

Set	% FEV <sub>1</sub>	% FVC	FEV <sub>1</sub> /FVC	% TLC	% DLCO
1	83	89	93	92	85
2	58	62	93	68	54
3	52	80	65	110	65
4	55	87	63	100	88
5	57	87	65	70	68
6	66	72	92	75	33

### **Set 1: Normal PFTs**

**Case:** A 35-year-old non-smoking male presents for a routine physical examination. He is asymptomatic, with no shortness of breath, cough, or wheezing. He is physically active, exercises regularly, and has no history of lung disease.

#### **PFT Results:**

- FEV<sub>1</sub>: 83% of predicted
- FVC: 89% of predicted
- FEV<sub>1</sub>/FVC: 93%
- TLC: 92%
- DLCO: 85%

#### **Question:**

How would you interpret these PFT results?

**Answer:** Normal pulmonary function.

### **Set 2: Restrictive Pattern with Reduced DLCO**

**Case:** A 60-year-old female with a history of systemic sclerosis presents with progressive shortness of breath and a dry, non-productive cough. She denies wheezing or chest pain. A high-resolution CT shows reticular opacities and honeycombing in the lung bases.

#### **PFT Results:**

- FEV<sub>1</sub>: 58% of predicted
- FVC: 62% of predicted
- FEV<sub>1</sub>/FVC: 93%

- TLC: 68%
- DLCO: 54%

**Question:**

What is the most likely diagnosis based on these findings?

**Answer:** Restrictive lung disease, likely due to interstitial lung disease (ILD) secondary to systemic sclerosis.

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**Set 3: Obstructive Pattern with Hyperinflation**

**Case:** A 65-year-old male with a 40-pack-year smoking history presents with chronic cough, sputum production, and worsening dyspnea.

**PFT Results:**

- FEV<sub>1</sub>: 52% of predicted
- FVC: 80% of predicted
- FEV<sub>1</sub>/FVC: 65%
- TLC: 110%
- DLCO: 65%

**Question:**

What is the most likely diagnosis based on these findings?

**Answer:** COPD with emphysematous changes (obstructive pattern with hyperinflation and reduced DLCO).

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**Set 4: Obstructive Pattern with Preserved DLCO**

**Case:** A 30-year-old female presents with intermittent wheezing, shortness of breath, and nocturnal symptoms. She reports using her rescue inhaler several times per week.

**PFT Results:**

- FEV<sub>1</sub>: 55% of predicted
- FVC: 87% of predicted
- FEV<sub>1</sub>/FVC: 63%
- TLC: 100%
- DLCO: 88%

**Question:**

What is the most likely diagnosis based on these findings?

**Answer:** Asthma (obstructive pattern with preserved DLCO, which is typical for asthma).

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### **Set 5: Obstructive Lung Disease with Reduced TLC**

**Case:** A 50-year-old male is referred to the pulmonology clinic from the bariatric clinic for preoperative evaluation and optimization of his respiratory condition. He has a known history of asthma.

**PFT Results:**

- FEV<sub>1</sub>: 57% of predicted
- FVC: 87% of predicted
- FEV<sub>1</sub>/FVC: 65%
- TLC: 70%
- DLCO: 68%

**Question:**

What is the most likely diagnosis based on these findings?

**Answer:** Mixed obstructive and restrictive lung disease, likely due to obesity and asthma.

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### **Set 6: Isolated Low DLCO with Mild Restriction**

**Case:** A 55-year-old male with a history of lymphoma for which he received chemotherapy, presents with fatigue and exertional dyspnea. He denies wheezing or productive cough.

**PFT Results:**

- FEV<sub>1</sub>: 66% of predicted
- FVC: 72% of predicted
- FEV<sub>1</sub>/FVC: 92%
- TLC: 75%
- DLCO: 33%

**Question:**

What is the most likely diagnosis based on these findings?

**Answer:** Pulmonary fibrosis due to chemotherapy (mild restriction with significantly reduced DLCO).

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**Omar Bani-ata, MD**