

- 1. Which statement is correct regarding a wedge-shaped population pyramid?
- A. High birth rate, high death rate, low growth rate
- B. High birth rate and low death rate, high growth rate
- C. Typical of a developed country in evolved demographic equilibrium
- D. High birth rate and low death rate, high growth rate
- E. Typical of an underdeveloped country in primitive demographic equilibrium

Ans: D

- 2. Which of the following is from the indoor biological pollutants?
- A. Tobacco smoke
- B. Carbon monoxide
- C.radon
- D. Hair of pet
- E.non of the above

Ans: D

- 3. What is the term for eliminating any reinforcement that is maintaining a behavior?
- A. Extinction
- B. Negative reinforcement
- C. Positive reinforcement
- D. Punishment

Ans: A

- 4. What is the term that describes a disease that is imported into a country in which it does not otherwise occur"
- A. exotic
- B. sporadic

Ans: A

- 5. Which of the following is correct regarding Adam's theory?
- A)Individuals are motivated by performance and the expected outcomes of their own behaviours
- B) Individuals are motivated when they perceive that they are treated equitably in comparison to others within the organization
- C)By establishing goals and taking action to achieve those goals

Ans: B

- 6.In Maslow's Hierarchy of Needs, if someone achieves esteem needs, it is expected that they may not necessarily strive to achieve:
- A. Employment
- B. Belonging
- C. Affection
- D. Safety
- E. Autonomy

Ans: E

7. Which one is not an objective of MCH services?

- A. To reduce morbidity and mortality among mothers and children.
- B. To reduce the risk of STDs.
- C. To reduce domestic and sexual violence without ensuring proper management of the victims.

Ans: C

- 8. The most sensitive indicator for maternal health..
- A. Maternal mortality
- B. Weight pregancy
- C. Neonatal care

Ans: A

- 9. Which intervention model is most effective in environmental protection:
- A. Clinical intervention,
- B. Environmental steward intervention,
- C.Public health intervention,
- D.All of the above have equal effectiveness
- E. None of the above

Ans: B

10. Among the given options, which one is classified as a secondary pollutant?A.SO3B.SO2
C.NO
D.NO2
E.CO
Ans: A&D (this question was deleted)
11. according to "The Adolescent Brain" activity the second rapid growing phase of brain
A. 0-3
B. 9-14
C. 3-9
Ans: B
12. which one is human hazard ?
A)microorganisms
B)animal allergens
C) toxic from electrical generation plants
D)insects
E)all are human hazard
Ans: C
13.which of the following is/are correct
I-adequacy is sufficient service to fulfill community demand
II-gender equality is one of the principles of PHC
III-comprehensive medical care covers all problems
A. III&II
B.II
C. II&I
D. III
E. All of them are correct
Ans. D
Ans: D

14. occupational hazards includes? A. physical B. chemical C. biological D. psychological E. all of the above Ans: E 15. which is considered a man made pollutant? A. power plants B. all pollutants are man made Ans: A 16.which isnt a mechanical hazard? A. falling B. slipping C. enstranglement D. Ionizing radiation Ans: E 18. Which of the following is related to stress and overwork: A. Deficiency of vitamin D B. burnout C. Team design Ans: B 19. Cause of periantal mortality (PNM): A.Sepsis B. Premature delivery

Ans: E

C.cord prolaps

E.All of them

D. Placental abruption

- 20. What is true about low brith weight:
- A. Doesn't have hiegher mortality in comparison with fetuses of normal weight.
- B. They may develop hearing and visual defects.
- C. Anemia doesn't cause low brith weight.
- D. All are wrong.

Ans: B

- 21. Internal parts of SWOT
- A. Weaknesses & opportunities
- B. Threats & strengths
- C. strengths & weaknesses
- D. Threats & opportunities

Ans: D

- 22. Mission statement of the organization :
- A. Purpose
- B. Future
- C. Culture

Ans: A

- 23. Which of the following is an example of hygienes according to Herzberg
- A. Responsibility
- B. Work condition
- C. Achievement

Ans: B

- 24. What is true about health spectrum:
- A. the lowest level of health is positive health
- B. The highest level of health is death
- C. Human health is subjected to fine variations
- D. change between levels is usually sudden

Ans: C

- 25. On of the following is true realted to poor diet and physical activity reason:
- A. Recreational screen time is one of reasons for low prevalence of both insufficient physical activity and disturbed sleep.
- B. males have less activity tha females
- C. Threats to adequate nutrition may relate to socioeconomic circumstances, lifestyle, eating behaviors and underlying psychosocial factors.

Ans: C

- 26. What is the foundation component of the framework?
- A. Responsive caregiving
- B. Good health
- C. Opportunities for early learning

Ans: A

- 27. Which of the following is correct about secondary health care:
- A. It is first referral level
- B. It is scondary referral level
- C. Offer super-specialist care

Ans: A

- 28. The challenging to diagnose PPD:
- A. It start between 2 week and 6 months after delivary
- B. Changing in sleep , appetite and excessive fatigue being routine for women after delivary
- C. It is major depressive disorder (MDD) with specifier of postpertum onset within 1 month after childbirth

Ans: B

- 29. One of the followin is not of one of MHC services:
- A.reducing unplanned or unwanted pregnanies
- B.reducing perinatal and neonatal morbidity and mortality
- C.reducing the risk of sexually transmitted disease
- D. reducing domestic and sexual violence without proper management of the victims
- E. All of them is one of MHC services

Ans: D

- 30. Which of the following is the best treatment for moderately dependent and high dependent individuals:

 A. Nicotine patch and gum

 B. Varenicline

 C. Bupronpion and patch
- Ans: A
- 31. What month is the influenza vaccine taken in jordan:
- A. September
- B. October
- C. November

Ans: B

- 32. Which vaccine is given to children
- A. Pcv20
- B. Pcv13
- C. Pcv15
- D. Pcv23
- E. Pcv17

Ans: c

- 33. The term that expresses a high level of infection beginning early in life and affecting most of the child population leading to state of equilibrium:
- A. Holoendemic
- B. Hyperendemic
- C. Endemic

Ans: A

- 34. Which of the following is incorrect about preeclampsia:
- A. Family history increases chances
- B. develops after 20 weeks gestation
- C. can develop into eclampsia which is epiliptic spasms
- D. Systolic and diastolic blood pressure reading of >120 and >60 mmHg, respectivly, one time

Ans: D

- 35. what is incorrect about MMR vaccine?
- A. jordan doesn't provide it for girls and women in the vaccine plan
- B. because it is attenuated and weakened it can be safely given to pregnant women
- C. measles is a infection that commonly affects kids
- D. can cause conginital measles

Ans: B

- 36. which is incorrect about anemia?
- A. dilutional anemia happenes when RBC production is much more than plasma production
- B. smoking and alcohol is a risk factor for anemia
- C. Folate deficiency can cause neural tube defects

Ans:A

- 37. A realtion ship cause of IPV (intimate partner violence)
- A. conflict or dissatisfaction in the family
- B. Fear of retaliation
- C. Concern for their children

Ans:A

- 38. what is correct about GDM?
- A. GDM is hyperglycemia that develops during first trimester
- B. GDM resolves after pregnancy
- C. family history of GDM isnt a risk factor
- D. GDM doesnt increases chances of developing type 2 diabetes

Ans: B

- 39. which of the following isnt an aspect of mental health dimension?
- A. free from internal conflict
- B. self aware
- C. good sled control
- D. coping with stress
- E. self efficacy and self esteem

Ans: E

- 40. What is the correct order of stages of team development accounding to Tuckman model:
- A. Storming, forming, norming, performing, adjouring
- B. forming, Storming, norming, adjouring, performing
- C. forming, Storming, norming, performing, adjouring

Ans: C

- 41. whats considered a food contaminant?
- A. biological
- B. chemical
- C. physical
- D. all of the above
- E. food can never be contaminated if cooked well

Ans: D

- 42. best nicotine cessation for ischemic heart disease patient?
- A. Bupropion
- B. Patch+gum
- C. behavioral therapy

Ans: C

- 43. Which of the following is incorrect about ANC:
- A. In low and middle income countries, ANC utilization has increased since the introduction of the WHO ANC model, known as focused ANC (FANC)
- B. It is planned examination, observation and guidance given to the pregnant woman from conception till the time of labor
- C. The first visit or initial visit should be made as early is pregnancy as possible
- D. FANC model is associated with more maternal deaths than ANC.

Ans: D

44. Which of the following is correct about Tripod Neglet:

Ans: intersectoral collaboration

- 45. All of the followin are correct exept:
- A. The 73.3life expectancy at birth and fertility rate is 2.8.
- B. The top two cause of death for female and male are same in jordan
- C. Fertility rate is increased in jordan

Anc: c

46. The mean body weight was compared between sample 1 and sample 2. The spss output shows the results. If alpha= 0.1, what is the best interpretation:

		Independent Samples Test									
		Levene's Test for Equality of Variances		t-test for Equality of Means			Means				
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Stc			
TIME	Equal variances assumed Equal variances	.130	.729	-2.958	7	.021	-6.0000				
	not assumed			-3.000	6.857	.020	-6.0000				

- a. We are 90% confident that there is a statistically significant difference in mean body wait between population 1 and population 2.
- b. We are 99% confident that there is a statistically significant difference in mean body wait between population 1 and population 2.
- c. We are 99% confident that there is NO difference in mean body wait between population 1 and population 2.
- d. Levene's test is significant, so assumptions were not met.
- e. Reject null hypothesis.

Ans: c

47. The best decision given the following SPSS chi-sauare of the relationship between age group (young, mid age adult, older adult) and depression (depressed or not depressed) is to:

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	2.821 ^a	2	.244
Likelihood Ratio	2.815	2	.245
Linear-by-Linear Association	.832	1	.362
N of Valid Cases	606		

- a. Reject null hypothesis.
- b. There is a statistically significant association between age group and depression.
- c. Missing data.
- d. Keep null hypothesis.

Ans: D