

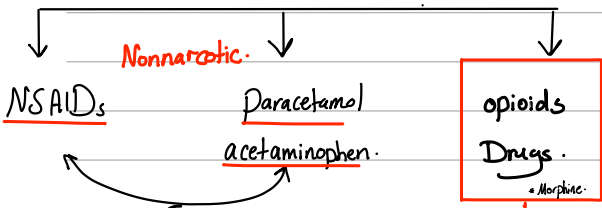
TEST BANK

Pharmacology



Try to Read
the summaries before
Starting

Analgesics



- * Zileuton \Rightarrow 5-lipoxygenase inhibitor.
- * -Zafirlukast
- montelukast
- pranlukastare.
- * Colchicine \Rightarrow LTB₄ inhibitor, inhibits phagocyte attraction and it is used in the treatment of Gout.

Selective antagonists of CysLT₁ receptor.

Share analgesic & antipyretic properties

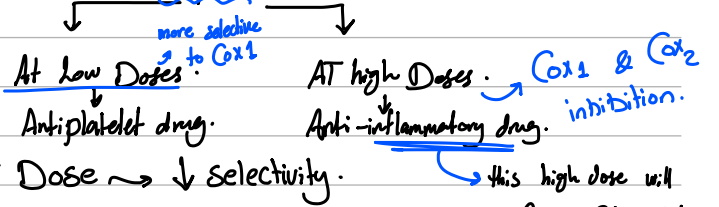
Narcotic.
Cause :- Tolerance and Dependence.

Anti-inflammatory
Antipyretic
Antiplatelets

Paracetamol lacks anti-inflammatory effects, act on the CNS rather than peripherally, and it doesn't commonly cause gastric irritation or nephrotoxicity.

Hepatotoxicity Risk

* Aspirin \Rightarrow NSAIDs.



COX-(1)

COX-(2)

بيجي طًا يصيبون inflammation بتعزيز من Cytokines وهو المسؤول عن ال inflammation. دائما موجود ويا

* Meloxicam \sim NSAID slightly Cox 2 selective, less side effects.

* حتى يتجنبوا GI irritation قررنا بجعلوا drug يكون selective against COX(2) inflammation. واصل ما بآثر على COX(1) ال بي عمل Normal physiological functions.

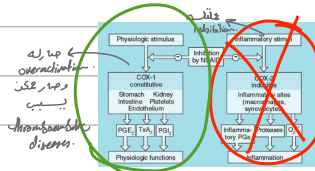
All NSAIDs are non-selective except :- meloxicam and celecoxib.

طلع Selective Cox2 inhibitors زي Celecoxib & Rofecoxib

يستعمل بحالة بي anti-inflammatory effect

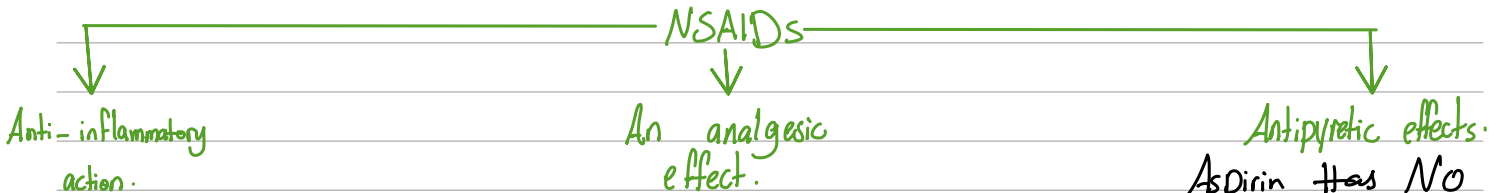
بدون ما يسير GI irritation

ويمنع عن ال patients with a history of thromboembolic diseases and hypertension.



بس طلع عليه صتاكي زي! Blood clotting بسبب ال overactivation of ال COX1

Thromboembolic Diseases. ال ال ال (TVA) فيسبب



- * ↓ vasodilator PG \Rightarrow PGE₂, PGI₂
- ↓ vasodilation \Rightarrow ↓ Edema.
- * inhibition of adhesion molecule.
- * ↓ accumulation of inflammatory cells.

* ↓ PG generation \rightarrow ↓ sensitivity of nociceptive nerve endings to inflammatory mediators.

* Relief of Headache \rightarrow ↓ PG-mediated vasodilation.

PGE₂ نزيد حساسية ال nerve endings ل Bradykinin, Histamine, ...

Aspirin has No effect on normal Body temperature.

NSAIDs \Rightarrow Blockage of PG synthesis at the thermoregulatory centers in the hypothalamus and at peripheral target sites.

وظيفة ال NSAID بواجي ال management of pain of low to moderate intensity arising from musculoskeleton disorders.

ال ألم ال from viscera

NSAIDs وليس opioids وليس

Non-selective. *
 irreversible *
 inactivation of Cox1 & Cox2 *

Aspirin (Acetylsalicylic acid) → weak organic acid.

Mechanism of action:

MOA

other NSAIDs لا يملكون

* irreversible → reversible: قابل

* aspirin rapidly → deacetylated By esterase

in the body producing :-

Salicylate:

Has: Anti-inflammatory
 Anti-pyretic.

analgesic effects.

Respiratory actions:

* Causes Bronchoconstriction
 in some asthmatic patients

through ↑ production of
 Pro-inflammatory mediators;
 LT

Decreases Clinical uses.

- 1- incidence of transient ischemic attacks.
- 2- Unstable angina. الذئبة الصدرية
- 3- Coronary artery thrombosis with MI. myocardial infarction.
- 4- thrombosis after coronary artery bypass grafting.

* GI effects:

PGE₂ → stimulate synthesis
 of protective mucus in stomach
 and small intestine. & ↓ acid secretion.

→ Under physiological conditions.

aspirin → X Prostanoids → ↓ mucus
 protection → ↑ Gastric acid secretion.

gastric or duodenal ulcers

Ulcers → GI irritation as aspirin

PPIs Proton-pump inhibitors.

يمكن استبدال PG analog ← PPI

* The most common GI effects of the
 Salicylates are epigastric distress.

* Microscopic GI Bleeding → Universal
 in patients treated with Salicylates.

كيف هذا، هل هناك حركة ال aspirin في:

Stomach → At stomach pH, aspirin is Uncharged.

When aspirin crosses into mucosal cells → it ionizes, &

Becomes trapped Thus Causing Direct Damage to the cells.

* Effects on platelets:

* irreversible inhibition of platelet Cox

→ Aspirin's anti-platelet effect lasts
 8-10 days

New Cox ← في مراتب بصير صبيح ل
 inactivated ← في اذ كان

So, ordinary doses have a duration
 of action of 6-12 hours.

* Actions on kidney:-

Cox inhibitors prevent the synthesis
 of PGE₂ & PGI₂ that are responsible
 for maintaining Renal Blood Flow.

↓ PG → reabsorption of sodium
 and water → Edema & Hyper-kalemia.

* There is Contraindication
 between hypertensive drugs
 and NSAIDs.

Common Adverse Effects

- Platelet Dysfunction
- Gastritis and peptic ulceration with bleeding (inhibition of PG + other effects)
- Acute Renal Failure in susceptible
- Sodium+ water retention and edema
- Analgesic nephropathy
- Prolongation of gestation and inhibition of labor.
- GI bleeding and perforation

Hypersensitivity :-

~ 15% of patients taking
 aspirin → Experience hypersensitivity
 reaction.

- * symptoms → Urticaria
- Bronchoconstriction.
- angioedema.
- * fatal anaphylactic
 Shock is Rare.

Reye's syndrome.

① aspirin & other
 Salicylates During
 viral infection

• Reye's syndrome is a potentially fatal disease that has numerous detrimental effects to many organs, especially the **brain and liver**, as well as causing a lower than usual level of blood sugar (**hypoglycemia**) The classic features are a **rash, vomiting, and liver damage**. The exact cause is **unknown** and, while it has been associated with aspirin consumption by **children with**

② often fatal, fulminating **viral illness**, it also occurs in the absence of aspirin use.
 Hepatitis with cerebral edema.

③ Especially encountered in children.

aspirin ← acetaminophen
 Paracetamol.

Drug interactions → Salicylate is 90 to 95 % Protein Bound. distribution in the blood. ← بصير أثناس
 and can be displaced from its protein-binding sites
 Resulting in increased concentration of free Salicylate. effect قوي بول ال free form.

Highly protein-bound drugs ل displacn ممكن بيجن aspirin ل
 1- Warfarin → مُمْتَح قوي
 2- Phenytoin
 3- Valproic acid → أدوية مُتْرَع] resulting in Higher free Conc. of these drugs → بزيير ترويضها في الدم فبزيور ال effect.

!!! Concomitant use of Ketorolac & aspirin is contraindicated cuz of increased risk of bleeding and platelet aggregation inhibition.

Toxicity → - mild form → Salicylism, in patients with little allergy to aspirin.
 - major form → Toxicity

↓ CO₂ Respiratory Alkalosis, - Uncoupling of oxidative phosphorylation
 - Inhibition of Krebs cycle enzymes.
 - Alterations in lipid metabolism & AA metabolism → metabolic acidosis
 Pelying on anaerobic respiration → Metabolism → nausea, vomiting, Headache, mental confusion, dizziness, tinnitus and marked Hyperventilation → زيادة تنفس.

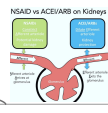
Kidney will produce Bicarbonate and will excrete more potassium, ↑ electrolytes loss → Dehydration, ↓ Sodium and loss of buffer capacity

Treatment - In serious cases, mandatory measures include:-

- 1- IV administration of fluid → dehydration بيجن loss of electrolytes بسبب
- 2- Dialysis of the kidney → كَيْسِيل كَلْبِي
- 3- Correction of acid-base and electrolyte Balances.

Charcoal يمكن استعماله as scavenger اي بيشتمل and help to eliminate aspirin from GIT, if it hasn't been absorbed.

Drugs	Mechanism of action	Side effect	Other notes
Salicylate • Aspirin	<ul style="list-style-type: none"> Irreversibly inhibits Cyclooxygenase 1 (COX-1) and COX-2 Inhibition of COX-2 suppresses prostanoid synthesis providing analgesic, anti-pyretic and anti-inflammatory effects Aspirin is weakly selective to COX-1 	<ul style="list-style-type: none"> Gastrointestinal: inhibition of COX-1 causes dyspepsia and if severe gastric bleeding and ulceration Rashes: Morbilliform rash, urticaria, toxic epidermal necrolysis (TEN) Acute renal failure Increase blood pressure Reduce effect of anti-hypertensives (except CCB) Salicylate poisoning in aspirin overdose (hyperventilation, tinnitus, deafness, vasodilatation) 	<ul style="list-style-type: none"> Contraindicated in active peptic ulceration, bleeding disorders, children under 16 years (risk of Reye's syndrome), severe cardiac failure
Propionate • Ibuprofen • Naproxen	<ul style="list-style-type: none"> Competitive inhibitors of COX-1 and COX-2 Both ibuprofen and naproxen are weakly selective to COX-1 	<ul style="list-style-type: none"> Similar to other NSAIDs Less gastrointestinal side-effects 	<ul style="list-style-type: none"> Contraindicated in GI bleed, ulceration, heart failure
Coxibs • Celecoxib • Etoricoxib	<ul style="list-style-type: none"> Competitive inhibitor of COX-2 only at therapeutic dose 	<ul style="list-style-type: none"> Similar to other NSAIDs Less gastrointestinal side-effects 	<ul style="list-style-type: none"> Contraindicated in active GI bleed, ulceration, cerebrovascular disease, inflammatory bowel disease, ischemic heart disease, heart failure, peripheral arterial disease Monitor blood pressure
Paracetamol	<ul style="list-style-type: none"> Exact mechanism unknown but has ability to inhibit COX pathways Good analgesic and anti-pyretic but poor anti-inflammatory effects 	<ul style="list-style-type: none"> Paracetamol overdose can cause liver damage Presents with nausea and vomiting, associated with right subcostal pain and tenderness 	<ul style="list-style-type: none"> No anti-inflammatory effect Works centrally not peripherally Can cause hepatotoxic only when taking over dose.



OTHER NSAIDs.

* Naproxen and Ibuprofen

both naproxen and ibuprofen should be avoided during pregnancy, especially in the third trimester, unless the benefits outweigh the potential risks and under the guidance of a healthcare professional.

- Pregnancy :- Category C, Category C 3rd trimester
- Side effects :- ↑ Risk of CV thrombotic event MI and stroke, GI Bleeding.
- Take with food or with water to avoid GI effect.

Acetic acid derivatives → Indomethacin.

- * Potent as anti-inflammatory agent.
- * The toxicity of indomethacin limits its use to the treatment of * acute gouty arthritis.

* Ankylosing spondylitis.
 * Patent Ductus arteriosus. Patent Ductus Arteriosus (PDA) is a congenital heart defect that occurs when a blood vessel called the ductus arteriosus, which is present in fetuses and normally closes shortly after birth, remains open

Oxicam derivatives

- Piroxicam & meloxicam

inhibit Both Cox1 & Cox2 and at low doses shows Less GI irritation than piroxicam.

with Probenecid Binding for Cox2.

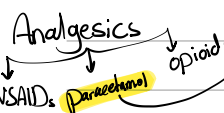
- * They have long half-lives, ONCE daily administration.
- * Parent drug and its metabolites are renally excreted in the urine.
- * Used to treat :- 1- RA 2- Ankylosing spondylitis. 3- osteoarthritis.

Diclofenac Sodium.

- * orally (PO) after food and I.M. inj
- * Toxicity similar to others.
- Diclofenac potassium → Prompt Release. Has quicker onset
- Diclofenac Sodium → Delayed release.

Cyclooxygenase II inhibitors → Celecoxib.

- * selective Cox-2 inhibitor - x10-20 more selective Cox2 than Cox1
- * Interacts occasionally with warfarin, As would be expected of a drug metabolized via CYP2C9 If a drug is metabolized via the CYP2C9 pathway, it can potentially interact with other medications that also use this pathway, such as warfarin.
- * Inhibit PG synthesis without affecting the action of Constitutively active Cox1 Housekeeping isozyme found in GIT, kidney and platelets.
- * Cox2 is Constitutively active within the kidney → Recommended doses of Cox2 inhibitors Cause renal toxicities. Similar to the traditional NSAIDs.
- * Side effects :- ↑↑ incidence of CV thrombotic events → Resulting in their withdrawal from the market.



Acetaminophen.

- * inhibits PG synthesis in CNS → also modulates the endogenous Cannabinoid system.
- * less effect on Cox in peripheral tissues → Weak anti-inflammatory activity.
- * Does NOT affect platelet function.
- * NOT:- Ulcerogenic OR teratogenic.

↳ aspirin 1) acetaminophen 2) مسكن قوي

- 1- patients with gastric complaints. 2- Prolonged bleeding. 3- Don't require anti-inflammatory action.

Acetaminophen is the analgesic/antipyretic of choice for children with viral infections or chickenpox (recall that aspirin increases the risk of Reye's syndrome.)

Adverse effects

- With normal therapeutic doses, acetaminophen is virtually free of any significant adverse effects.
- Renal tubular necrosis and hypoglycemic coma are rare complications of prolonged, large-dose therapy.
- large doses Hepatic necrosis, a very serious and potentially life-threatening condition can result.
- Renal tubular necrosis may also occur.
- Periodic monitoring of liver enzymes tests is recommended for those on high-dose acetaminophen.

* Pharmacokinetics

- Acetaminophen is rapidly absorbed from the GI tract. A significant first-pass metabolism occurs in the luminal cells of the intestine and in the hepatocytes.
- Under normal circumstances, acetaminophen is conjugated in the liver to form inactive metabolites.
- A portion of acetaminophen is hydroxylated to form N-acetylbenzoinquinone, a highly reactive and potentially dangerous metabolite.

At normal doses of acetaminophen, the N-acetylbenzoinquinone reacts with the sulfhydryl group of glutathione, forming a nontoxic substance excreted in the urine.

* Toxicity → Severe hepatotoxicity with high doses.

N-acetylcysteine is the antidote when given in the 1st 24 hours.

ال Toxicity

1)All of the following statements about cyclooxygenase1 (cox1) are correct except:

- a. Is constitutively expressed on GIT, kidney and platelets .
- b. It is responsible for the PGE2 synthesis which is important in mucus production in the stomach.
- c. It is responsible for PGE2&PGI2 synthesis that maintain renal blood flow.
- d. COX-1 is only found in inflammatory cells and tissues.

2)NSAIDs should be avoided in which group(s) of patients?

- a. Kidney disease.
- b. Myocardial infarction.
- c. Irritable bowel syndrome.
- d. All of the above.

3)Which of the following NSAIDs is a selective COX-2 inhibitor?

- a. Indomethacin
- b. Meloxicam
- c. Celocoxib
- d. Mefenamic acid

Note: Meloxicam is slightly COX-2 inhibitor with less side effects.

4) Which of the following statements about NSAIDs is false?

- a. NSAIDs are not recommended during pregnancy.
- b. NSAIDs increase renal blood flow.
- c. NSAIDs have hypocoagulability effect.
- d. Most NSAIDs are weak acids.

5) Paracetamol is an NSAID with a comparatively low anti-inflammatory effect compared to other NSAIDs.

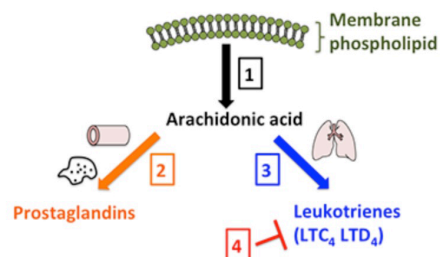
- a. True.
- b. False.

6) Despite aspirin has been found to be effective in reducing CV risk in such patients, it has also been found that other drugs can significantly cause excessive bleeding if taken concomitantly. An example of the type of drug to be avoided in such patients is:

- a. Colchicine
- b. Ketorolac
- c. Prednisone
- d. Methotrexate

7) NSAIDs such as aspirin can produce a type of allergic response in some patients. Which step, if blocked, is responsible for causing this drug allergy?

- a. Step1
- b. Step2
- c. Step3
- d. Step4



8) Your ten year old son is running a fever of 101°F after developing a cold. To help him feel better you go to the local pharmacy to purchase an a fever-lowering medication. However, as a good parent you recall that there are warnings about the risk of drug-induced Reye's syndrome in children given the wrong type of NSAID. Which NSAID is associated with this potentially serious condition?

- a. Acetaminophen
- b. Celecoxib
- c. Montelukast
- d. Aspirin

Note: Instead of aspirin, acetaminophen (paracetamol) is typically recommended for children with symptoms such as fever and pain.

9) John is a 63 year old alcoholic with a 5 year history of ulcers. Recently when self-medicating for a back condition John consumed 5 times the recommended daily dose of an over-the-counter pain reliever. Soon afterwards John developed a severe episode of nausea and vomiting. Twelve hours later his wife brings him to the local Emergency Department. After quizzing John about the identity of his analgesic, the ER physician draws blood samples for drug analysis and administers N-acetyl cysteine (Mucomyst) 140 mg/kg orally to prevent further toxicity. What analgesic did John most likely take to cause this problem?

- a. Acetaminophen
- b. Aspirin
- c. Ibuprofen
- d. Naproxen

10)Mikey is a twelve year old boy who has suffered from asthma for the past five years. His asthma has become worse after a recent episode of pneumonia, and now requires some form of chronic, preventative therapy. His parents express concern about the harmful effects associated with the long-term use of inhaled corticosteroids, and ask about possible therapeutic alternatives. After further discussion, it is decided to have Mikey try taking an oral formulation of montelukast for three months until his next regular appointment. The mechanism of action of this drug involves:

- a. COX-1 inhibition
- b. COX-2 inhibition
- c. leukotriene receptor antagonism
- d. Lipoxygenase inhibition

11)A premature newborn suffering from cyanosis is found to have a heart murmur upon auscultation. A 2D doppler echocardiogram indicates the presence of a patent ductus arteriosus. A drug is prescribed, and during the next followup exam, the murmur is gone. A new echocardiogram indicates a normal pattern of blood flow inside the heart. The drug prescribed was most likely:

- a. Montelukast
- b. Acetic Acid derivatives
- c. Propranolol
- d. Indomethacin
- e. B&D

12) Highly selective COX-2 inhibitors are anti-inflammatory drugs with fewer GI side effects compared to traditional non-selective COX inhibitors, such as aspirin. What other effect do COX-2 inhibitors lack, in contrast to aspirin?

- a. Analgesics
- b. Anti-inflammatory
- c. Antipyretic
- d. Antiplatelet
- e. Lipoygenase inhibition

13) One of the following statements about NSAIDs is not true :

- a. Oxycam derivatives have long half lives which permit once daily administration.
- b. Diclofenac potassium is prompt release and has quicker onset where as diclofenac sodium is delayed release.
- c. Cause GIT bleeding and perforation
- d. Used to induce labor or in abortion.

14) What conditions can be treated by NSAIDs?

- a. Muscle injuries
- b. Arthritis
- c. Headache
- d. All of the above .

15)Which one of the following statements is not true about NSAIDs ?

- a.Acetyl salicylic acid is an irreversible inhibitor of COX enzyme
- b. Salicylic acid reduces in vivo synthesis of prostaglandins
- c. Duration of action of aspirin is primarily related to .the pharmacokinetic clearance of the drug from the body
- d. Antiplatelet effect of low-dose aspirin is related to presystemic COX inhibition

16)Among NSAIDS ,aspirin is unique because it :

- a. Irreversibly inhibits it's target enzyme
- b. Prevent gouty arthritis
- c. Reduce fever
- d. Reduce risk of colon cancer

17)A 16-year old boy comes in emergency with aspirin overdose ,which are the most likely symptoms:

- a. Bone marrow suppression ,aplastic anemia
- b. Fever,hepatic failure.
- c. Hyperthermia,metabolic acidosis,coma
- d. Fulminant hepatic failure

18)Indication for aspirin administration are the following, EXCEPT:

- a. Inflammatory conditions.
- b. Decreasing the incidence of transient ischemic attack, unstable angina, coronary artery thrombosis with myocardial infarction.
- c. Relieving severe visceral pain(myocardial infarction, cancer pain condition, renal or biliary colic).
- d. Reducing elevated body temperature .

19) Paracetamol has the following advantage(s) over NSAIDs

- a. It is the first choice analgesic for majority of osteoarthritis patients.
- b. It can be given safely to all age groups from infants to elderly
- c. It is contraindicated in pregnant or breastfeeding women.
- d. All of the above

20) Which of the following NSAIDs is available in a delayed-release formulation?

- a. Ibuprofen
- b. Diclofenac sodium
- c. Meloxicam
- d. Piroxicam

21) Which of the following NSAIDs is typically used for acute gouty arthritis?

- a. Ibuprofen
- b. Naproxen
- c. Indomethacin
- d. Celecoxib

22)A 65-year-old male presents to the emergency department with complaints of severe abdominal pain, vomiting, and black tarry stools. He has a history of osteoarthritis and has been taking over-the-counter ibuprofen for the past month for pain relief. On physical examination, he appears pale and is in distress due to abdominal pain. Laboratory tests reveal a decreased hemoglobin level and evidence of gastrointestinal bleeding. Based on the clinical presentation, what is the most likely cause of the patient's symptoms?

- a. Peptic ulcer disease
- b. Acute pancreatitis cholecystitis
- c. Diverticulitis
- d. Acute cholecystitis

1)d	7)b	13)d	19)d
2)d	8)d	14)d	20)b
3)c	9)a	15)c	21)c
4)b	10)d	16)a	22)a
5)b	11)e	17)c	
6)b	12)d	18)c	

Drug therapy of Gout.

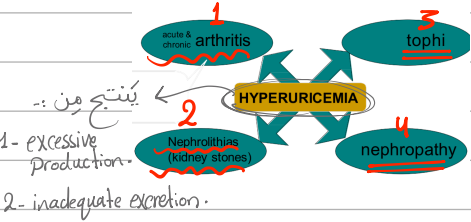
* Characteristics of Gouty (arthritis):-

- * Sudden onset.
- * Distal joints.
- * influenced By diet.
- * middle aged males.
- * Intense inflammation.
- * Bony erosions on xray.
- * Severe pain.
- * recurrent episodes.

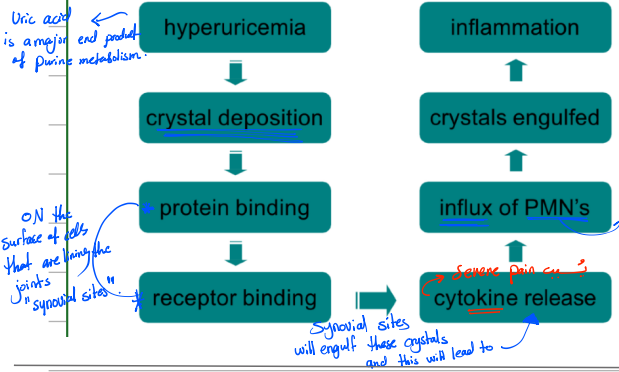
Chronic tophaceous gout.

X-ray → changes of distal interphalangeal joint, joint destruction and formation of cysts in the Bone.
 → Bony erosions.

What are the Cardinal manifestations that make a person characterized of gout & needing to pharmacological treatment?

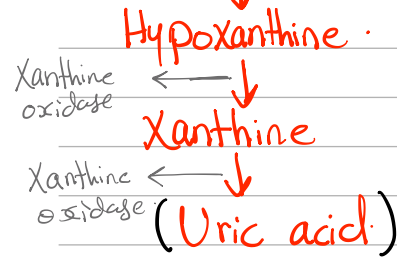


Crystal-induced inflammation



critical component of crystal-induced inflammation.

Diet is a major influence on levels of uric acid, which will ultimately affect the condition of gout.



How is Uric acid handled in the kidney?
 ↓ glomerular filtration → ↓ Conc. of uric acid in plasma.
 in proximal convoluted tubule we have Reabsorption ↑
 ↓ tubular excretion. ↑ post-secretory reabsorption.

excretion وبي زياد Reabsorption اضعف ال return to the bloodstream. من خلال drugs

* Treating acute gouty arthritis.

- * Urate Lowering drugs
- * allopurinol
- * probenecid.
- * febuxostat.

* Colchicine → ONLY effective in gouty arthritis. NOT an analgesic. Does NOT affect Renal excretion of uric acid and does not alter plasma Solubility of uric acid.

↓ inflammatory response and blocks cellular response to deposited crystals.
 * inhibits microtubule polymerization → ↓ PMN phagocytosis of crystals.

→ Dose: High :- treatment of acute gouty arthritis. → Declining use, it is replaced now By NSAIDs those acute conditions.
 Low :- prevention of recurrent gouty arthritis. Useful for daily prophylaxis.

- Toxicity: ① GIT "Nausea, vomiting, cramping, diarrhea, abdominal pain."
 ② hematologic "agranulocytosis, aplastic anemia and thrombocytopenia".
 ③ muscular weakness

These adverse effects are dose-related, More Common a patient who has adrenal or hepatic disease.

- * rest, analgesia, ice and time.
- * Steroids
- * NSAIDs
 - indomethacin
 - Naproxen
 - Ibuprofen.
 - Salindac.
 - Ketoprofen.

* Aspirin is NOT used because:-
 - At low Doses:- it can cause renal retention.
 - At high Doses:- It is uricosuric

Block Production

* Urate Lowering drugs
* allopurinol * Probenecid.
* febuxostat.

enhance excretion

- * No Role to play in managing acute gout.
- * NOT indicated after first attack.
- * Prevents arthritis, tophi and stones → By lowering total Body pool of uric acid.
- * initiation of therapy Can worsen.

Drugs that blocks production of uric acid.

Drugs that enhance excretion of Uric acid.

* Allopurinol → inhibit xanthine oxidase.

- pregnancy category C → Would interfere with uric acid synthesis affecting purine metabolism, it can pose some risk to fetus.

→ adverse effects: * diarrhea, nausea, abnormal liver tests.

* acute attacks of gout & Rash.

* hepatotoxicity, bone marrow suppression.

* Necrotizing vasculitis, Drug interaction

* Death. * (epidermal necrolysis)

Stevens-Johnson syndrome.

- target skin lesions, mucous membrane erosions and epidermal necrosis with skin detachment.

Allopurinol Hypersensitivity:-

- * Serious problem. First sign usually skin rash.
- * progression to toxic epidermal necrolysis and death.
- * Common with impaired renal function.

- ampicillin
- thiazides
- mercaptoamine
- azathioprine.

Uricosuric therapy
probenecid. زي ال

MOA → Block tubular reabsorption of Uric acid.

رج زي ال excretion
وتقل نسبة Uric acid في ال Serum.

↑↑ Risk of nephrolithiasis.

- * NOT used in patients with renal disease, history of nephrolithiasis and patients with elevated urine uric acid level.

* moderately effective BUT less effective in elderly patients.

* febuxostat

- oral xanthine oxidase inhibitor.

* PEGLOTICASE

* Treatment - resistant gout.

→ Refractory chronic gout.

* Recombinant porcine uricase

* IV drug.

found in mammalian attached to HPEG noncovalently-polyethylene glycol to minimize antibody response in the body.

* This drug should be avoided in patients with glucose-6-phosphate dehydrogenase deficiency, because of the formation of hydrogen peroxide by Uricase.

* Case presentation - therapy.

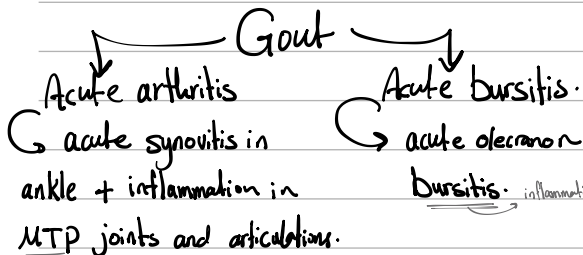
- from day 1 to 10.

NSAID, we can give steroid.

قبل ما أوقف NSAIDs يبدأ بترايز قبيل
as maintenance therapy

أذن بي اظني allopurinol بس ما بظني
immediately after an acute attack.

NSAIDs و allopurinol يوقف ال NSAIDs و ال Colchicine
* after the attack is subsides & we maintain the patient on colchicine and allopurinol.



* IL-1 receptor antagonist.

- Anakinra.
- Canakinumab.
- Rilonacept.

هادي أدوية تثبيط
للاج RA
كما ~ بتعالج ال gout

-suppression of inflammation.

Glucocorticoids → During acute gouty arthritis.
e.g → prednisone.
"orally, intra-articular, subcutaneously"

1) Allopurinol decreases the plasma concentration of:

- a. Hypoxanthine
- b. Xanthine
- c. Uric acid
- d. Purine bases

2) Strong nonsteroidal anti-inflammatory drugs are more commonly used than colchicine in acute gout because:

- a. They are more effective.
- b. They are better tolerated.
- c. They act more rapidly.
- d. They have additional uricosuric action.

3) Which of the following statements is correct about the mechanism of action of Probenecid

- a. Inhibition of cyclooxygenase enzymes
- b. Inhibition of uric acid reabsorption in the kidney
- c. Stimulation of insulin secretion
- d. Inhibition of monoamine oxidase enzymes

4) All the following drugs will be useful in the treatment of an acute attack of gout; EXCEPT:

- a. Indomethacin
- b. Prednisone.
- c. Colchicine.
- d. Allopurinol.

5) Colchicine is best described as it:

- a. Enhances uric acid excretion.
- b. Is an effective analgesic in osteoarthritis.
- c. Is used for treatment and prevention of acute gouty arthritis.
- d. All of the above

6)To lower uric acid levels in blood and urine you should use:

- a. Colchicine
- b. Indomethacin
- c. Allopurinol
- d. Corticosteroids

7)Which of the following drugs is not used for acute gouty arthritis?

- a. Probenecid
- b. Steroids
- c. Ibuprofen
- d. Colchicine

8)Which of the following drugs could be used to decrease rate of production of uric acid:

- a. Naproxen
- b. Aspirin
- c. Colchicine
- d. Febuksostat

9)Which of the following agents binds to tubulin leading to depolymerization and disrupting neutrophils mobility:

- a. Colchicine
- b. Febuxostat
- c. Sarilumab
- d. Abatacept

10)A 45-year-old man with a history of severe tophaceous gout presents to the rheumatology clinic for evaluation. Despite maximum doses of allopurinol and febuxostat, his serum uric acid levels remain elevated, and he continues to experience debilitating gout flares. His medical history is significant for glucose-6-phosphate dehydrogenase (G6PD) deficiency. The rheumatologist is considering Pegloticase therapy as a potential treatment option .Which of the following statements regarding the use of Pegloticase in this patient is most accurate?

- a. Pegloticase should be initiated cautiously with close monitoring of renal function.
- b. Pegloticase is contraindicated due to the risk of severe allergic reactions.
- c. Pegloticase should be avoided due to the risk of inducing hemolytic anemia in patients with G6PD deficiency.
- d. Pegloticase may be considered but requires concurrent administration of corticosteroids to prevent immune-mediated adverse effects

11) Which of the following is a symptom of gout?

- a. Purple or red skin
- b. Severe pain, warmth and swelling in joints
- c. Itching skin, peeling at the site of a gout attack
- d. All of these

12) This is not a first-line option for pharmacological treatment of gout

- a. Corticosteroids
- b. Aspirin
- c. Oral colchicine
- d. NSAIDS

13) Ice packs can be effective adjuncts to the management of an acute gout attack.

- a. True
- b. False

14) Which of the following best describes the mechanism of action of Acyclovir?

- a. Inhibition of viral DNA polymerase
- b. Stimulation of host immune response against the virus
- c. Disruption of viral protein synthesis
- d. Inhibition of viral RNA synthesis

15) Which of the following statements about Ganciclovir is correct?

- a. The most common adverse effects of Ganciclovir include gastrointestinal disturbances and hepatotoxicity.
- b. Ganciclovir is well-tolerated, with few patients experiencing adverse effects, primarily limited to mild headaches.
- c. Ganciclovir is contraindicated in CMV infections and should only be used for other viral infections.
- d. Ganciclovir is the drug of choice for CMV infections, but one-third of patients may have to discontinue treatment due to adverse effects

16) Which of the following statements regarding Foscarnet is correct?

- a. Foscarnet works by inhibiting viral protein synthesis.
- b. Foscarnet is well-absorbed orally, making it suitable for outpatient treatment.
- c. Resistance to Foscarnet primarily occurs due to mutations in viral surface proteins.
- d. Foscarnet must be administered intravenously due to poor oral absorption and is eliminated primarily via glomerular filtration

1)c	5)c	9)a	13)a
2)b	6)c	10)c	14)a
3)b	7)a	11)d	15)d
4)d	8)d	12)b	16)d