

Learning Goals

- You will understand the meaning of p-values, confidence intervals, and the null hypothesis.
- You will know the difference between data and information.
- You will know the differences between different types of variables.



Epidemiology and Statistics


$$\chi^2$$

There is a close relationship between the methods of epidemiology and the methods and philosophies of statistics.

Epidemiology and Statistics

53, 61, 62



DATA

The ages of Barack Obama, Angela Merkel,
and Vladimir Putin (as of mid-2015)



INFORMATION



Epidemiology and Statistics

What Is a “Variable”?

Math

A value that may change within the scope of a problem or situation (vs. a “constant”).

Research

A logical set of attributes (gender, age, etc.).

Computers

A symbolic name given to an unknown quantity.



Epidemiology and Statistics

What Is a “Variable”?

Math

x

Research

Age

Computers

A\$





Epidemiology and Statistics

Relationships Between Variables

In math we write the relationship between 2 variables as a “function”.

$$\text{e.g. } F(x) = 210 - x$$



Epidemiology and Statistics

Relationships Between Variables

In math we write the relationship between 2 variables as a “function”

$$\text{e.g. } F(x) = 210 - x$$

Maybe this is the relationship between age and maximum attainable heart rate.



$$F(x) = \text{max heart rate} = \text{HR}$$

$$x = \text{age}$$

Epidemiology and Statistics

Relationships Between Variables

In Mathematics

Dependent

Independent

$$HR = 210 - x$$

Outcome

Exposure

In Epidemiology

Epidemiology and Statistics

Relationships Between Variables

Cancer Rate = 210 – smoking rate

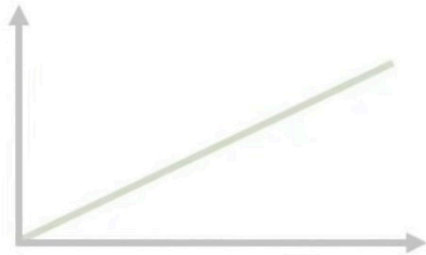
↑
Outcome

↑
Exposure

In Epidemiology

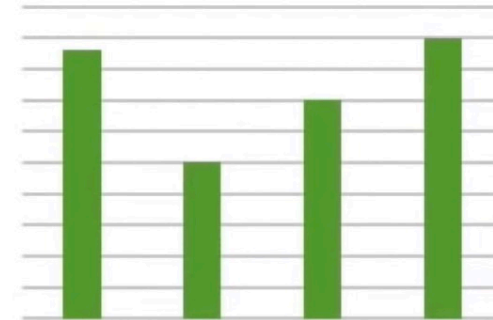
Types of Variables

There Are Two Broad Flavours of Variables



Continuous

Age, height, distance,
temperature...

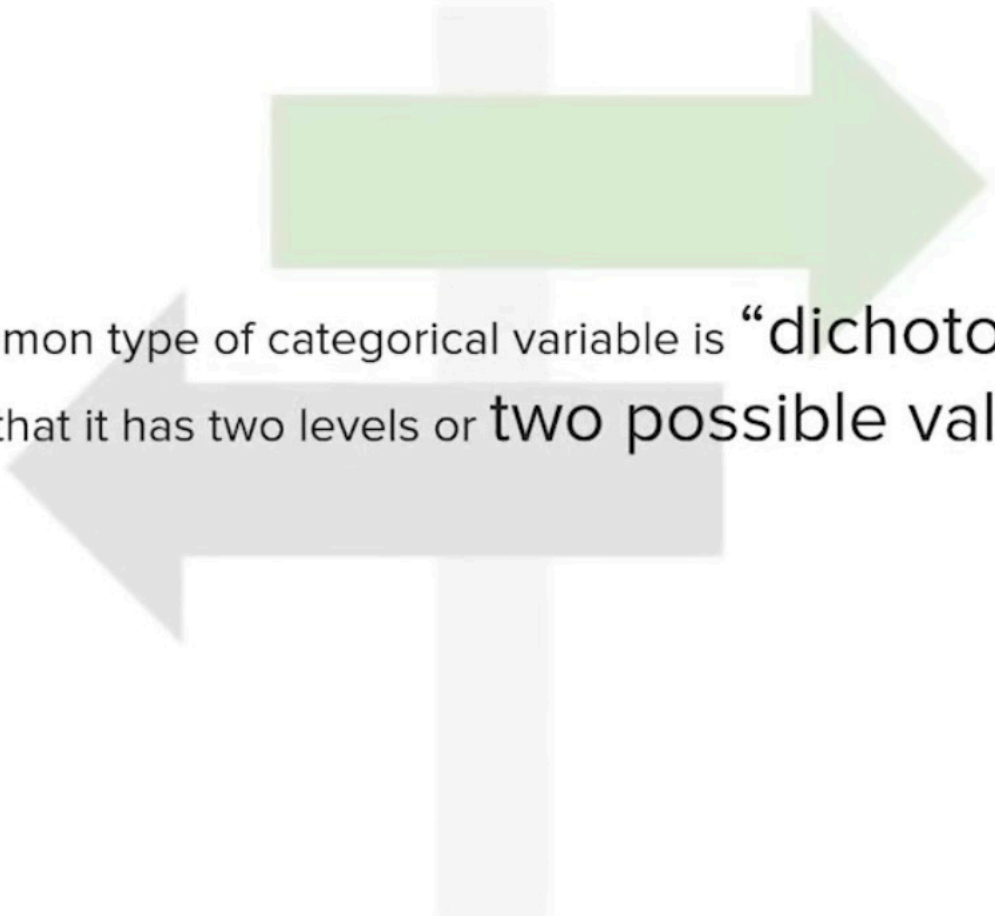


Categorical
(also called “Discrete”)

Age group, gender, number
of siblings, citizenship, race...



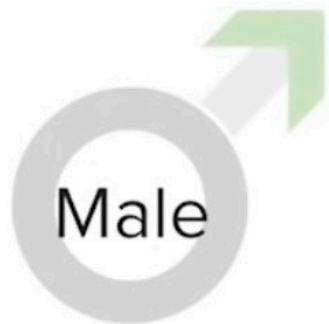
Dichotomous Variables



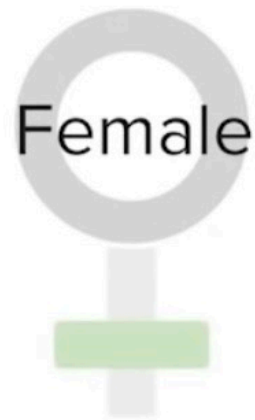
The most common type of categorical variable is “dichotomous”, meaning that it has two levels or **two possible values**.

Dichotomous Variables

Gender



VS.



Dichotomous Variables

Employment status

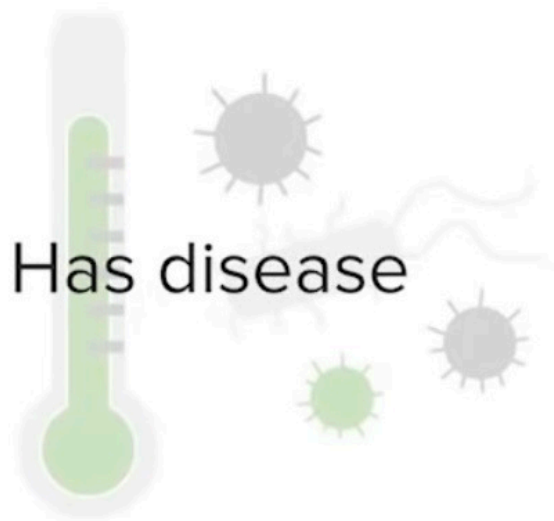


VS.



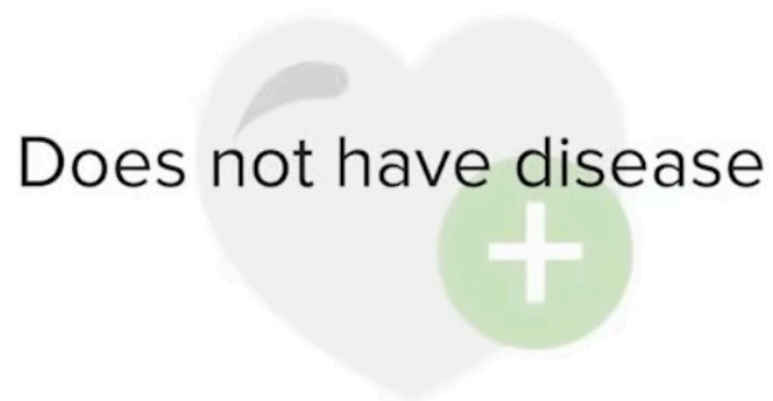
Dichotomous Variables

Disease status



Has disease

VS.



Does not have disease

Dichotomous Variables

Court outcome

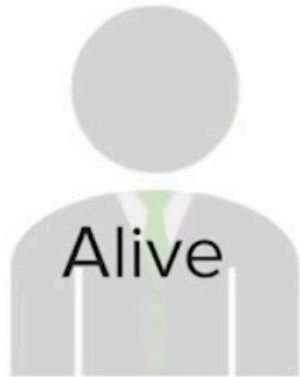


VS.



Dichotomous Variables

Emergency therapy outcome



VS.



Dichotomous Variables

“Dichotomize” means to convert
a non-dichotomous variable to a dichotomous one.

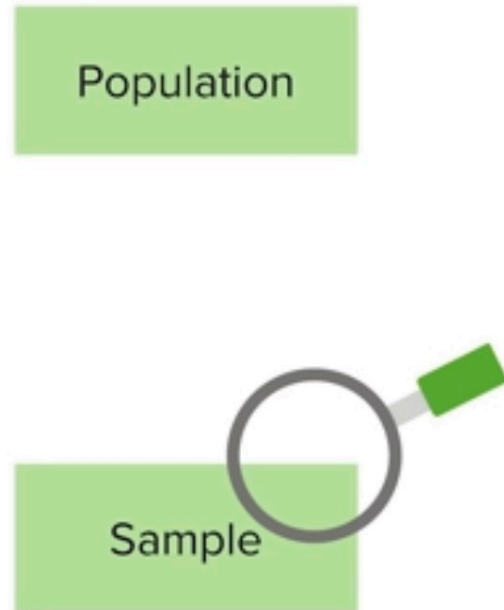


Categorizing Continuous Variables

We can also create categorical variables with more levels.

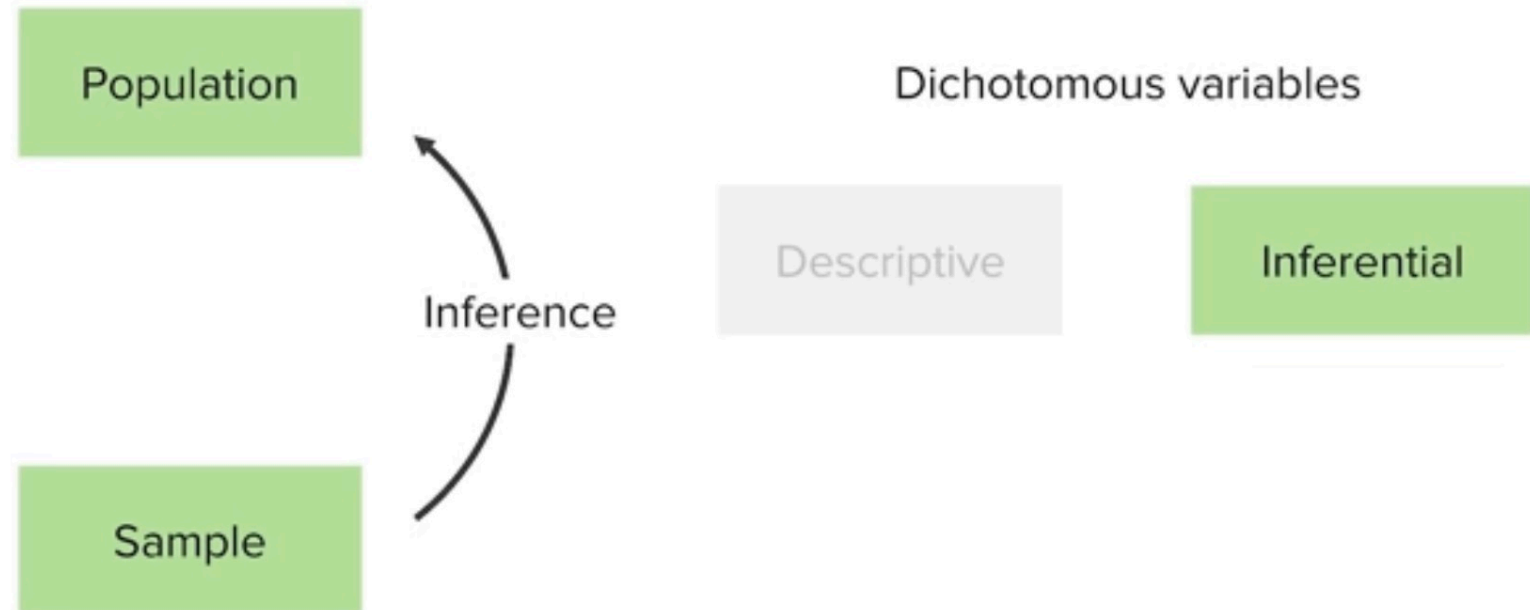


Sampling



When doing population research, we often need to perform analyses upon a sample of the larger population.

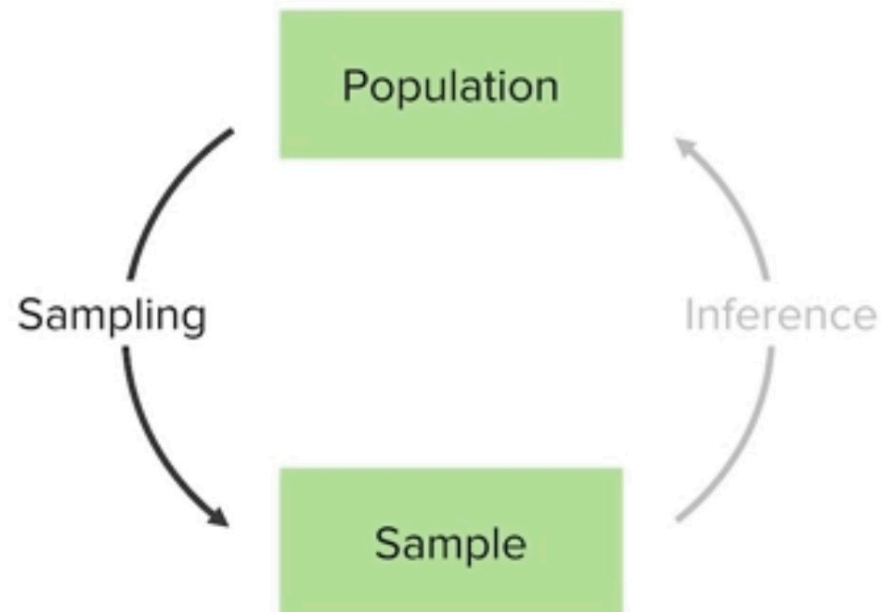
Sampling



We perform statistical analyses upon a sample, from which we infer characteristics of the larger population, which is also called the “reference population”.



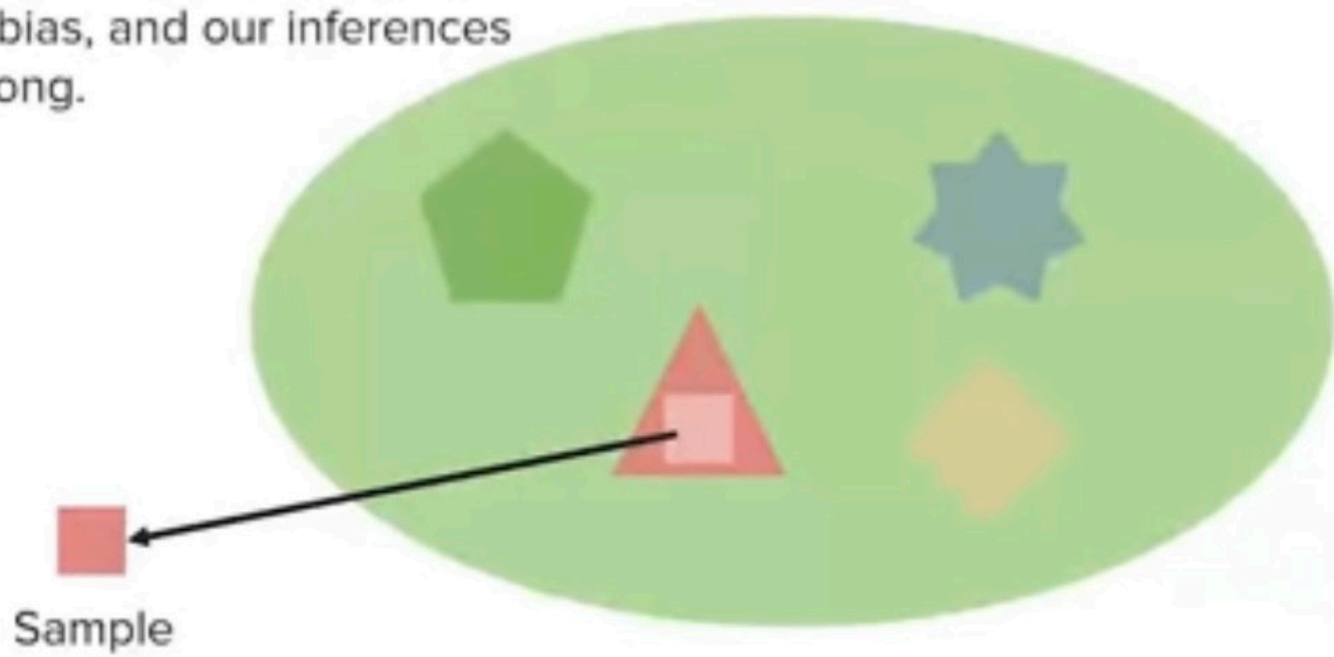
Sampling



The statistics and epidemiologic approaches we use are affected by the assumptions of the sampling strategies used.

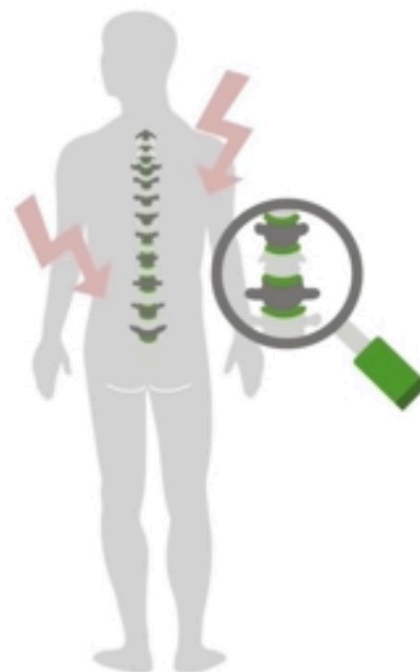
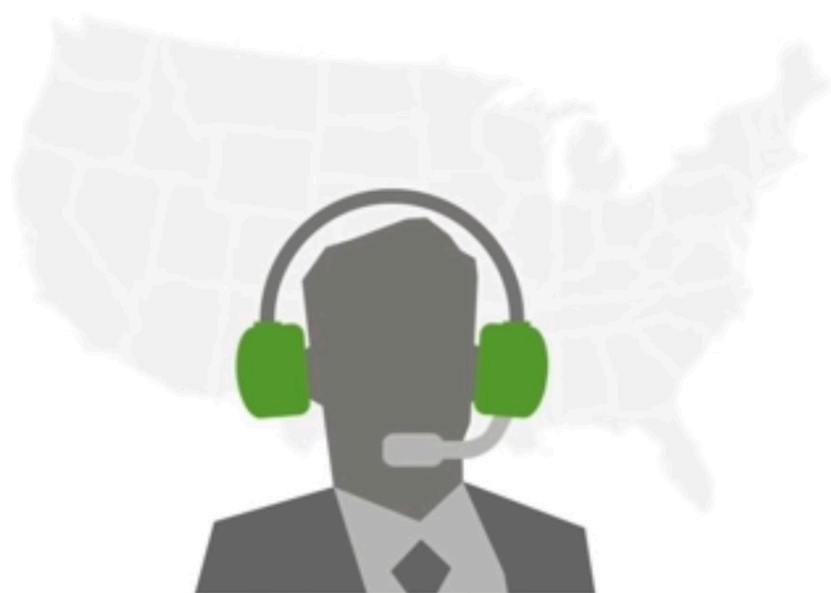
Sampling

If the sample is **not representative** of the population, then we have sampling bias, and our inferences will be wrong.



Sampling

Example



Let's say you want to run a telephone survey in the USA to measure the prevalence rate of perceived back pain.

Sampling

Example

To whom do you wish to generalize?



All adults in the USA.

Reference population

What population can you access?



Those with telephones.

Study/Accessible population

How can you access them?



Purchase a block of listed numbers from a phone company.

Sampling frame

Who is in your study?

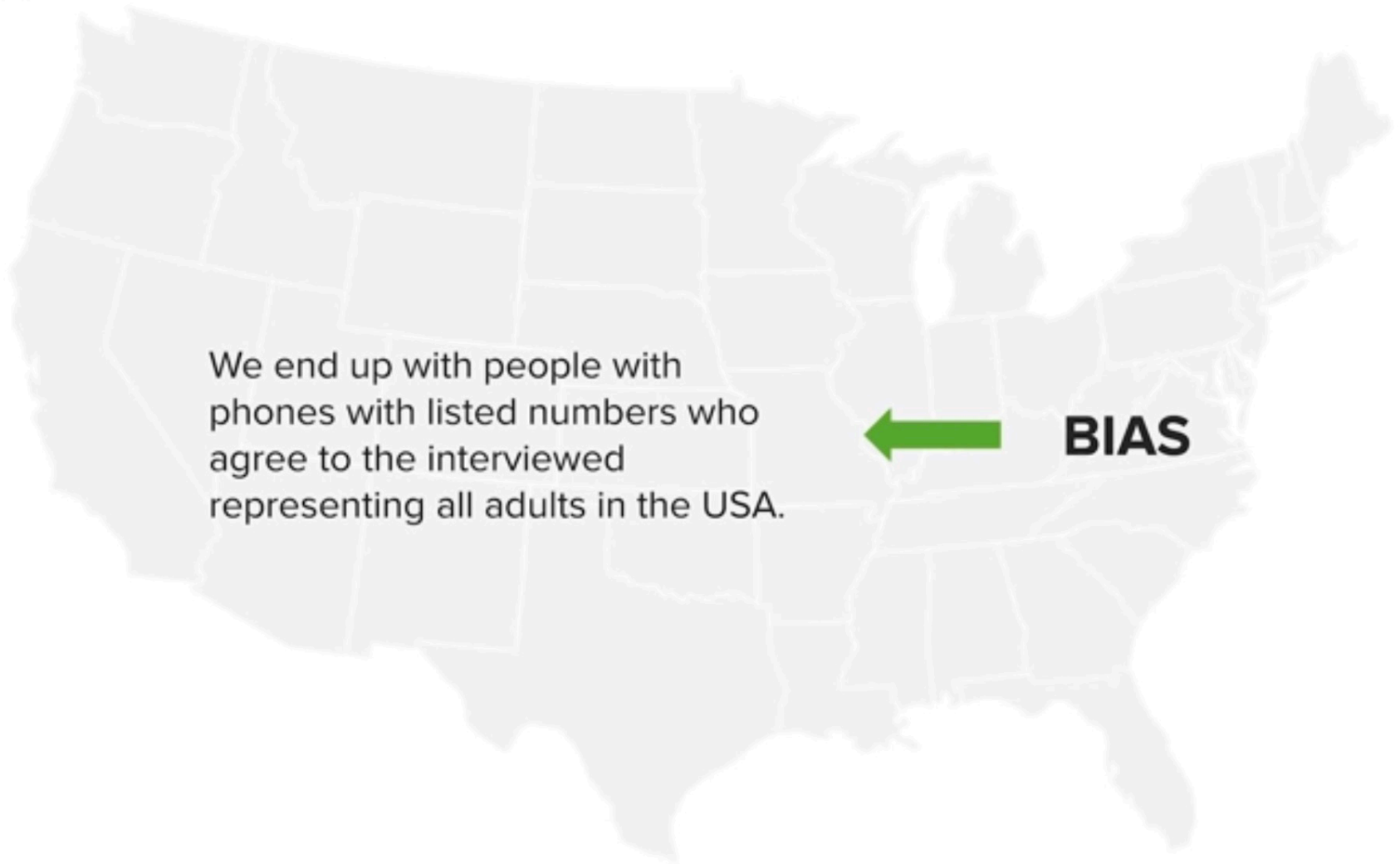


Those who answer the phone and agree to participate.

Sample

Sampling

Example



The Null Hypothesis



What is it?

It is a statement that there is no relationship between the variables we are testing.

The Null Hypothesis

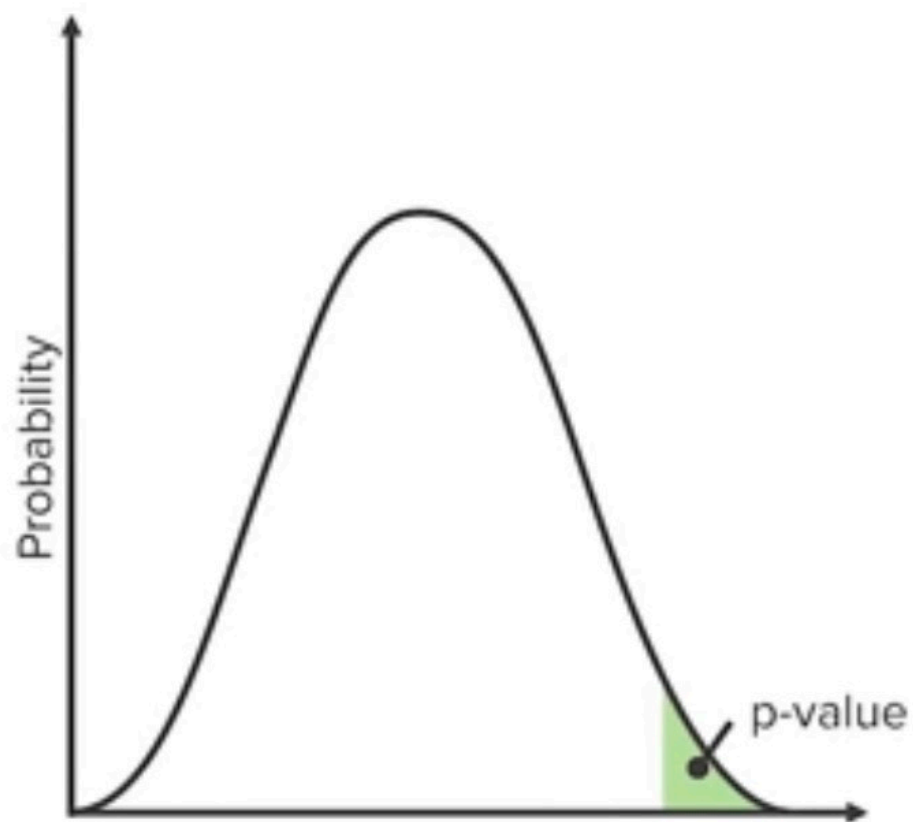


Why do we care?

Statistical tests allow us to either “reject” or “fail to reject” the null hypothesis.

The p-Value

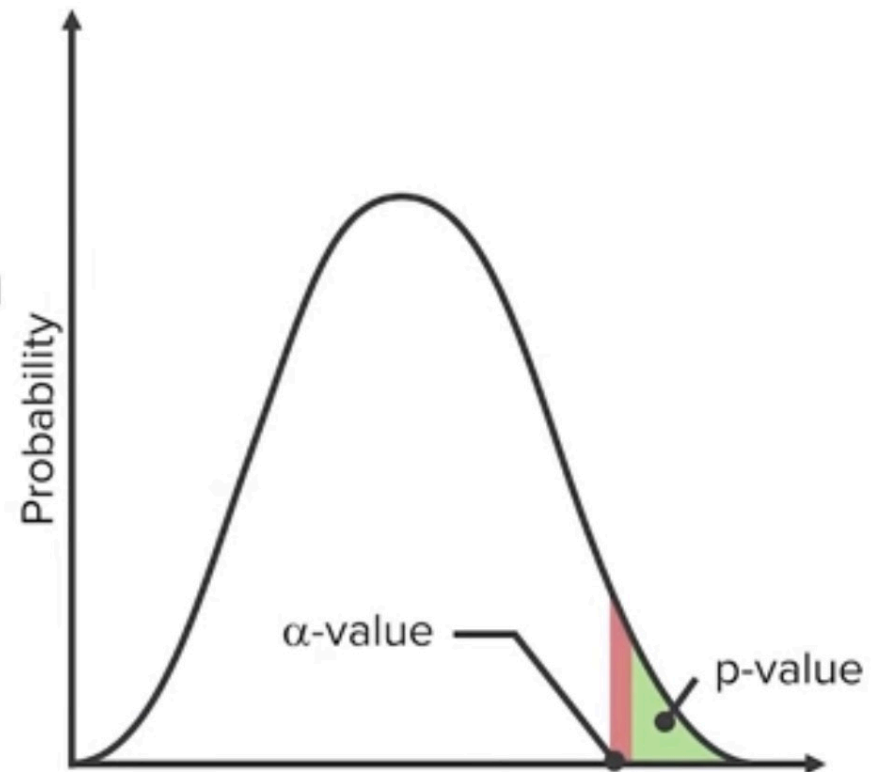
A “p-value” is computed from a statistical test. It tells us whether we **should reject the null hypothesis**.



The p-Value

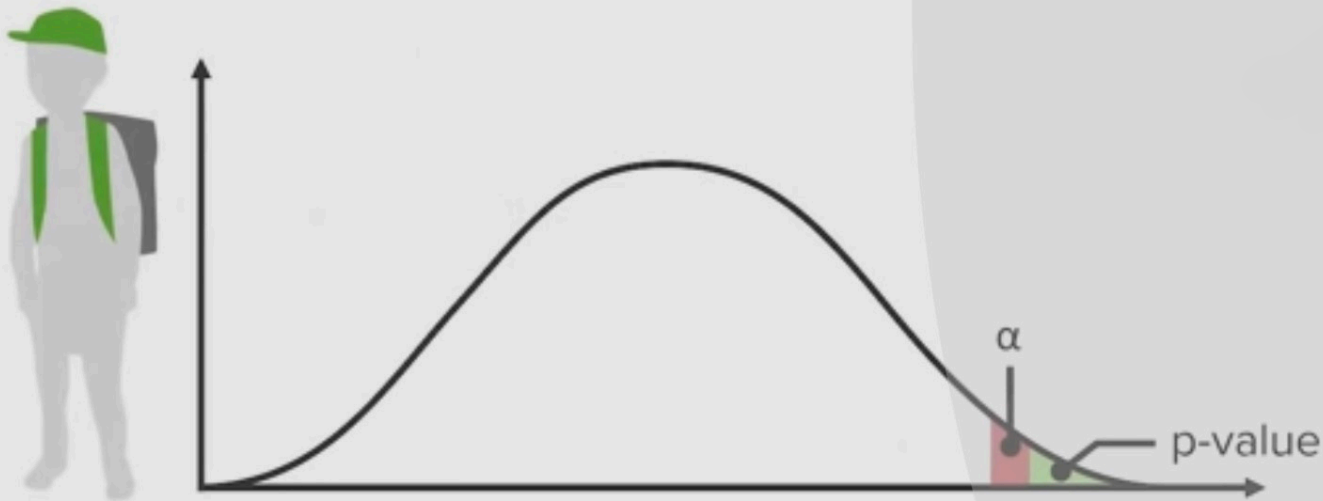
Whether or not we reject the null is determined by whether the p-value is **below a certain cut-off**, which we call the alpha value.

Traditionally, we tend to set alpha at either 0.05 or 0.01.



The p-Value

For example, if we are testing whether the average heights of two groups of children are different, and perform a t-test to produce a p-value of 0.02, setting $\alpha = 0.05$, we can conclude that **null hypothesis is rejected** and that the two groups do indeed have different average heights.



The p-Value



A convenient, though inaccurate, interpretation is that the p-value is the probability that your result was due to chance.



More accurately, the p-value is the probability of your test incorrectly rejecting the null, when indeed the null hypothesis is true.

The p-Value

”

A useful memory aid:

“If the p is low, the null (hypothesis) must go.”



Confidence Intervals

A confidence interval is another way to express a statistical result along with its significance level, without having to use a p-value.



Example: The mean age of university students is

21 years (18, 21.5).

The actual parameter “point estimate”.

Confidence Intervals

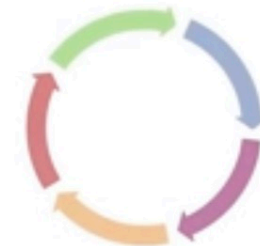
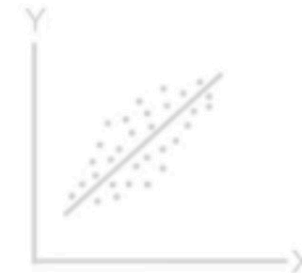
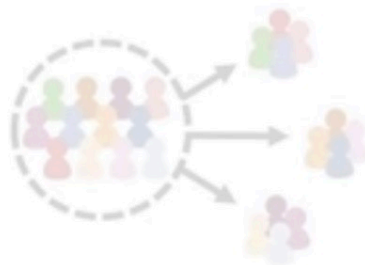
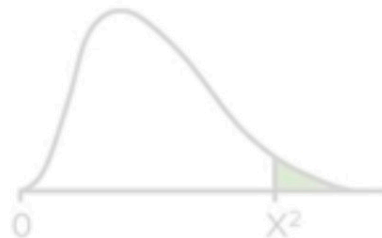
A confidence interval is another way to express a statistical result along with its significance level, without having to use a p-value.



Example: The mean age of university students is
21 years (18, 21.5).

The “confidence interval” of the parameter estimate.

Commonly Used Statistical Tests



T-test	Chi-square	ANOVA	Correlation	Regression
For comparing means of two groups, or mean of one group to an external standard.	For determining whether two categorical variables are associated with one another.	For comparing means of three or more groups, and/or across multiple domains.	For determining whether two continuous variables are related.	For establishing the influence of one variable on an outcome variable.

Learning Outcomes

- ✓ You understand the meaning of p-values, confidence intervals, and the null hypothesis.
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