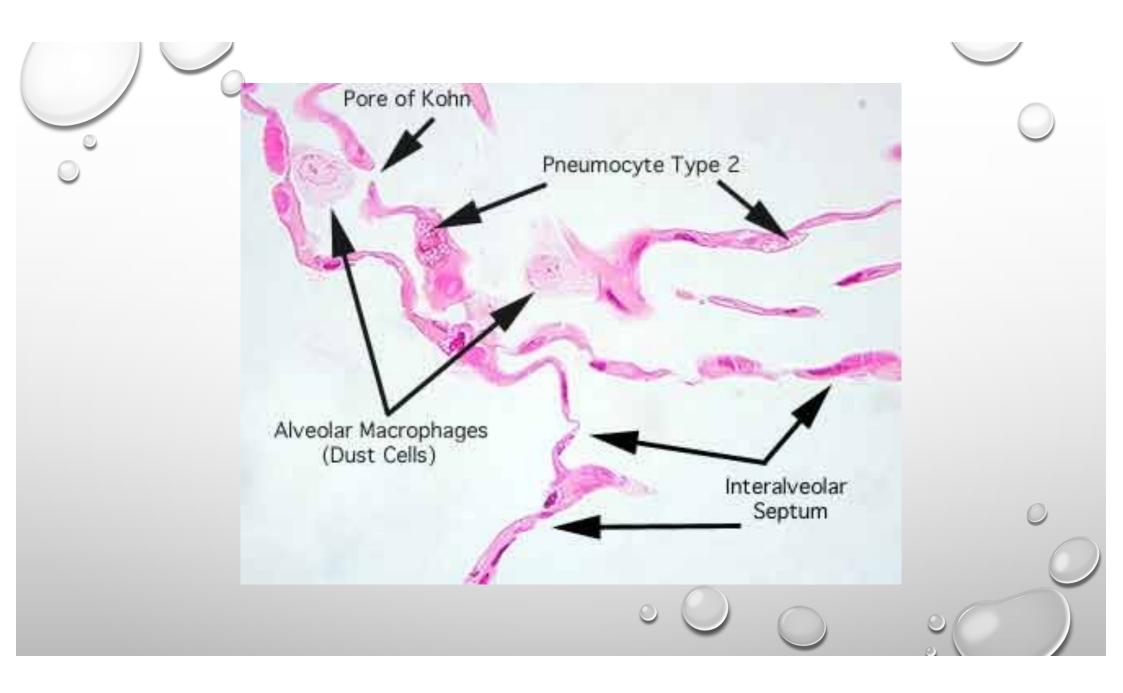
- Macrophages have highly developed phagocytic ability and specialize in turnover of protein fibers and removal of apoptotic cells, tissue debris, or other particulate material
- Being especially abundant at sites of inflammation.
- Size and shape vary considerably, corresponding to their state of functional activity.
- A typical macrophage measures between 10 and 30 µm in diameter and has an eccentrically located, oval or kidney-shaped nucleus.
- They generally have well-developed golgi complexes and many lysosomes.

Mononuclear Phagocyte System

Cell Type	Major Location	Main Function
Monocyte	Blood	Precursor of macrophages
Macrophage	Connective tissue, lymphoid organs, lungs, bone marrow, pleural and peritoneal cavities	Production of cytokines, chemotactic factors, and several other molecules that participate in inflammation (defense), antigen processing, and presentation
Kupffer cell	Liver (perisinusoidal)	Same as macrophages
Microglial cell	Central nervous system	Same as macrophages
Langerhans cell	Epidermis of skin	Antigen processing and presentation
Dendritic cell	Lymph nodes, spleen	Antigen processing and presentation
Osteoclast (from fusion of several macrophages)	Bone	Localized digestion of bone matrix
Multinuclear giant cell (several fused macrophages)	In connective tissue under various pathological conditions	Segregation and digestion of foreign bodies







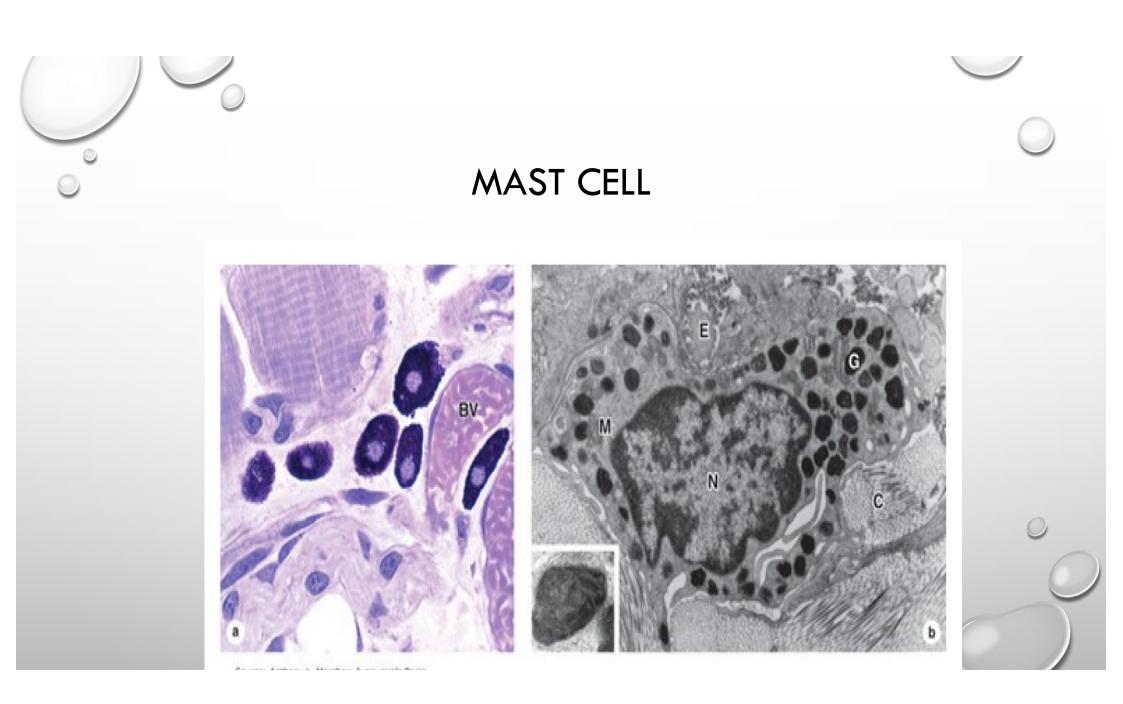


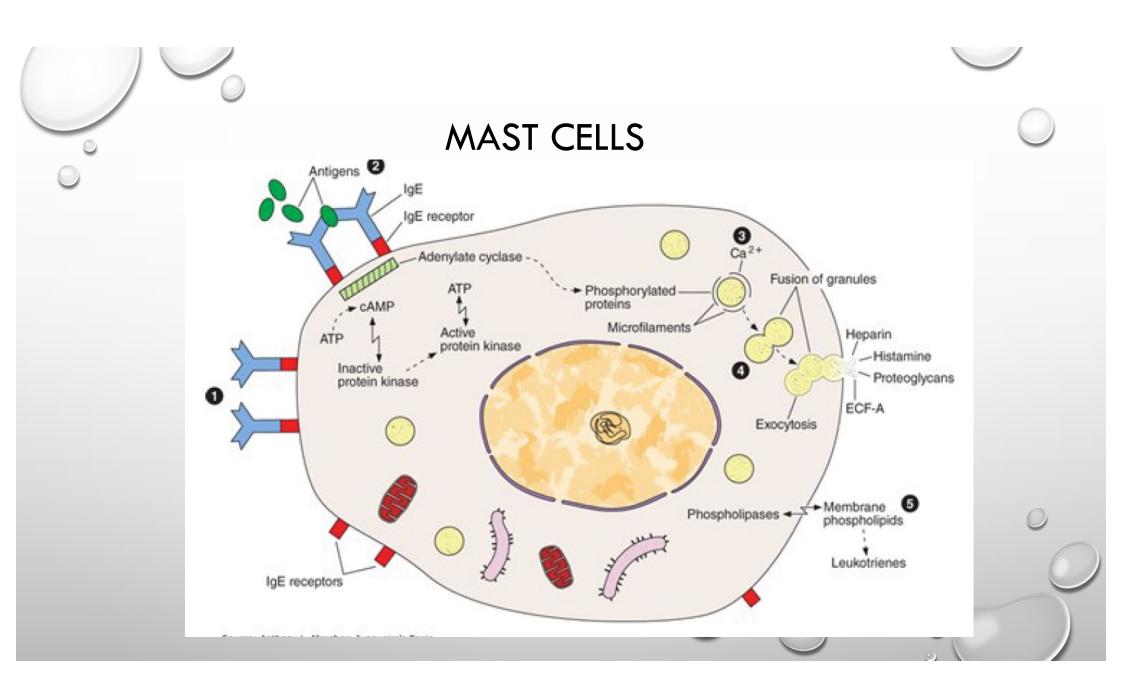
Mast Cell

- Mast cells are oval or irregularly shaped cells of connective tissue,
- Between 7 and 20 μm in diameter, filled with basophilic secretory granules that often obscure the central nucleus
- Granules are electron dense and of variable size, ranging from 0.3 to 2.0 μm in diameter.
- Mast cells function in the localized release of many bioactive substances, includes the following:
- 1. Heparin, a sulfated GAG that acts locally as an anticoagulant
- 2. Histamine, which promotes increased vascular permeability and smooth muscle contraction
- 3. Serine proteases, which activate various mediators of inflammation
- 4. Eosinophil and neutrophil chemotactic factors, which attract those leukocytes
- 5. Cytokines, polypeptides directing activities of leukocytes and other cells of the immune system
- 6. Phospholipid precursors, which are converted to prostaglandins, leukotrienes, and other important lipid mediators of the inflammatory

Mast Cell

- Mast cells are especially numerous near small blood vessels in skin and mesenteries (perivascular mast cells) and in the tissue that lines digestive and respiratory tracts (mucosal mast cells).
- These major locations suggest that mast cells place themselves strategically to function as sentinels detecting invasion by microorganisms.
- Release of certain chemical mediators stored in mast cells promotes the allergic reactions known as immediate hypersensitivity reactions because they occur within a few minutes after the appearance of an antigen in an individual previously sensitized to that antigen.
- The first exposure to an antigen (allergen), such as bee venom, causes antibody-producing cells to produce an immunoglobulin of the ige class that binds avidly to receptors on the surface of mast cells.
- Upon a second exposure to the antigen, it reacts with the ige on the mast cells, triggering rapid release of histamine, leukotrienes, chemokines, and heparin from the mast cell granules that can produce the sudden onset of the allergic reaction.







Plasma Cell

- Plasma cells are lymphocyte-derived, antibody-producing cells. These relatively large, ovoid cells have basophilic cytoplasm rich in RER and a large
- Golgi apparatus near the nucleus that may appear pale in routine histologic preparations





Adipose Cells

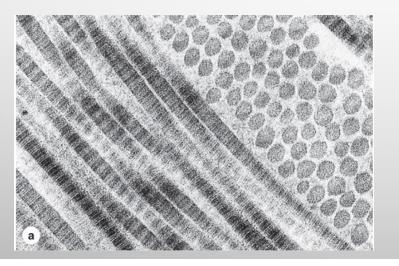
- Or fat cells, are found in the connective tissue of many organs.
- These large, mesenchymally derived cells are specialized for cytoplasmic storage of lipid as neutral fats, or less commonly for the production of heat.
- Tissue with a large population of adipocytes, called adipose connective tissue, serves to cushion and insulate the skin and other organs.

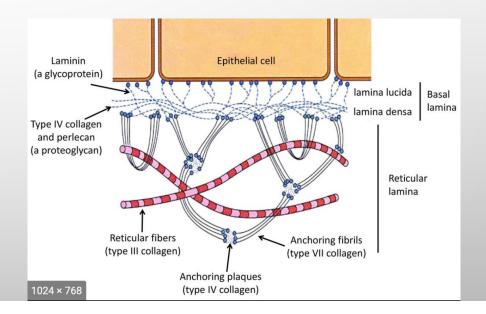
Connective Tissue Fibers/Collagen

- Form various extracellular fibers, sheets, and networks.
- Extremely strong and resistant to normal shearing and tearing forces.
- Collagen is a key element of all connective tissues, as well as epithelial basement membranes and the external laminae of muscle and nerve cells.
- Most abundant protein in the human body, representing 30% of its dry weight.
- A family of 28 collagens exists in vertebrates.

Collagen types

- **Fibrillar collagens**, notably collagen types I, II, and III. Form structures such as tendons, organ capsules, and dermis.
- Network or sheet-forming collagens such as type IV collagen have subunits produced by epithelial cells and are major structural of external laminae and all epithelial basal laminae.
- Linking/anchoring collagens are short.







Collagen Assembly

Assembly of type I collagen.

1. Rodlike triple-helix collagen molecules, each 300-nm long, self-assemble in a highly organized, lengthwise arrangement of overlapping regions.

2. The regular, overlapping arrangement of subunits continues as large collagen fibrils are assembled.

3. This structure causes fibrils to have characteristic cross striations with alternating dark and light bands when observed in the EM.

4. Fibrils assemble further and are linked together in larger collagen fibers visible by light microscopy.

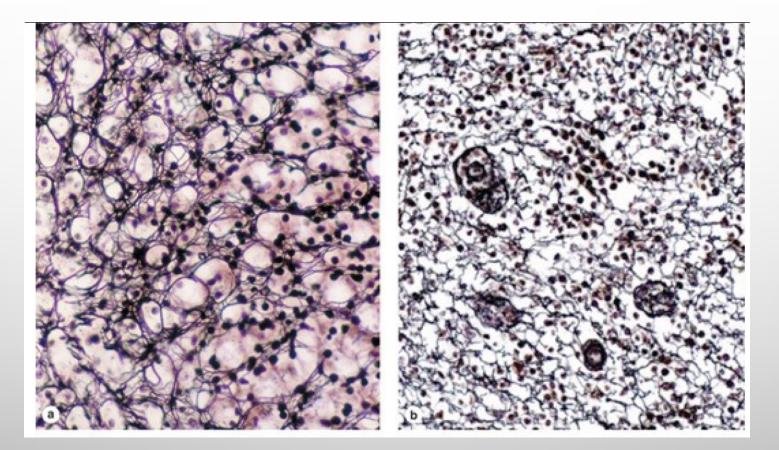
5. Type I fibers often form into still larger aggregates bundled and linked together by other collagens.

Overlapping region ocollagen subunit 0 - 300 nm -Collagen fibril - Overlapping region (about 10% Bundle of of a procollagen subunit's length) collagen fibers Collagen fiber

Connective Tissue Fibers/Reticular

- Found in delicate connective tissue of many organs, notably in the immune system.
- Consist mainly of collagen type iii, which forms an extensive network.
- Seldom visible in hematoxylin and eosin (h&e) but are stained black after impregnation with silver salts.
- Periodic Acid–schiff (PAS) positive-----due to the high content of sugar chains.
- Reticular fibers contain up to 10% carbohydrate as opposed to 1% in most other collagen fibers.
- Produced by fibroblasts.
- Surround adipocytes, smooth muscle and nerve fibers, and small blood vessels.
- Serve as the supportive stroma for the parenchymal secretory cells, liver and endocrine glands.
- Stroma of hemopoietic tissue (bone marrow), the spleen, and lymph nodes

RETICULAR FIBERS

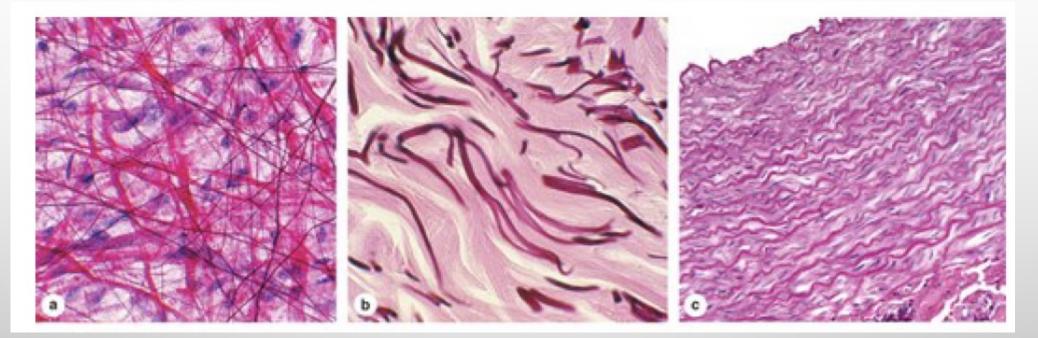


Lymph nodessilver stain

Connective Tissue Fibers/Elastic

- Thinner than the type I collagen fibers and form sparse networks interspersed with collagen bundles in many organs (subject to regular stretching or bending).
- Have rubberlike properties that allow tissue containing to be stretched or distended (lungs).
- In the wall of large blood vessels, especially arteries, elastin also occurs as fenestrated sheets called elastic lamellae.
- Elastic fibers and lamellae are not strongly acidophilic and stain poorly with h&e.
- Stained more darkly than collagen with other stains such as orcein and aldehyde fuchsin.

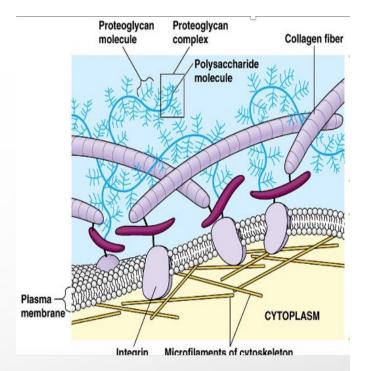
Connective Tissue Fibers/Elastic



A- Hematoxylin and orcein)B-Aldehyde fuchsin)C- H&E

Ground Substance

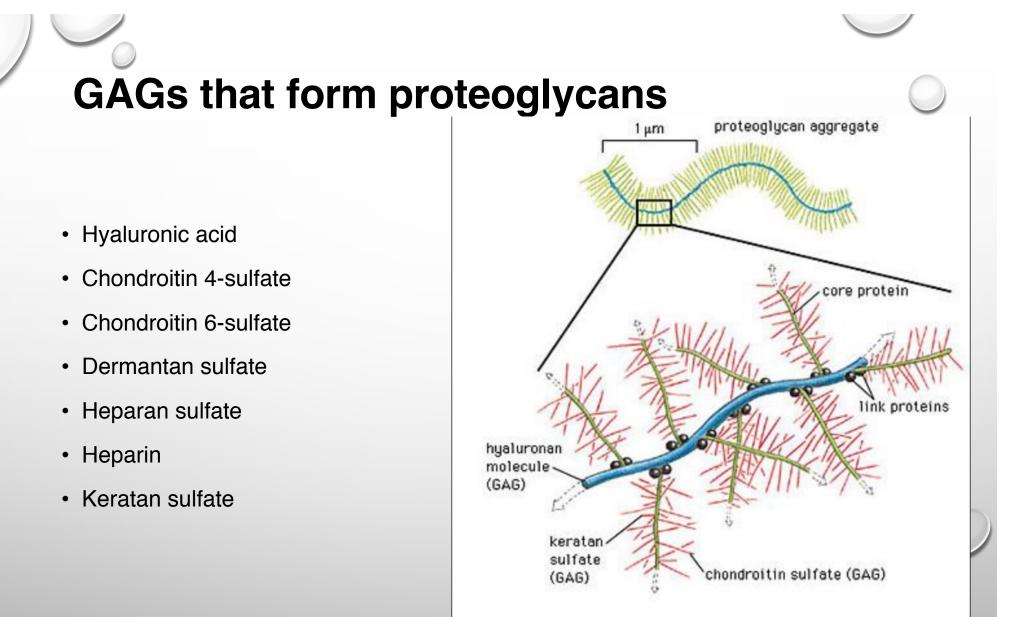
- A semi- fluid gel (highly hydrated) and transparent material
- The ground substance of the ecm is a highly hydrated (with much bound water), transparent, complex mixture of three major kinds of macromolecules: glycosaminoglycans (gags), proteoglycans, and multiadhesive glycoproteins.
- Filling the space between cells and fibers in connective tissue, ground substance
- · Allows diffusion of small molecules and,
- Because it is viscous---lubricant and a barrier to the penetration of invaders.





GAGs

- GAGs (mucopolysaccharides) are long polymers of repeating disaccharide units, usually a hexosamine and uronic acid.
- The largest and most ubiquitous is hyaluronan (hyaluronate or hyaluronic acid).
- Hyaluronan forms a viscous, pericellular network that binds a considerable amount of water (diffusion through connective tissue and in lubricating various organs and joints).
- All other GAGs are much smaller, sulfated, bound to proteins (as parts of proteoglycans).
- Major GAGs found in proteoglycans are dermatan sulfate, chondroitin sulfates, keratan sulfate, and heparan sulfate (different disaccharide units)
- Their high negative charge forces GAGs to an extended conformation and causes them to sequester cations as well as water.
- These features provide GAGs with space-filling, cushioning, and lubricant functions.

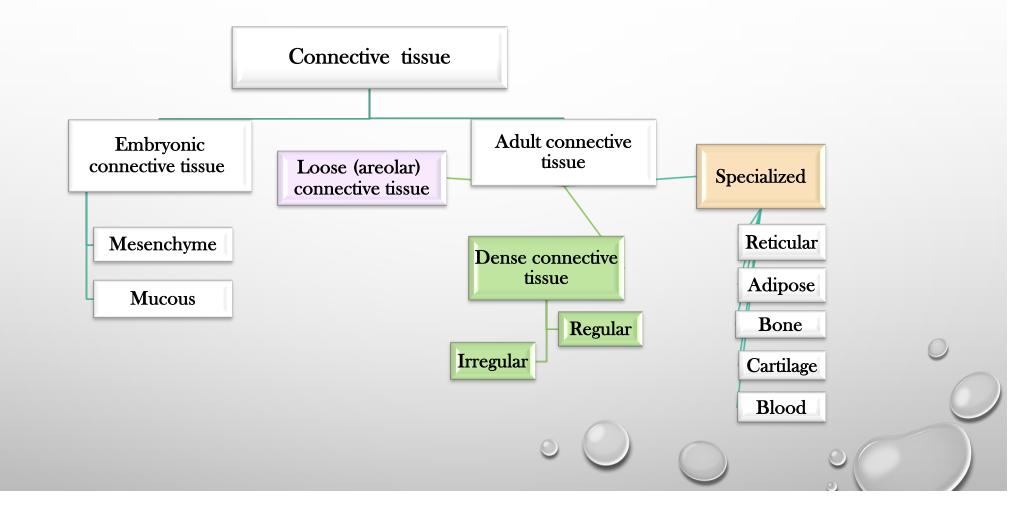


GAGs

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Glycosaminoglycan	Repeating Disaccharides		Distribution	Electrostatic Interaction with Collegen		
Giycosaminogiycan	Hexuronic Acid	Hexosamine	Distribution	Electrostatic Interaction with Collagen		
Hyaluronic acid	D-glucuronic acid	D-glucosamine	Umbilical cord, synovial fluid, vitreous humor, cartilage			
Chondroitin 4-sulfate	D-glucuronic acid	D- galactosamine	Cartilage, bone, cornea, skin, notochord, aorta	High levels of interaction, mainly with collagen type II		
Chondroitin 6-sulfate	D-glucuronic acid	D- galactosamine	Cartilage, umbilical cord, skin, aorta (media)	High levels of interaction, mainly with collagen type II		
Dermatan sulfate	L-iduronic acid or D- glucuronic acid	D- galactosamine	Skin, tendon, aorta (adventitia)	Low levels of interaction, mainly with collagen type I		
Heparan sulfate	D-glucuronic acid or L- iduronic acid	D- galactosamine	Aorta, lung, liver, basal laminae	Intermediate levels of interaction, mainly with collagen types III and IV		
Keratan sulfate	D-galactose	D-glucosamine	Cartilage, nucleus pulposus, annulus fibrosus	None		

Classification Of Connective Tissue



Classification-Embryonic

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		General Organizatio	on	Major Functions		Examples
Embryonic Conn	ective Tissues					
Mesenchyme	Sparse, undifferentiated cells, uniformly distributed in matrix with sparse collagen fibers		Contains stem/progenitor cells for all adult connective tissue cells		Mesodermal layer of early embryo	
Mucoid (mucous) connective tissue	Random fibroblasts and c	ollagen fibers in	Supports and cu	shions large blood vessels	Matrix o	f the fetal umbilical cord

Classification-Adult

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	General Organization	Major Functions	Examples
Connective Tissu	e Proper		
Loose (areolar) connective tissue	Much ground substance; many cells and little collagen, randomly distributed	Supports microvasculature, nerves, and immune defense cells	Lamina propria beneath epithelial lining of digestive tract
Dense irregular connective tissue	Little ground substance; few cells (mostly fibroblasts); much collagen in randomly arranged fibers	Protects and supports organs; resists tearing	Dermis of skin, organ capsules, submucosa layer of digestive tract
Dense regular connective tissue	Almost completely filled with parallel bundles of collagen; few fibroblasts, aligned with collagen	Provide strong connections within musculoskeletal system; strong resistance to force	Ligaments, tendons, aponeuroses, corneal stroma



Classification-Specialized

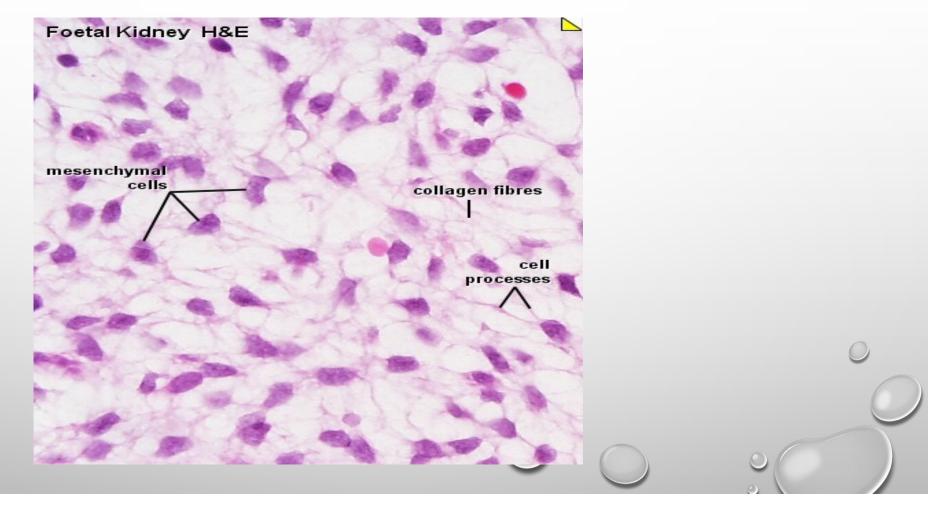
	General Organization	Major Functions	Examples
Reticular connective tissue (see Chapter 14)	Delicate network of reticulin/collagen III with attached fibroblasts (reticular cells)	Supports blood-forming cells, many secretory cells, and lymphocytes in most lymphoid organs	Bone marrow, liver, pancreas, adrenal glands, all lymphoid organs except the thymus
dipose Tissue (see	Chapter 6)		
Cartilage (see Chapt	ter 7)		
Bone (see Chapter &	3)		
Blood (see Chapter	12)		

Embryonic Connective Tissue

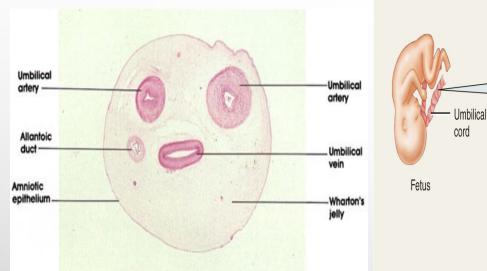
- Mesenchyme connective tissue
- Mucous connective tissue

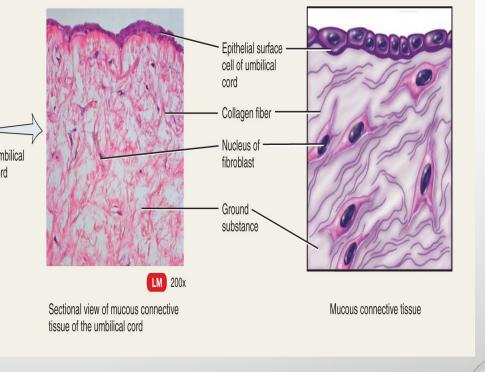
	General Organization	Major Functions	Examples
Mesenchyme	Sparse, undifferentiated cells, uniformly distributed in matrix with sparse collagen fibers	Contains stem/progenitor cells for all adult connective tissue cells	Mesodermal layer of early embryo
Mucoid (mucous) connective tissue	Random fibroblasts and collagen fibers in viscous matrix	Supports and cushions large blood vessels	Matrix of the fetal umbilical cord

Mesenchyme



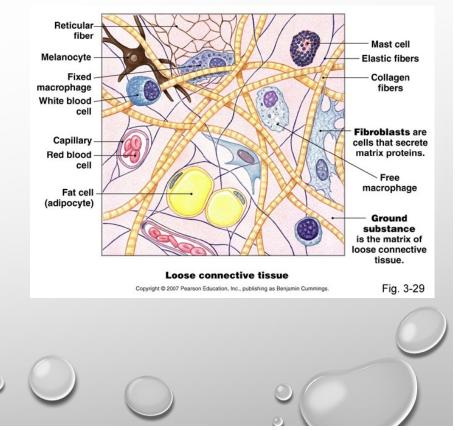
Mucous Connective Tissue





Loose (Areolar) Connective Tissue

- Consists of all 3 types of fibers, several types of cells, and semi-fluid ground substance.
- Found in subcutaneous layer and mucous membranes, and around blood vessels, nerves and organs
- Function = strength, support and elasticity





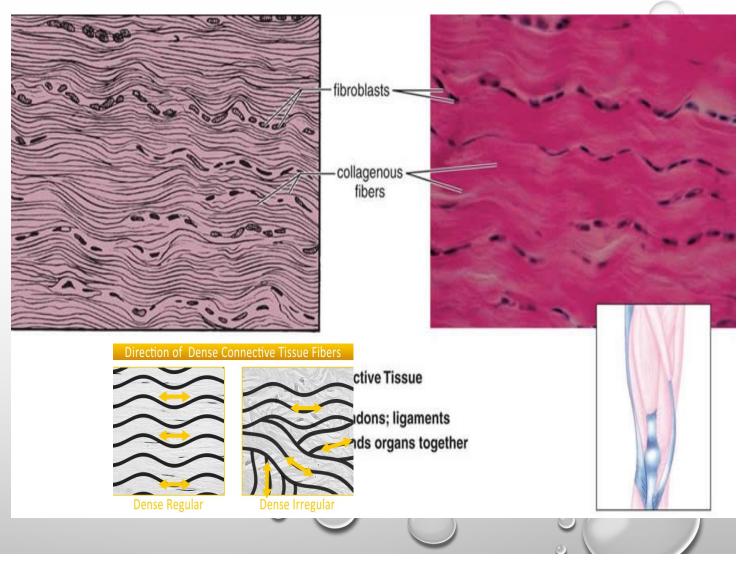
Dense Connective Tissue

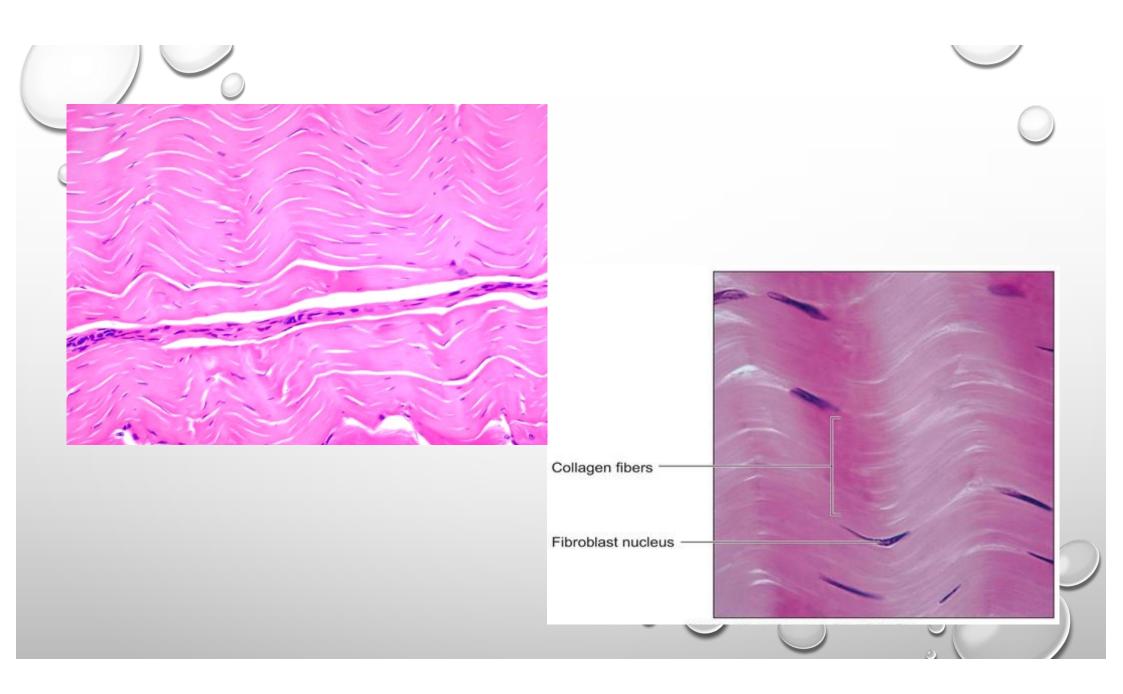
Contains more numerous and thicker fibers and far fewer cells than loose CT.

- a. Dense regular connective tissue Tendons and ligaments
- b. Dense irregular connective tissue Dermis of skin

Dense Regular Connective Tissue

- Consists of bundles of collagen fibers and fibroblasts.
- Forms tendons, ligaments.
- Function = provide strong attachment between various structures.





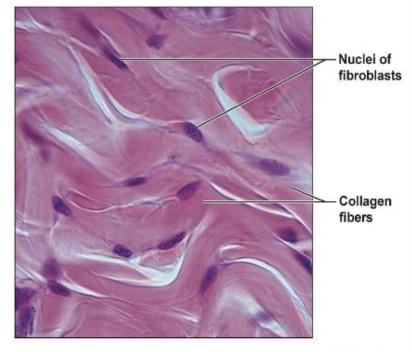
Dense Irregular Connective Tissue

Description: Primarily irregularly arranged collagen fibers; some elastic fibers; major cell type is the fibroblast.

Function: Able to withstand tension exerted in many directions; provides structural strength.

Location: Fibrous capsules of organs and of joints; dermis of the skin; submucosa of digestive tract.

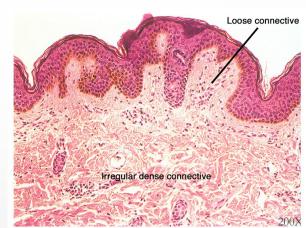
Fibrous joint capsule

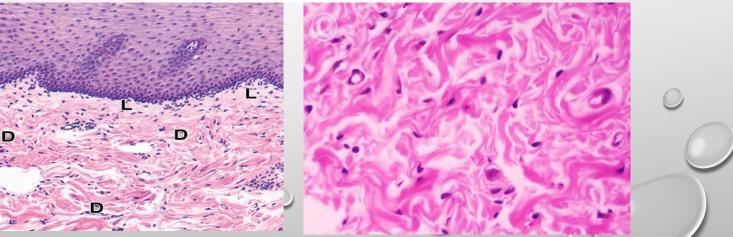


Photomicrograph: Dense irregular connective tissue from the dermis of the skin (600×).



- Consists Of Randomlyarranged Collagen Fibers And A Few Fibroblasts.
- Found In Dermis Of Skin
- Function = Provide Strength







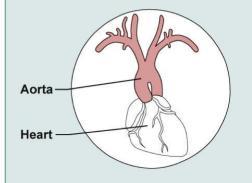
Elastic Connective Tissue

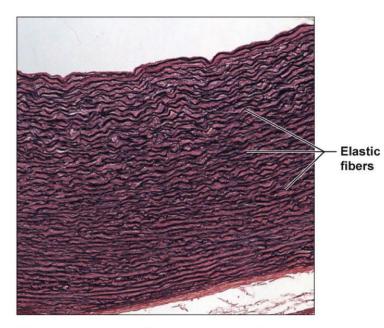
(g) Connective tissue proper: dense connective tissue, elastic

Description: Dense regular connective tissue containing a high proportion of elastic fibers.

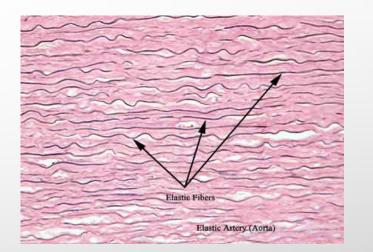
Function: Allows recoil of tissue following stretching; maintains pulsatile flow of blood through arteries; aids passive recoil of lungs following inspiration.

Location: Walls of large arteries; within certain ligaments associated with the vertebral column; within the walls of the bronchial tubes.



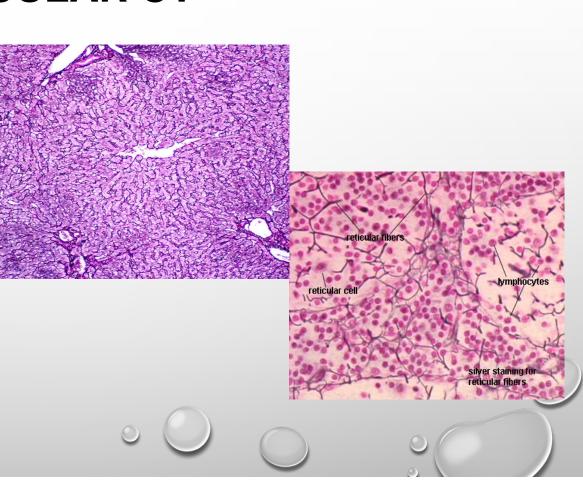


Photomicrograph: Elastic connective tissue in the wall of the aorta (85×).



RETICULAR CT

- Consists Of Fine Interlacing Reticular Fibers And Reticular Cells.
- Found In Liver, Spleen And Lymph Nodes.
- Function = Forms The Framework (Stroma) Of Organs And Binds Together Smooth Muscle Tissue Cells.





MEDICAL APPLICATION

- The regenerative capacity of connective tissue is clearly observed in organs damaged by ischemia, inflammation, or traumatic injury.
- Spaces left after such injuries, especially in tissues whose cells divide poorly or not at all (eg, cardiac muscle), are filled by connective tissue, forming dense irregular scar tissue.
- The healing of surgical incisions and other wounds depends on the reparative capacity of connective tissue, particularly on activity and growth of fibroblasts.
- In some rapidly closing wounds, a cell called the myofibroblast, with features of both fibroblasts and smooth muscle cells, is also observed.
- These cells have most of the morphologic characteristics of fibroblasts but contain increased amounts of actin microfilaments and myosin and behave
- Much like smooth muscle cells. Their activity is important for the phase of tissue repair called wound contraction.

MEDICAL APPLICATION Collagen

Scurvy	Lack of vitamin C, a required cofactor for prolyl hydroxylase	Ulceration of gums, hemorrhages	
Osteogenesis imperfecta	Change of 1 nucleotide in genes for collagen type I	Spontaneous fractures, cardiac insufficiency	

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