



# NERVES OF THE LEG AND FOOT

Dr. Maha ELBeltagy
Associate professor of Anatomy and Histology
The University of Jordan

#### Mention nerve supply of the following muscles

Front of the thigh

Medial side of thigh

Gluteus medius, minimus

Gluteal Maximus

**Piriformis** 

Obturator internus

Quadratus femoris

Hamstring muscles (biceps, Semitendinosus, semimembranosus)

Front of the leg

Lateral of the leg

Posterior of the leg

# **Sciatic Nerve**

#### Origin:

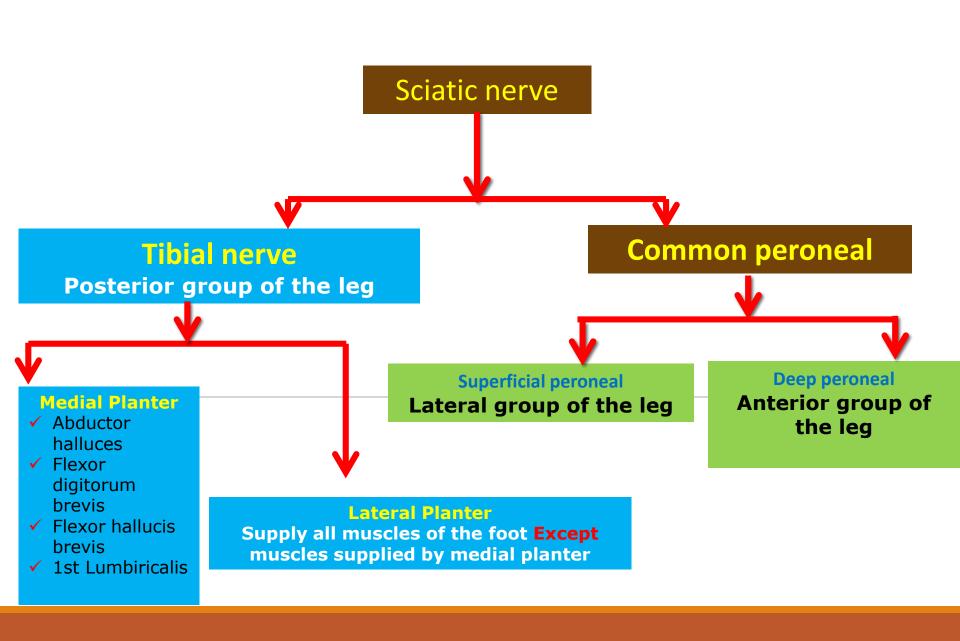
From sacral plexus, L4,5,S1,2,3.

#### Course:

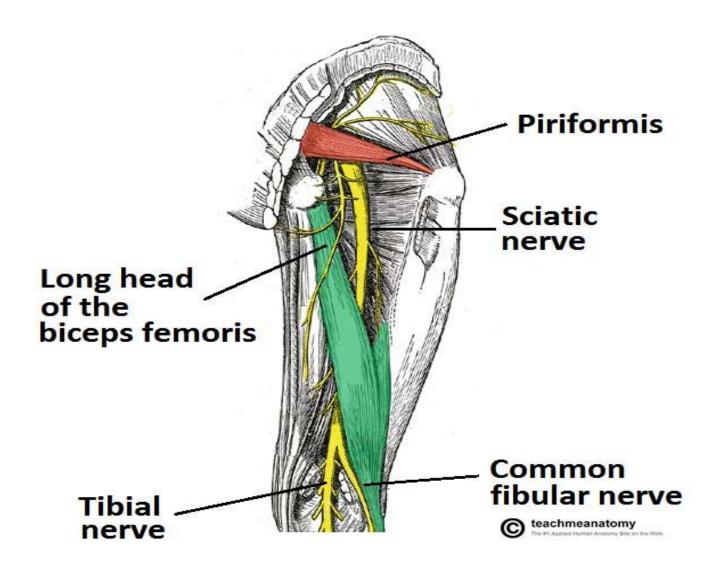
- -It leaves the pelvis through the greater sciatic foramen below piriformis .
- -It descends in the gluteal region and back of the thigh.

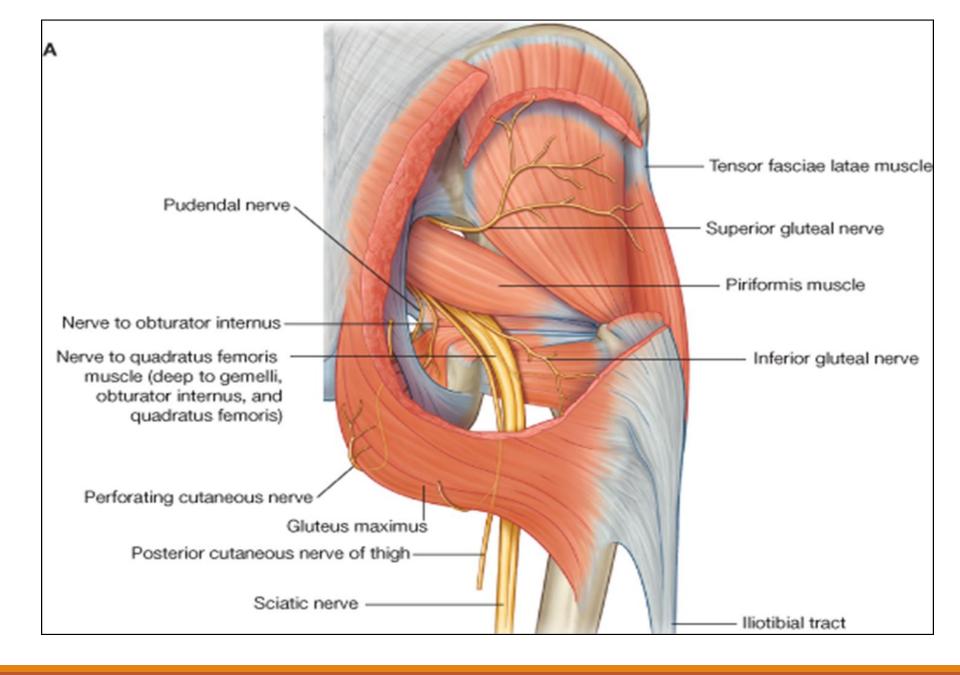
#### **Termination:**

It ends at the popliteal fossa by dividing into tibial and common fibular nerves .



#### **Sciatic nerve**





# **Tibial Nerve**

#### Origin:

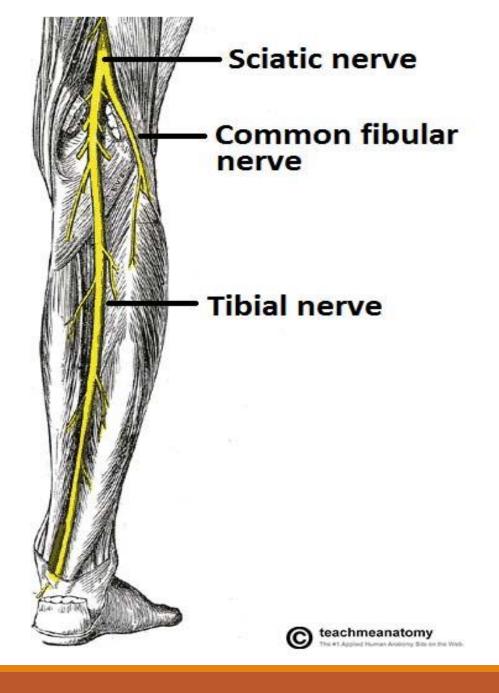
From Sciatic nerve at the popliteal fossa.

#### **Course:**

- ☐ It enters popliteal fossa from upper angle and leaves it at its lower angle to enter the leg.
- ☐ It passes between superficial and deep muscles of posterior compartment of the leg .

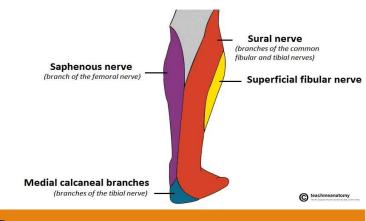
#### **Termination:**

It ends deep to flexor retinaculum by dividing into medial and lateral plantar nerves .



#### **Branches**





#### Muscular

# 1-Hamstring muscles except short head of biceps

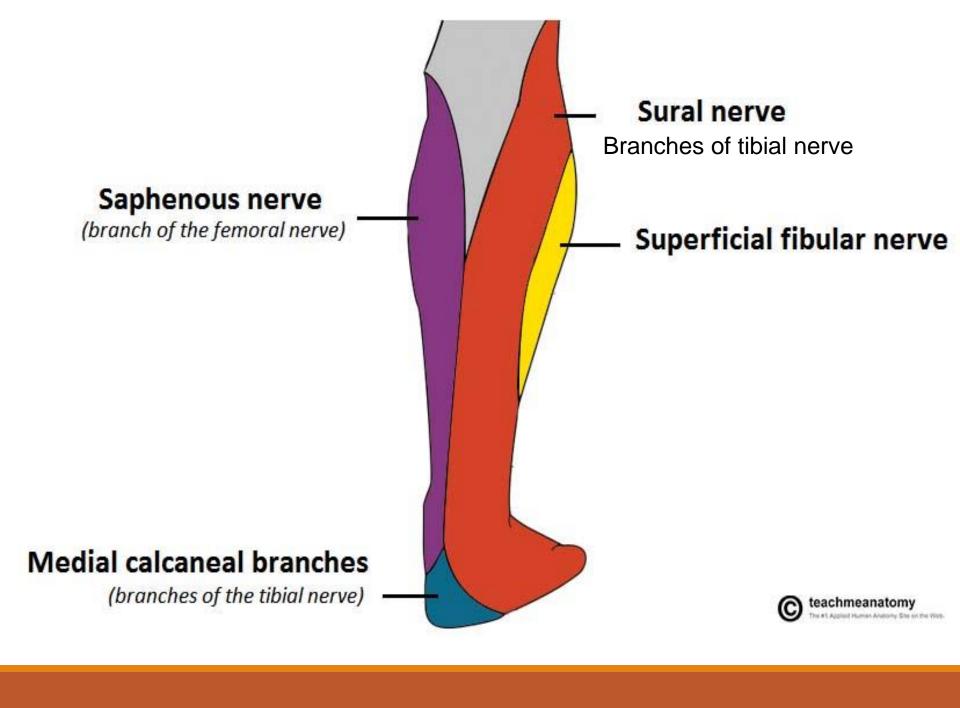
- 2-Gastrocnemius
- 3-Plantaris
- 4-Soleus
- 5-Popliteus
- 6-Flexor digitorum
- longus
- 7-Flexor hallucis longus
- 8-Tibialis posterior.

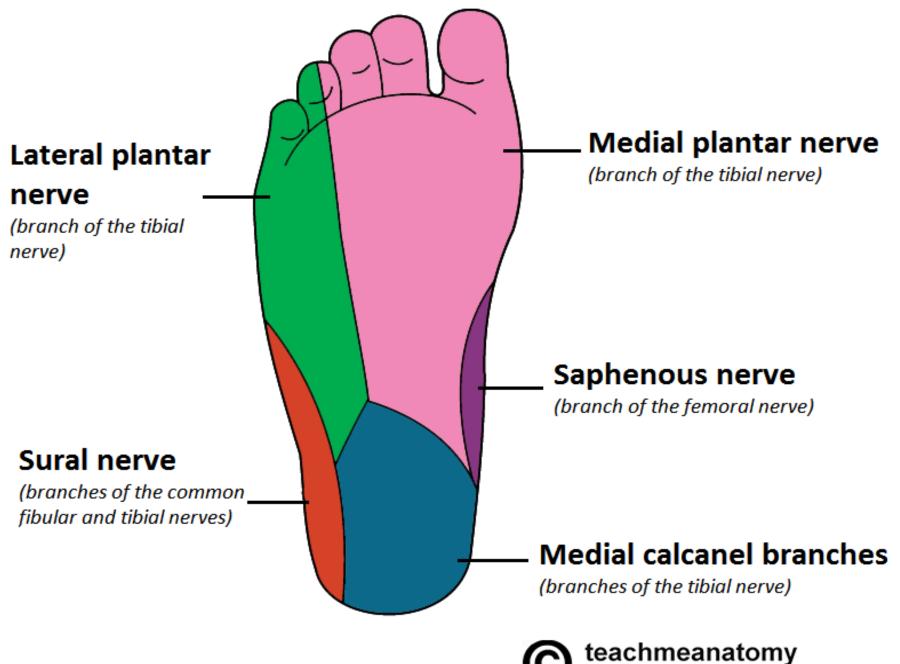
# 1- Sural nerve:

It supplies the skin of the calf , **lateral** border of the foot and the **lateral** side of the little toe

Sensory

- **2-Medial calcaneal branch:** supplies the skin over the medial surface of the heel.
- **3-Medial plantar nerve :**sensory to Medial 2/3 of sole and medial three and a half toes.
- **4-Lateral plantar nerve :**sensory to Lateral 1/3 of sole and lateral one and a half toes







## **Tibial nerve Injury**

#### Motor

**Sensory loss from:** 

Paralysis of muscles of the posterior compartment of the leg and foot muscles

Most of the sole of the foot - **EXCEPT** 

#### **Manifestation**

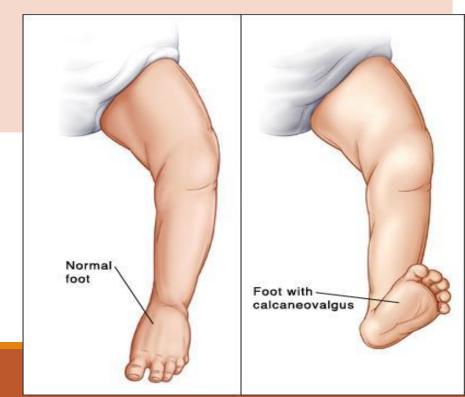
Small area on the medial side

Sensory

- -Weakness of planterflexion at the ankle
- -Foot is dorsiflexed and everted
- -Clawing of toes

**Deformity:** Calcaneovalgus





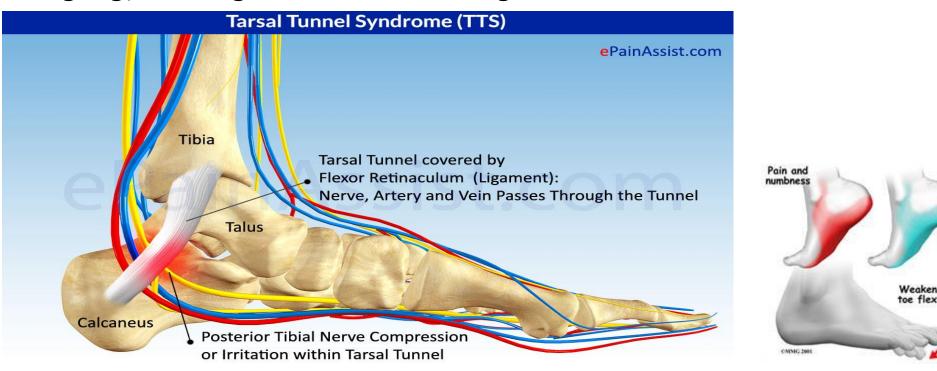
# **Tarsal Tunnel Syndrome**

Due to compression of Tibial nerve as it travels through the tarsal tunnel.

Tarsal tunnel is found under flexor retinculum

#### Symptoms

•Tingling, burning or numbness along the course of the nerve



# **Branches of medial and Lateral plantar nerve**

	Lateral plantar nerve	Medial plantar nerve
Motor	All muscles of sole of the foot <b>EXCEPT</b> muscles are supplied medial plantar nerve	<ol> <li>Abductor halluces</li> <li>Flexor digitorum         brevis</li> <li>Flexor hallucis brevis</li> <li>1st Lumbricals</li> </ol>
Sensory	Lateral 1/3 of sole and lateral one and a half toes	Medial 2/3 of sole and medial three and a half toes

#### **Common Fibular Nerve**

#### Origin:

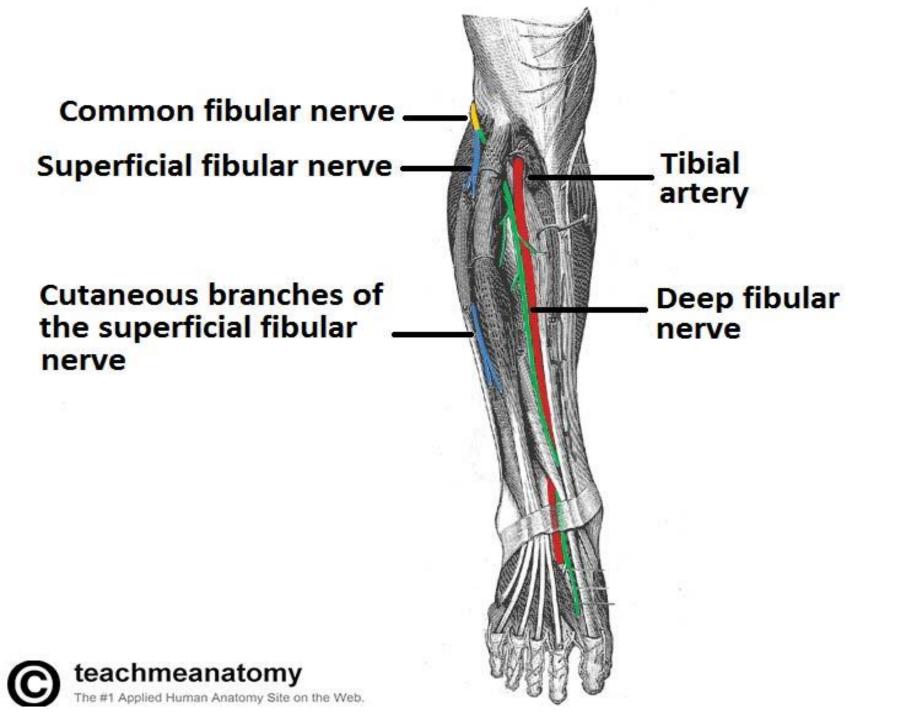
From Sciatic nerve at the popliteal fossa.

#### Course:

It descends from the superior to the lateral angle of the popliteal fossa close on the medial border of biceps femoris.

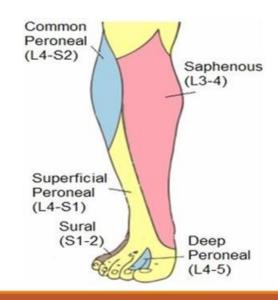
#### **Termination:**

It ends at the neck of fibula where it divides into superficial and deep peroneal nerves.



#### **Common Fibular Nerve**

#### **Branches**

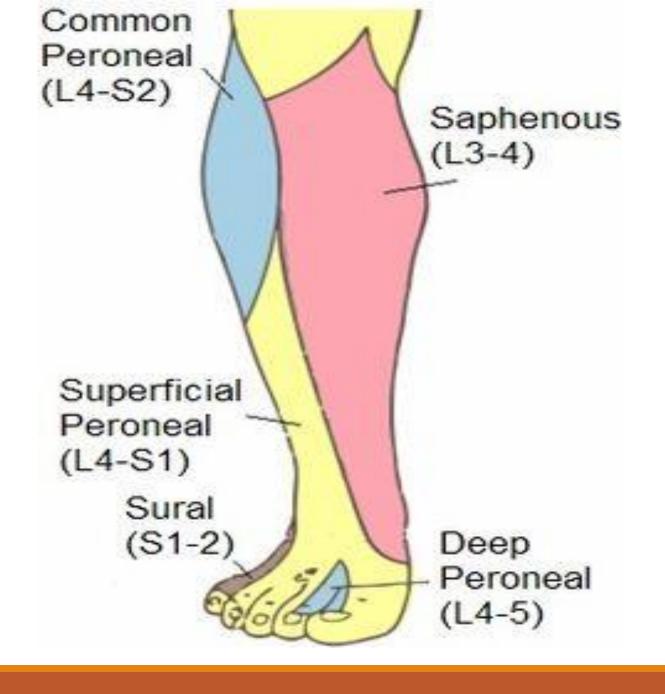


#### Muscular

# Sensory

Short head of 1-The lateral cutaneous Nerve of the biceps femoris. calf: It supplies the skin on the upper 2/3 of the antero-lateral side of the leg.

2-Sural communicating Nerve

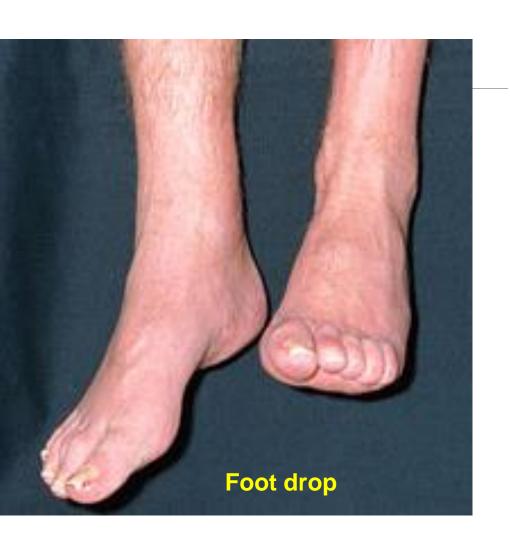


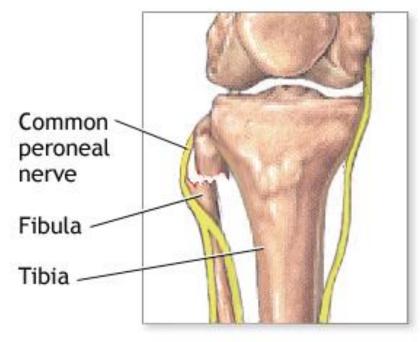
# **Injury of Common Fibular Nerve**

Cause: Most common cause is fracture neck fibula

**Effect:** 

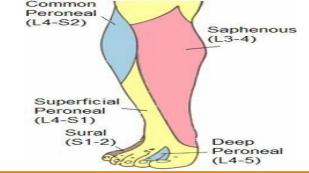
Motor	Sensory
Paralysis of muscles of the anterior compartment and lateral compartment of the leg  Manifestation -Loss of dorsiflexion at the ankle -Foot drop -Loss of eversion -Inversion of the foot is weakened	Sensory loss from:  -Anterolateral side of the legThe dorsum of the toes  EXCEPT the lateral side of the little toe and small are on the medial side of the dorsum of foot





Broken fibula causes damage to peroneal nerve





Muscular	Sensory
Muscles of anterior side of leg	Skin between big toe and second at dorsum of the foot

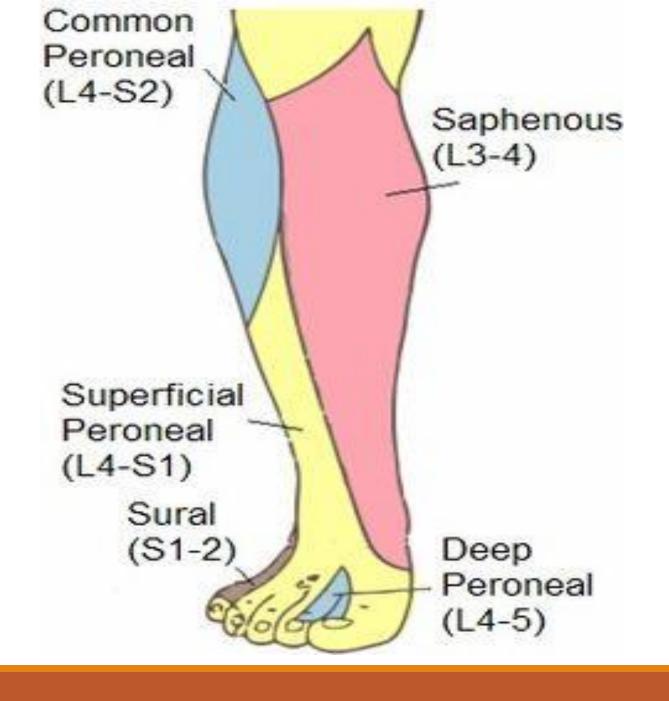
#### **Nerve Injury**

Motor	Sensory
Parlaysis of muscles of the anterior compartment of the leg Manifestation -Loss of dorsiflexion at the ankle -Foot drop -Inversion of the foot is weakened	Sensory loss from: Between big toe and second at dorsum of the foot

# **Superficial peroneal nerve**

Muscular	Sensory
Muscles of lateral	a. To the lower 1/3 of anterolateral side of leg.
side of leg	b. To intermediate area of dorsum of foot.





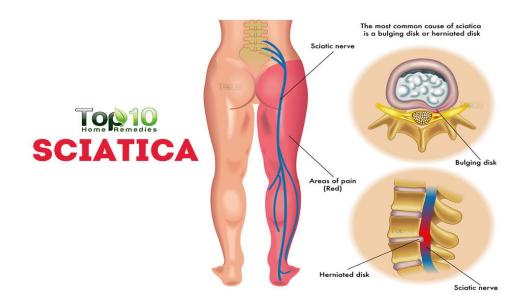
# **Sciatica**

#### Causes:

Prolapse of an intervertebral disc with pressure of one or more roots of lower lumbar or sacral nerves.

#### **Manifestation:**

Pain along the sensory distribution of the sciatic nerve as, posterior aspect of the thigh, the posterior and lateral sides of the leg.



# **Sciatic nerve Injury**

#### Causes:

- 1. Fractures of the pelvis
- 2. Posterior dislocations of the hip joint
- 3. Wrong intramuscular injections.

#### **Manifestation:**

#### **Motor:**

- 1-Week flexion of the knee
- 2-Foot drop

#### **Sensory:**

Loss of sensation below the knee, except for a narrow area down the medial side of the leg and the medial border of the foot.

# What the difference between injury of sciatic ,common peroneal and deep peroneal nerves ??



## **Mention Sensory nerve supply**

- 1. medial 2/3 of the sole
- 2. lateral 1/3 of the sole
- 3. The heal
- 4. Skin between big toe and second toe at dorsum of the foot
- 5. Skin of intermediate part of dorsum of the foot
- 6. Anterolateral side of the distal 1/3 of the leg
- 7. lateral border of the foot and the lateral side of the little toe
- 8. medial border of the foot

#### What are he deformities resulted from

Injury of Common Fibular nerve

Injury of tibial nerve

Injury of sciatic nerve

Injury of femoral nerve



# Thank You!!!

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