

التيسر بانك بحتوي على أسئلة بتعتمد على الأرقام خبرتنا الدكتوراة إنه مش مطلوبين كل الأرقام بس نركز على إلی بتركز عليه ولكن الأسئلة إلی ضفناها تكررت بالسنوات من ٢٠٠٩ لحد ٢٠١٩ وغالبًا كل سنة نفس الأسئلة على الأرقام كتير بتكرر

يعني الأسئلة طويلة شوي بس شاملة معظم المادة إن شاء الله تكون الأسئلة بسيطة عليكم بس كونوا دارسين قبل الحل

1-An example of elements of primary health care is:

- a-Providing drugs in inadequate amounts.
- b-Malnutrition.
- c-Prevention of endemic diseases.
- d-none of the above.

2-All of the following are examples of elements of primary health care except:

- a-Training health guides, health workers and health assistants.
- b-Providing an insufficient amount of water but with basic sanitation.
- c-Promotion of food supply and proper nutrition.
- d-Education.

3-Regarding PHC, it includes:

- a-Health promotion.
- b-illness prevention
- c-advocacy
- d-all of the above.

4-Providing continuous and comprehensive care as well as guiding patients within the network of social welfare and public health services are examples of:

- a-Functions of primary health care
- b-Elements of PHC.
- c-Principles for PHC.
- d-All of the above.

5-All of the following are basic requirements for sound PHC except:

- a-Affordability
- b-Acceptability
- c-Compressibility
- d-Continuity

6-The basic requirement for sound PHC that depends on satisfactory communication is:

- a-Accessibility
- b-Acceptability
- c-Appropriateness
- d-Adequacy

7-All of the following can be described as a health educator except:

- a-Specialists

- b-Mothers
- c-Opticians
- d-More than one of the above

8-Less than 50% of people visit PHC in Jordan for curative reasons rather than preventive reasons (T/F).

9-There are several approaches that can be used by specialists to achieve their desired goals to develop health education in Jordan, the most important and used approach in Jordan is:

- a-the medical approach.
- b-the physical approach.
- c-the educational approach.
- d-the change in behavior approach.

10-One of the aims of the change in society approach that is used by specialists in HE is:

- a-Changing the individual and that would lead to changing the society.
- b-Shaping the environment so that it becomes conducive to health.
- c-Considering the individual to have a right to control his own health and that will lead to changing the whole society.
- d-More than one of the above.

11- Choose the correct statement regarding primary health care:

- a-Provides patients with curative healthcare.
- b-Found mainly in hospitals.
- c-Not affordable in comparison to tertiary health care.
- d-Preventive health care is its main responsibility.

12-There are three levels of health care. The one that is found in emergency departments is:

- a-Primary HC.
- b- Secondary HC.
- c-Tertiary HC.
- d-All of the above.

13-Regarding primary health care in Jordan:

- a-We have a limited number of highly qualified doctors
- . b-Intermediately qualified paramedical staff are abundant.
- c-Highly qualified doctors are abundant.
- d-All of the above are correct.

14-Primary health care provides all of the following except:

- a-Promotion of mental health
- b-Provision of essential drugs
- c-Episodic care

d-Control of endemic diseases.

15-What is the 1st referral system in the health system ?

- a-Primary health care
- b-Secondary health care
- c-Tertiary health care
- d-A&B

16-The name of the only disease that was eradicated during 1979 in Jordan is:

- a-Cow pox
- b-Smallpox
- c-polio
- d-measles.

17-Mental health dimensions expect:

- a-Free from internal conflict
- b-Coping with stress
- c-Aware about himself
- d-self esteem and self confidence

18-All of the following should be under the umbrella of PHC except:

- a-Water sanitation. b-housing. c-Education d-Politics

19-The skeleton of PHC systems is:

20-Life expectancy in Jordan increased during the past years, in 2017 it equaled an average of:

- a-73.5 years
- . b-73 years.
- c-72 years
- d-74 years.

21-Infant mortality in Jordan in 2017 is:

- a-17 per 1000
- b-17 per 100
- c-19 per 1000
- d-19 per 100

22-The percentage of people who are 65+ years old in Jordan according to studies done during 2017 is:

- a-7.3%
- b-3.7%
- c-2.4%
- d-4.2%

23-the rate of death in the low income countries: \_\_\_\_\_ \*the most common cause of death in the low income countries is :\_\_\_\_\_.

24-An example of a health dimension is :

- a-Spiritual well being
- b-Mental well being
- c-Social well being
- d-All of the above

25-The second most common cause of death in both low income and middle income countries is:

- a-Lower respiratory infection
- . b-Coronary heart disease.
- c-Stroke cerebrovascular disease.
- d-Lung cancer.

26-The top cause of deaths in low income countries is:

- a-coronary heart disease
- b-lower respiratory infection
- c-HIV/AIDS
- d-diarrheal disease

27-The first common cause of death in high income countries is :

- a-coronary heart disease
- b-lower respiratory infection
- c-lung cancer
- d-dementia

28-Declaration of Alma ata occurred in:

- a-1879
- b-1978
- c-1789
- d-1897

29-The percent of urban population in Jordan is according to studies done during 2017 :

- a-93%
- b-90.3%

- c-94%
- d- none of the above.

30-The percent of death in low income countries is :

- a-45%
- b-55%
- c-20%
- d-65%

31-The percent of death in high income countries is:

- a-15%
- b-25%
- c-23%
- d-18%

32-In 1979, the most common cause of deaths in Jordan was:

- a-Malnutrition.
- b-Accidents
- . c-Cancer.
- d-None of the above.

33-According to the last study on the top ten causes of death in Jordan, -Cancer is the \_\_\_\_\_ most causing disease.

- a-First.
- b-Second.
- c-Third.
- d-Fourth.

34-According to the last study on the top ten causes of death in Jordan done during 2010 , the third causing disease is:

- a-Chronic Kidney disease.
- b-Diabetes
- . c-Stroke.
- d-Chronic obstructive pulmonary disease.

35-The most common cause of visiting PHC in Jordan as 1986 MOH study showed is :

- a-Respiratory diseases (33%).
- b-Digestive diseases (33%)
- c-Respiratory diseases (23%)
- d-Digestive diseases (23%)

36-Population doubling time in Jordan equals \_\_\_\_\_ , and the population growth factor equals \_\_\_\_\_.

37-According to the study done in 1991, accidents are the \_\_\_\_\_ cause of death.

- a-First
- b-Second
- c-Third

d-Fourth.

Answers:

1	C	14	C	27	A
2	B	15	B	28	B
3	D	16	B	29	B
4	A	17	D	30	A
5	C	18	D	31	A
6	B	19	Education	32	D
7	C	20	A	33	B
8	F	21	A	34	C
9	C	22	B	35	A
10	B	23	45%,lower resp. infections	36	29, 2.4%
11	D	24	D	37	B
12	B	25	B		
13	C	26	B		