

Maternal health care test bank

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1. One of the following is a main function of premarital health care:

- A) Semen analysis.
- B) controlling risk factors.
- C) providing medical history
- D) psychological and social Counseling.

2. Based on the FANC model when does a pregnant woman make the third ANC visit during pregnancy ?

- A) First trimester
- B) second trimester
- C) third trimester

3. The Jordanian governorate has the highest rate of teenage childbearing is :

- a. Irbid
- b. Amman
- c. Ma'fraq
- d. Jarash

4. Which period of gestation does the first trimester represent:

- A) 1- 11 weeks
- B) 1-10 weeks
- C) 1- 13 weeks
- D) 1 - 12 weeks

5. Baby is called low birth weight if she/ he measures less than:

- A) 1.5 kg
- B) 2.5 Kg
- C) 3.5 Kg
- D) 2.2 kg

6.The base of MCH is:

- A) Family planning
- B) emotional support
- C) physiological support
- D) antenatal care

7.the leading cause of material mortality worldwide is:

- A) preterm labor
- B) Preeclampsia
- C) Anemia
- D) Miscarriage

8.Swelling of hands and face, hypertension and proteinuria are symptoms of a complication of pregnancy which is:

- E) gestational diabetes
- F) miscarriage
- G) Preeclampsia
- D)Preterm labor

9. Preeclampsia tends to occur during what time in pregnancy?

- H) First trimester
- I) before 20 weeks
- J) after 20 weeks

10. A decrease in the level of hemoglobin in the blood of less than 11 gr/dL during pregnancy is called:

- A) Anemia
- B) malaria
- C) Eclampsia
- D) Hypertension

11. All of these are risk factors for anemia, except for:

- A) poor nutrition
- B) Twin pregnancy
- c) smoking
- D) Renal disease

12. Which of the following is responsible for 95% of Anemia among pregnant women:

- A) Hemodilution
- B) Folate deficiency
- D) iron deficiency

13. The main cause of maternal morbidity in Jordan:

- A) Hypertension
- B) multiple pregnancy
- C) UTIs
- D) heart diseases

14. One of the following is not a direct cause of maternal mortality

- A) Severe bleeding
- B) hypertensive disorders
- C) anemia
- E) unsafe abortion

15. % Of Maternal mortality due to direct complications:

- A) 20%
- B) 80%
- C) 15%
- D) 12%

16. The region with the highest maternal mortality:

- A) South Asia
- B) East Asia
- D) Latin America
- C) Sub - Saharan Africa

17. The highest among the direct causes leading to maternal mortality in Jordan:

A) Hemorrhage

B) Thromboembolism

C) Septicemia

18. Number of daily maternal deaths According to WHO statistics for the year 2016:

A) 1500

B) 308

C) 4000

D) 830

19. The highest among the indirect causes of maternal mortality in Jordan according to 2007- 2008:

A) Kidney failure

B) communicable diseases

c) heart diseases

D) Chronic anemia

ANSWERS:

1. A + c
2. C
3. C
4. D
5. B
6. D
7. B
8. C
9. C
10. A
11. D
12. C
13. C
14. C
15. B
16. D
17. A
18. D
19. C