Lipids

Fatty acids ;

Numerical Symbol	Common Name and Structure	Comments
18:1 ^{Δ9}	Oleic acid	Omega-9 monounsaturated
18:2 ^{Δ9,12}	Linoleic acid	Omega-6 polyunsaturated
18:3 ^{Δ9,12,15}	α -Linolenic acid (ALA) $\omega \xrightarrow{15}_{6} \xrightarrow{12}_{9} \xrightarrow{9}_{6} \xrightarrow{\alpha}_{C-OH}$	Omega-3 polyunsaturated
20:4 ^{45,8,11,14}	Arachidonic acid	Omega-6 polyunsaturated
20:5 ^{45,8,11,14,17}	Eicosapentaenoic acid (EPA) $\omega \xrightarrow{17}_{6} \xrightarrow{14}_{9} \xrightarrow{10}_{8} \xrightarrow{5}_{0} \xrightarrow{\alpha}_{C-OH}$	Omega-3 polyunsaturated (fish oils)
22:6 ^{Δ4,7,10,13,16,19}	Docosahexaenoic acid (DHA) $\omega \xrightarrow{19}_{6} \xrightarrow{16}_{9} \xrightarrow{10}_{10} \xrightarrow{7}_{4} \xrightarrow{0}_{C-OH}^{0}$	Omega-3 polyunsaturated (fish oils)



Glycerophospholipids:



	Head group	
Phosphatidic acid	Н	
Phosphatidylcholine	Choline	
Lecithin		
Phosphatidylethanolamine	Ethanolamine	
Cephalins		
Phosphatidylserine	Serine	Abundant in brain
Cephalins		
Phosphatidylinositol		sends messages across cell
		membranes
		Brain tissues



Cardiolipin	3 molecules of glycerol, 4 fatty acids & 2 phosphate groups	Heart Inner membrane of mitochondria $\int_{R_2-C-0}^{0} - C-R_1 + CH_2 + 0 - P-0 - CH_2 + 0 -$
Plasmalogens	Precursor:	Ethanolamine plasmalogen
Phan Linksd Allows	Dinydroxyacetone	(Inyerin-hervous tissues)
	phosphate	Choline plasmalogen (cardiac
	Unsaturated fatty alcohol	tissue)
	at C1 connected by ether	Platelet activating factor
0 O Choline	bond In mammals: at C3;	Serine plasmalogens
3 CH ₂ -0-P-0-CH ₂ -CH ₂ -N ⁺ (CH ₃) ₃	phosphate + ethanolamine	
0.	or choline	
Plasmalogen		

Sphingolipids





component of the coating around nerve fibers. The group attached to C1 is a phosphocholine

GLYCOLIPIDS:

There are three types of glycolipids.

Cerebroside	Glucose-galactose	Simplest glycolipid
Ganglioside	glucose, galactose, and N- acetylgalactosamine also contain sialic acid.	Gangliosides are bound by cholera toxin in the human intestine facilitating its endocytosis into the cells.
Sulfatide	Synthesized from galactocerebroside	HN - CR = OH
Globoside	glucose, galactose, and N- acetylgalactosamine	No sialic acid

