# Introduction to Microbiology

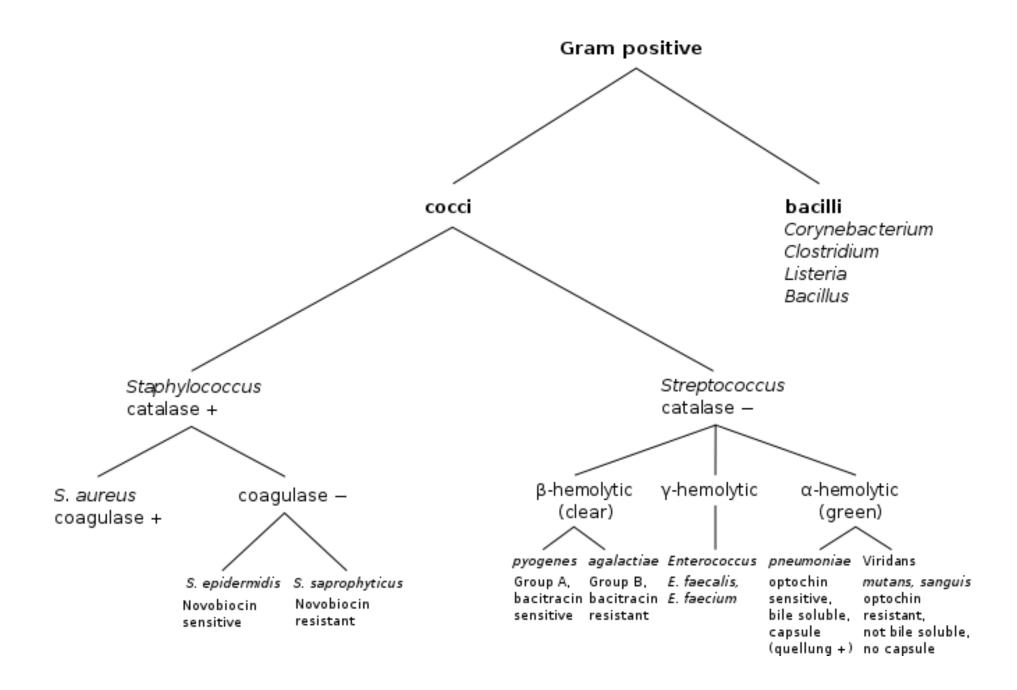


Anas Abu-Humaidan M.D. Ph.D.

### **Overview**

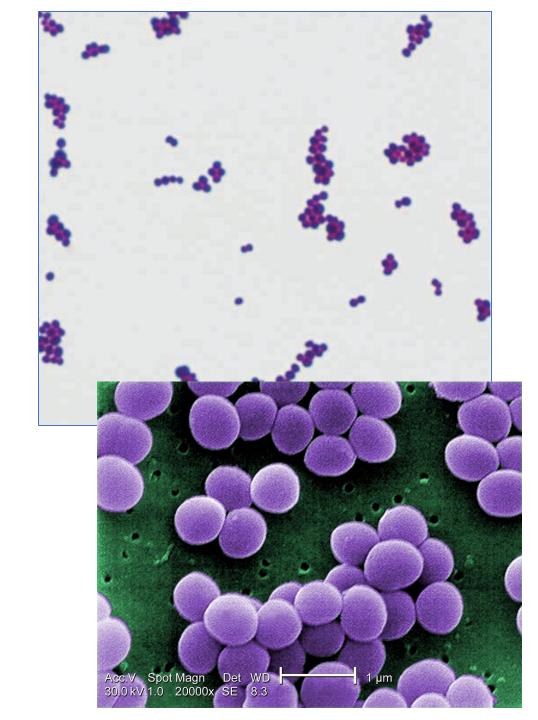
Bacterial genera that will be discussed this lecture are Gram positive cocci and that cause a variety of infections in the skin and mucus membranes, and can secrete a variety of toxins:

Staphylococci



## Staphylococci

- The staphylococci are gram-positive spherical cells, about 1 μm in diameter usually arranged in grapelike irregular clusters, it is non-motile.
- The four most frequently encountered species of clinical importance are Staphylococcus aureus, Staphylococcus epidermidis, Staphylococcus lugdunensis, and Staphylococcus saprophyticus.



### Staphylococci

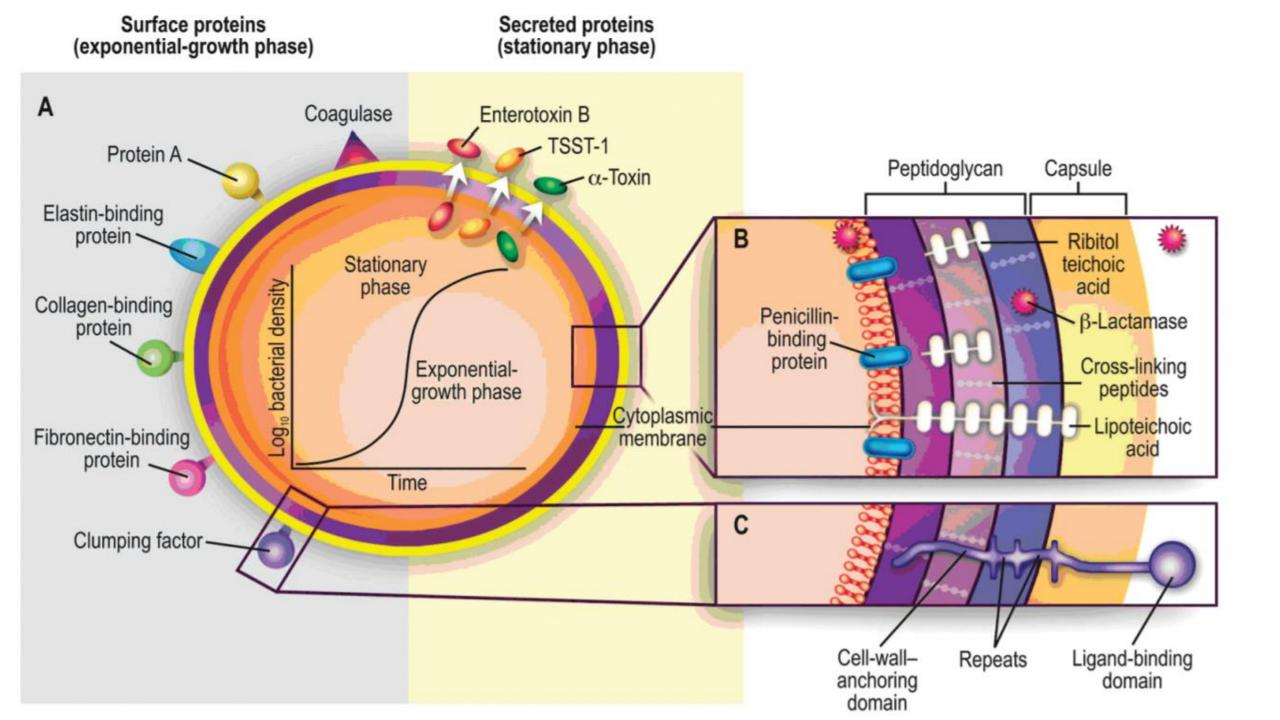
- *S aureus* is **coagulase positive**, The **coagulase-negative** staphylococci are normal human microbiota.
- Staphylococci produce **catalase**, which converts hydrogen peroxide into water and oxygen. The catalase test differentiates the **staphylococci**, which are **positive**, from the **streptococci**, which are **negative**.
- S aureus usually forms gray to deep golden yellow colonies. S epidermidis colonies usually are gray to white on primary isolation
- Various degrees of **hemolysis** are produced by *S aureus*.





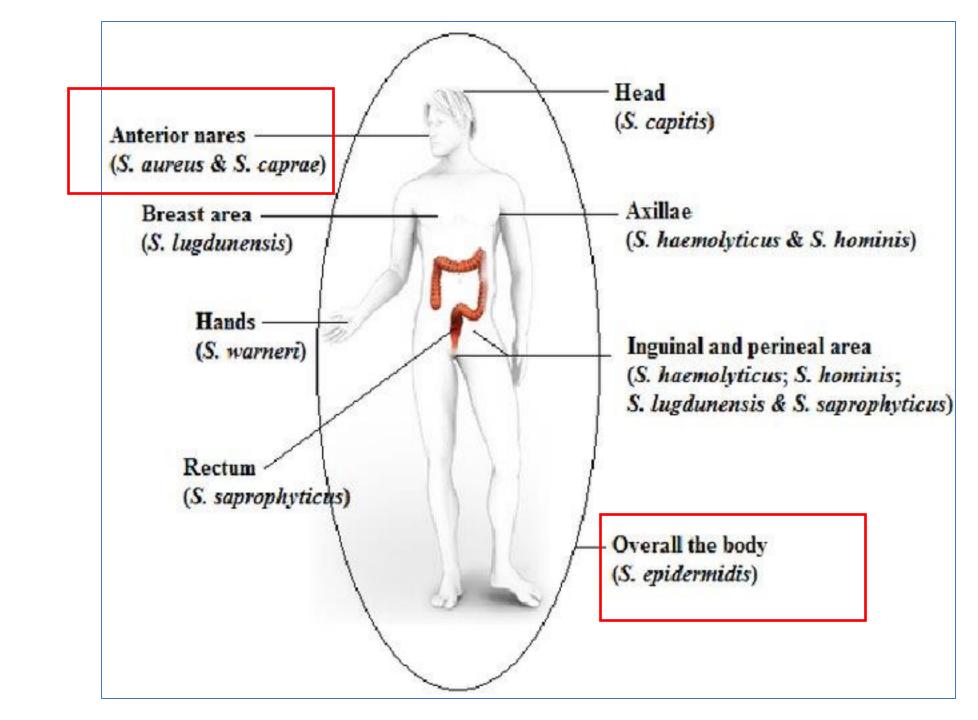
# Staphylococci / Structure and physiology

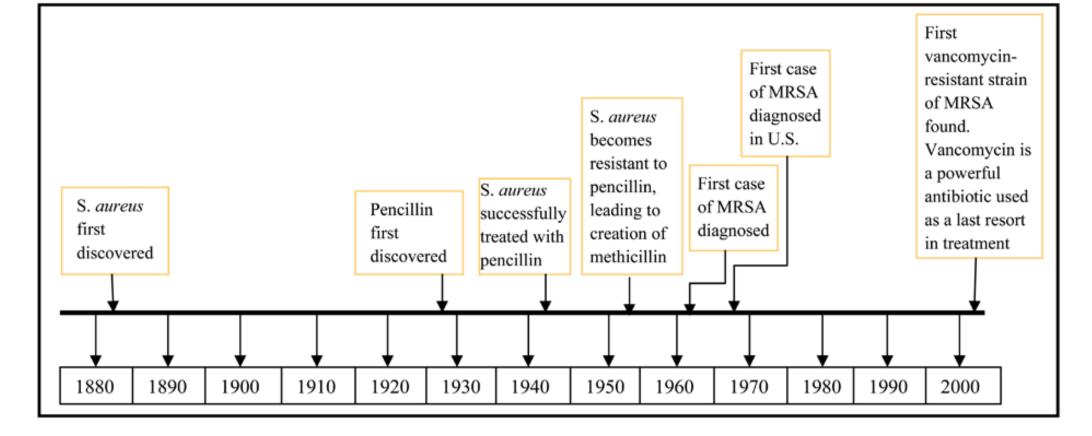
- Peptidoglycan in the cell wall activate the immune response (it can be a chemoattractant for polymorphonuclear leukocytes, have endotoxin-like activity, and activate complement.)
- Bacterial attachment to host cells is mediated by MSCRAMM (microbial surface components recognizing adhesive matrix molecules) proteins. and these are important virulence factors. (e.g. Protein A, clumping factor)
- Teichoic acids are cross-linked to the peptidoglycan and can be antigenic.
- Clumping factor A is a fibrinogen-binding protein present on the surface of S. aureus that binds to fibrinogen and coats the surface of the bacterial cells with fibrinogen molecules, additionally complicating the recognition process.



# Staphylococci / Epidemiology

- Staphylococci, particularly *S epidermidis*, are members of the normal microbiota of the human skin and respiratory and gastrointestinal tracts.
- Nasal carriage of *S aureus* occurs in 20–50% of humans, with a higher incidence reported for hospitalized patients, medical personnel, persons with eczematous skin diseases. Staphylococci are also found regularly on clothing, bed linens, and other fomites in human environments.





- Beginning in the 1980s, strains of Methicillin-resistant Staphylococcus aureus (MRSA) spread rapidly in susceptible hospitalized patients, dramatically changing the therapy available for preventing and treating staphylococcal infections.
- MRSA began as a hospital-acquired infection, but has become community-acquired as well as livestock-acquired.
- People with compromised immune systems (elderly, diabetics, HIV/AIDS), hospitalized
  patients and children are some of the susceptible groups to MRSA.

### **Staphylococci / Clinical correlations**

A localized staphylococcal infection appears as a "pimple," hair follicle infection, or abscess. There is usually an intense, localized, painful inflammatory reaction that undergoes central suppuration and heals quickly when the pus is drained.



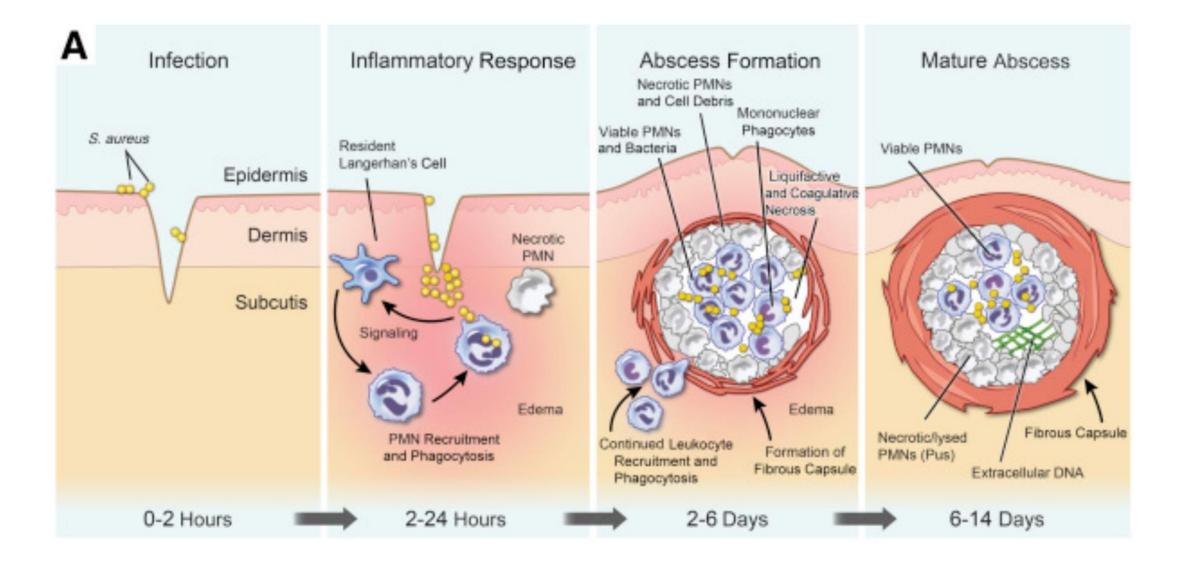


**Impetigo:** localized cutaneous infection characterized by pus-filled vesicle on an erythematous base

Folliculitis: impetigo involving hair follicles

Furuncles or boils: large, painful, pus-filled cutaneous nodules

**Carbuncles:** Coalescence of furuncles with extension into subcutaneous tissues and evidence of systemic disease (fever, chills, bacteremia)



### Staphylococci / Clinical correlations / Toxin mediated

• Staphylococcal food poisoning, one of the most common foodborne illnesses, is an intoxication rather than an infection, Disease is caused by heat stable bacterial toxin present in food rather than from a direct effect of the organisms on the patient. With a short incubation period (1–8 hours); violent nausea, vomiting, and diarrhea; and rapid convalescence.

• Staphylococcal scalded skin syndrome is a condition which predominantly affects infants

and children and causes a spectrum of skin lesions.

### **Toxin-Mediated Diseases**

**Scalded skin syndrome:** Disseminated desquamation of epithelium in infants; blisters with no organisms or leukocytes

**Food poisoning:** After consumption of food contaminated with heatstable enterotoxin, rapid onset of severe vomiting, diarrhea, and abdominal cramping, with resolution within 24 hours

**Toxic shock:** multisystem intoxication characterized initially by fever, hypotension, and a diffuse, macular, erythematous rash; high mortality without prompt antibiotic therapy and elimination of the focus of infection



# Staphylococci / Clinical correlations / Coagulase negative

S epidermidis infections are difficult to cure because they occur in prosthetic devices
where the bacteria can sequester themselves in a biofilm. staphylococci are a major cause
of endocarditis of artificial valves.

 More than 50% of all infections of catheters and shunts are caused by coagulasenegative staphylococci. These infections have become a major medical problem because long-dwelling catheters and shunts are used commonly for the medical management of

critically ill patients.

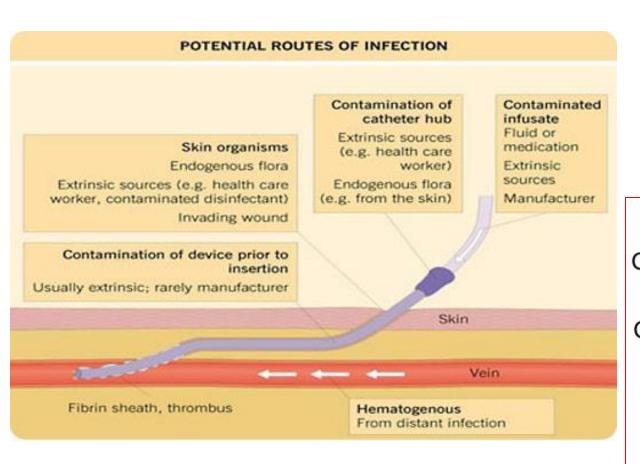
### Coagulase-Negative Staphylococcus Species

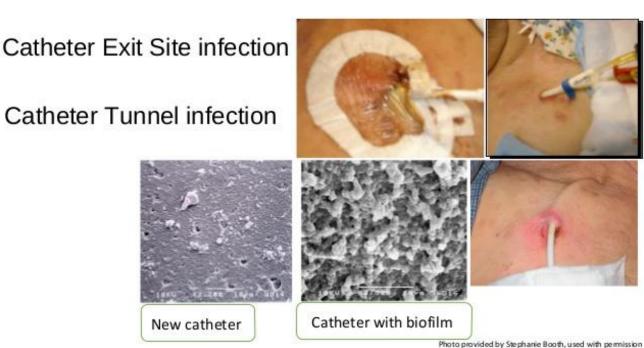
**Wound infections:** Characterized by erythema and pus at the site of a traumatic or surgical wound; infections with foreign bodies can be caused by *S. aureus* and coagulase-negative staphylococci

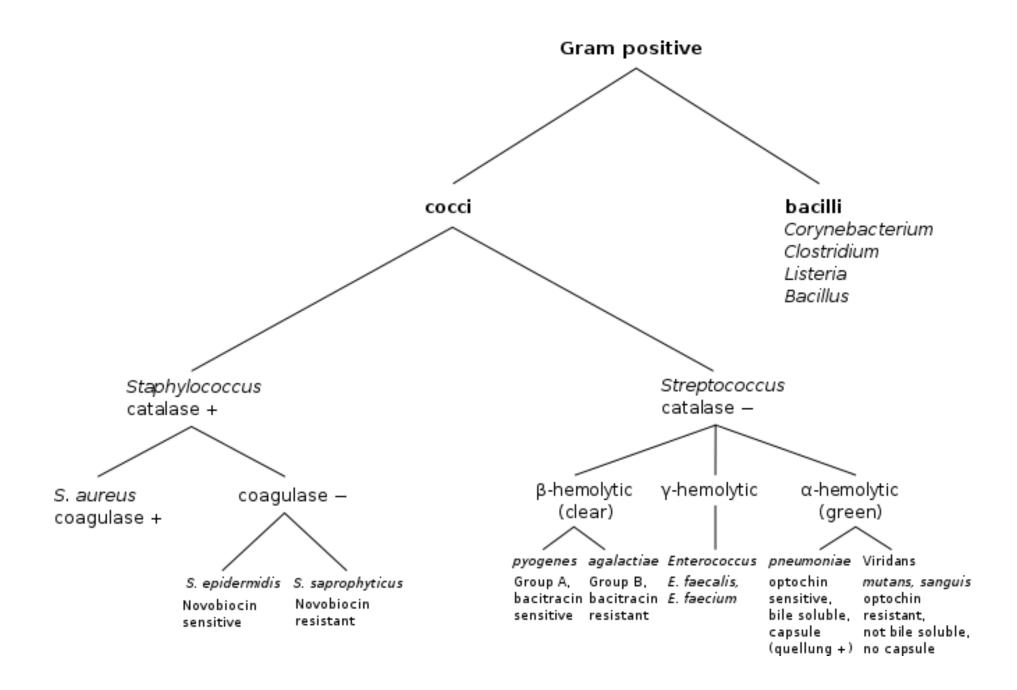
**Urinary tract infections:** Dysuria and pyuria in young sexually active women (*S. saprophyticus*), in patients with urinary catheters (other coagulase-negative staphylococci), or following seeding of the urinary tract by bacteremia (*S. aureus*)

**Catheter and shunt infections:** Chronic inflammatory response to bacteria coating a catheter or shunt (most commonly with coagulase-negative staphylococci)

**Prosthetic device infections:** Chronic infection of device characterized by localized pain and mechanical failure of the device (most commonly with coagulase-negative staphylococci)







### **Further reading:**

 Jawetz, Melnick & Adelberg's Medical Microbiology, 26th edition-Section 3: Bacteriology-

Chapter 13: The Staphylococci

Murray - Medical Microbiology 8th Edition

Section 4: Bacteriology

Chapter 18: STAPHYLOCOCCUS AND RELATED GRAM-POSITIVE COCCI