

* Function of CNS :- 1#

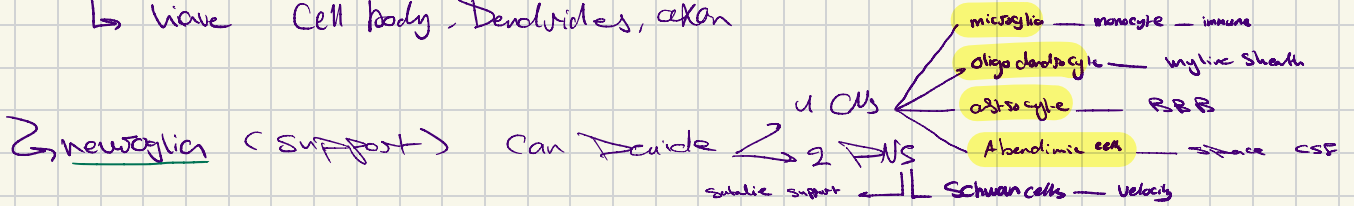
- ① Sensation (Changes, stimuli) ← external environment
- ② integration ← internal
- ③ output ← muscle, gland

By

Shahed Jumah

* Nervous tissue :-
- highly cellular

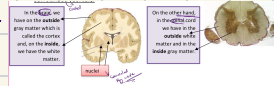
↳ neurons (functional unit) → signal transduction "Don't Decide"
→ high metabolic, excitability (AP)
↳ have cell body, dendrites, axon



* Neurons *

* White matter → myelinated, unmyelinated (proceed)

* Grey matter → neuronal cell body +

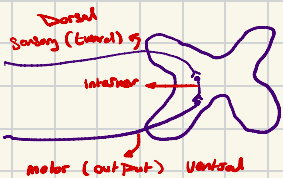


* Nerve * Bundle of process, Axon (no body) outside CNS
↳ have CT

* Tract * " " " inside CNS → No CT

* Ganglion * Group cell body outside CNS

* Nucleus * " " " inside CNS → surrounded by white matter
↳ not surrounded — "cortex"



Nervous System

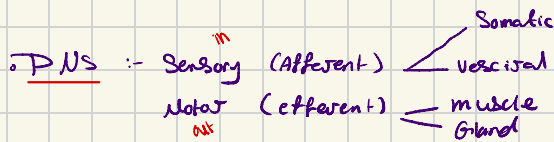
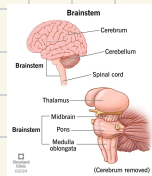
CNS → Brain + Spinal Cord

PNS → Nerves — 31 Spinal, 12 Cranial



* Brain Stem * جزء الدماغ

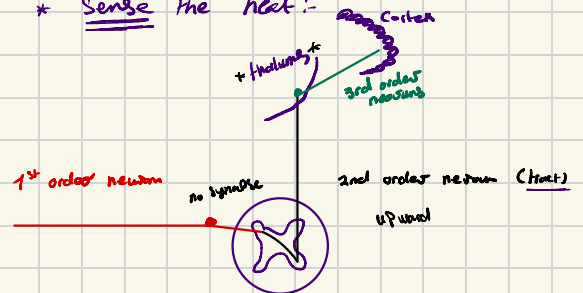
Mid Brain — Pons — Medulla



* Somatic ← sensory motor — Voluntary

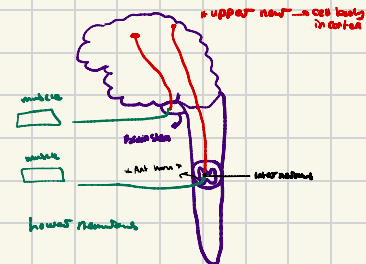
* Autonomic ← sensory motor — involuntary

* Sense the heat :-

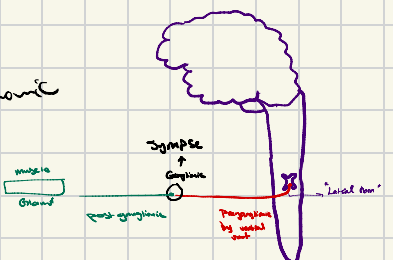


* Motor * ← somatic, autonomic
Lower 1/2, 1/2, upper 1/2 *

Somatic



Autonomic



* Spinal Cord *

Location → Vertebral canal
 Foramen magnum L1-2 Disc
 Conv. medullaris

Start
 end

* 31 spinal nerve — 31 segment — all mixed — not uniform

* Cauda equina — lower nerve equating lower 1/3 → Longest root

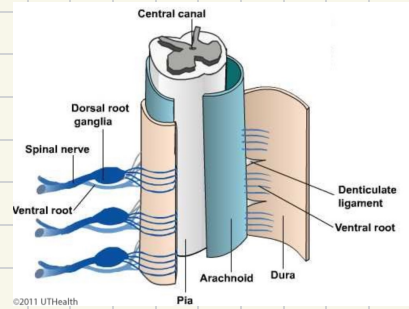


* Layers ↓

* Dura → sensitive to stretch
 outermost (magnum — S2)
 connects as Filum externum

* arachnoid → ends S2 → have space

* Pia mater — transparent
 connects as Filum internum
 Denticulate ligament from Pia to Dura

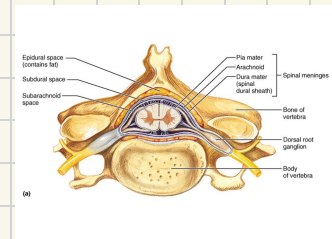
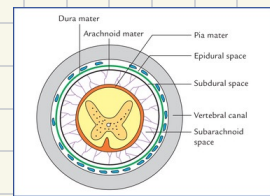


* Spaces :-

* Epidural → Fat filled — Anesthetic — labor

* Subdural → Serum fluid

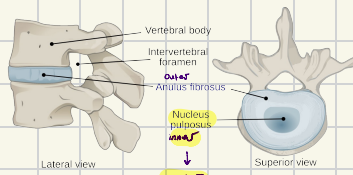
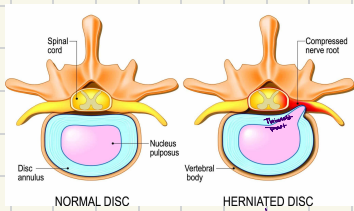
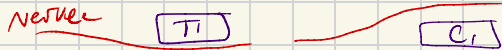
* Subarachnoid → between Dura, arachnoid filled CSF
 → Lumbar puncture L3 — L4 (spaces)



2#

* Segment :-

* each spinal nerve under corresponding vertebra except cervical (C1-C7)
 → C8 under



Leakage, rupture
 Pressure spinal nerve

95% L4-L6 // L5-S1 / Posterior Lateral /

Common lumbar disc problems

| Disc | Root | Percentage | Motor weakness | Sensory changes | Reflex affected |
|-------|------|-----------------------|--------------------------------------|----------------------------------|------------------------------|
| L3-L4 | L4 | 3-10% | Knee extension (Quadriceps femoris) | Anteromedial (leg) (saphenous) | Knee jerk |
| L4-L5 | L5 | 40-45% Common | Big toe dorsiflexion (EHL) and (TA) | Big toe, Anterolateral leg (CPN) | Hamstring jerk |
| L5-S1 | S1 | 45-50% Very Common | Foot planter flexion (Gastrocnemius) | Lateral border of foot (sural) | Ankle jerk (Achilles tendon) |

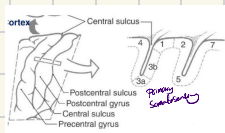
EHL: external hallucis longus, TA: tibialis anterior, CPN: common peroneal nerve

low reflexes of plantar foot S1 (leg plantar) *



* test L5 → Stand on heels
 → Dorsiflex
 * test S1 → on toes
 → Flexion

* Dermatome → area of skin supply by single spinal nerve
 * Myotome → Group by muscle supply by single nerve



Primary Somatosensory Cortex

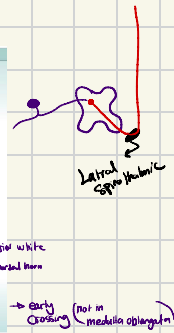
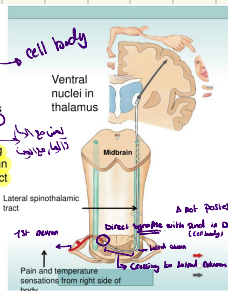
- * Brodmann areas
 - 1 - Cutaneous, Pain, Temp
 - 2 - Gulp, tendon, joint
 - 3a - muscle spindle
 - 3b - Cutaneous, pain, temp

* Lateral spinothalamic tract *

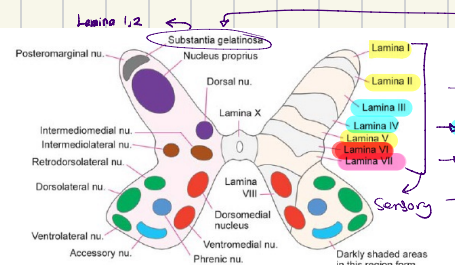
- modality → Pain / temperature
- Receptor → free nerve ending

lateral spinothalamic tract

- Modality: pain and temperature
- Receptors: free nerve endings
- 1st Neuron: Dorsal root ganglia
- 2nd Neuron: the posterior gray column (substantia gelatinosa)
 - The axons of 2nd order neurons cross obliquely to the opposite side in the anterior gray and white commissures, ascending in the contralateral white column as the lateral spinothalamic tract
- 3rd Neuron: Thalamus (VPL)
- Internal Capsule → Corona Radiata
- Termination: Primary Somesthetic Area (S1) and Widespread Cortical Region



* the region that end order synapses in dorsal horn called



- Pain
- Temperature
- touch (Nucleus Proprius)
- Proprioception
- Sensory
- visceral pain

other terminations:

→ I → in Brain Stem

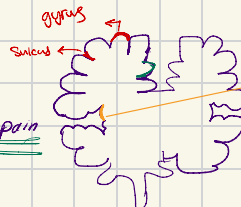
* Reticular formation → Conscious mind
Switch on, off of the Cortex



→ (Slow) Pain activate Reticular
→ keep aware → chronic pain

* cingulate gyrus *

↳ important for limbic → emotions, pain



* insular gyrus

↳ within Cortex → autonomic response of pain → visceral sensation
heart pain → Sweating

4

| Fast Pain | Slow Pain |
|------------------------------------|--|
| Sharp, pricking | Dull, burning |
| (Aδ) fiber larger | (C) fiber smaller |
| Short latency | Slower onset |
| Well localized | Diffuse |
| Short duration | Long duration |
| Less emotional | Emotional, autonomic response → Chronic |
| Mostly from superficial structures | Superficial & deep structures |
| Spinothalamic lamina I & V | Spinoreticular → Can activate reticular formation |
| VPL nucleus | → Cerebral Brain Stem → lamina I & II |
| | VPL & intralaminar nucleus → related to reticular itself |

why? Fast Pain, 1st neurone synapse with 1st 2nd
Short pain, 1st // synapse with more than 1 2nd
give signal ↓ ↓

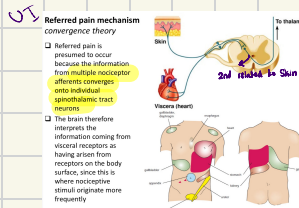
* origin of Pain *

- Cutaneous → Skin
- Deep Somatic → muscle, bone, joint → [Dull, Diffuse]
- ↳ Intermittent Claudication → Obstruct muscle @ Blood supply ↓ get rid of metabolize
- Visceral → poorly localized by C fibers → have receptors
- ↳ chest pain → bladder
- ↳ ischemia, Spasm, damage ...

* Referred Pain :- important

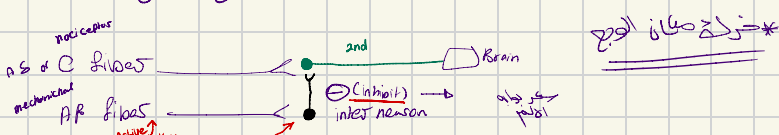
Pain from organ and feel it in skin

organ (visceral) → pain in skin



↳ skin → is signal → Brain → pain

* The Gating Theory *



* if AB is activated the Gate pain is closed

* Lateral inhibition → ↑ localization of S/Iz of Stimulus

have collateral neuron → excitator → Y2
Y1 → more Stimuli → inhibitory → X2
all is, x2, Y2, X2

* most intensely activated pathway halts transmission of impulses in less intensely pathway through lateral inhibition

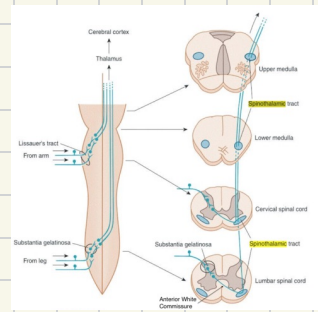
↳ wide spread Cortical Region
↳ Slow Pain → Complicated → Emotional (long) → Diffuse duration

fibers of Pain AS, C → Diff anatomy
Fast P → Slow P
lamina 1,5 → lamina 1,2

↳ Fast Pain → central injury (short) → sharp duration
↳ Slow Pain → peripheral injury (long) → diffuse duration

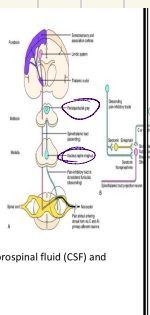
* Posterolateral tract of Lissauer *

fibers not necessarily synapse with same segment
can up to another segment → make local tract



Laminae 1,2 → receive C fibers → unmyelinated and smaller → SLOW PAIN
Laminae 1,5 → receive A delta → wide diameter and myelinated → FAST PAIN

2. Descending control (VIP):
- Spinoreticular fibers (coming from spinothalamic fiber (pain fiber)) stimulates periaqueductal gray in mid brain
 - (PAG)
 - Excitatory neurons of PAG projects to Nucleus raphe magnus (NRM)
 - (NRM) neurons produces serotonin which activates inhibitory neurons that secretes enkephalins and the endorphins (morphine like actions) in substantia gelatinosa. This leads to termination of pain.
 - Note: Locus coeruleus (in Pons) is thought to directly inhibit substantia gelatinosa neurons (not scientifically confirmed).
 - Extra Info:
 - ✓ Periaqueductal gray is the gray matter surrounding cerebral aqueduct.
 - ✓ Cerebral aqueduct is within the midbrain, it contains cerebrospinal fluid (CSF) and connects the third ventricle to the fourth ventricle.
 - ✓ Nucleus raphe magnus is located in medulla oblongata.

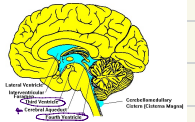


We are done with the lateral spinothalamic tract.

* Descending Control of Pain (VI) *

* When fiber go up it is stimulate 'PAG', located in midbrain around 'cerebral aqueduct' which is passage way bet 3rd, 4th ventricles → important in descending control of pain

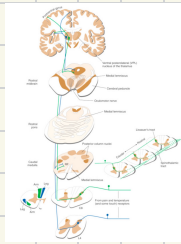
The Spinoreticular fibers (from spinothalamic tract) stimulate the neurons in PAG, this PAG descend nucleus raphe magnus which is excitatory neurons that activated neurons (inhibitory neurons) → enkephalins morphine like action the ↓ inhibitory neurons reach 'Substantia gelatinosa' ⇒ inhibit Pain '-ve feedback'



3) * Anterior Spinothalamic tract *

- Modality: crude touch and pressure
- Receptors: free nerve ending
- 1st neuron: Dorsal root ganglia
- 2nd neuron: Nucleus Proprius in dorsal horn

2nd neuron cross contralateral to Ant horns and white commissures and ascending up reach thalamus synapse with 3rd neuron (VPL) and radiate to cortex "Corona radiata" and terminate in area S1 (Primary)



4) * Spinotectal tract *

↳ Posterior aspect of midbrain

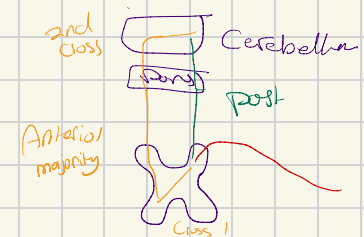
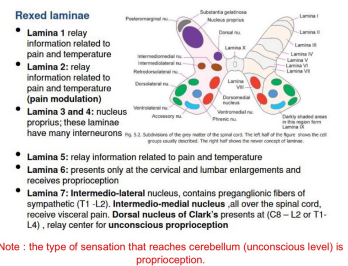
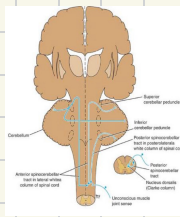
- Composed of quadrigemina (4 Colliculi) ⇒ 5/5
- ↳ Superior → visual reflex ↳ inferior → Auditory RFL
- ascend in Anterolateral white column terminate in Superior Colliculus
- Provide afferent spino-vestibular reflex
- 1st synaps with 2nd in spinal cord
- ↳ Reflex (1) longissimus cervicis, longissimus thoracicus, longissimus cervicis, longissimus thoracicus
- ↳ Reflex (2) spino-vestibular
- ↳ Reflex (3) spino-vestibular
- ↳ Reflex (4) spino-vestibular
- ↳ Reflex (5) spino-vestibular
- Coordination
- * Superior Colliculus ⇒ important in reflex + vision + head and neck + eye ball

Note: In Medulla: anterior spinothalamic tract + spinotectal + lateral spinothalamic = spinal lemniscus which ends in VPL

Remember: medial lemniscus related to Dorsal column

5) * SpinoCerebellar tract (Posterior) *

- Receptor: Like post column
- modality: muscle, tendon, joint
- 1st neuron: Dorsal root ganglia (cell body)
- ↳ the axon synapse in Dorsal horn in area called (Clarks nucleus) (Nucleus Dors) Lamina 7
- 2nd neuron: Go up (from post part of lat column)
- Directly Go to Cerebellum (Same side) without crossing through inferior cerebellar peduncle
- unconscious (bcz not cortex) ⇒ sense of position (proprioception)



in Somatic Sensory, AHS eventually → the sensation from right side of the body will reach the Left cortex ⇒ Contralateral

* in SpinoCerebellar the sensation from right will reach the right ⇒ ipsilateral

- ◆ Peduncle= bundle of white matter.
- ◆ superior cerebellar peduncle: connect midbrain to cerebellum.
- ◆ middle cerebellar peduncle: connect pons to cerebellum.
- ◆ inferior cerebellar peduncle: connect medulla to cerebellum.

Note 1: in dorsal column system and anterolateral system eventually sensation from right side of the body will reach to the left cortex (no matter of the decussation site) and vice versa.

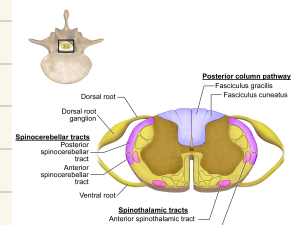
Note 2: in spino-cerebellar tracts whether anterior or posterior, sensation from right side of the body will reach the right cerebellar cortex and vice versa.

6) * SpinoCerebellar (Anterior) ⇒ Double crossing

Same as posterior

↳ minority → like post → up → Cerebellum → superior cerebellar peduncle

↳ majority → cross midline → ascend contralateral → cerebellum



Sensory Pathways and Ascending Tracts in the Spinal Cord

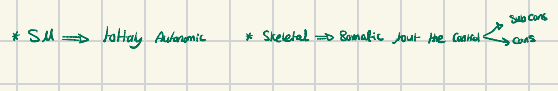
End with Sensory *

Motor tracts & "Descending tracts"

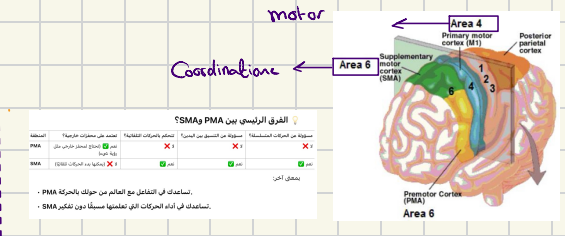
→ **Pyramidal** area ④ in Cortex → Pyramid in MO
 ↳ **Corticospinal**, **conscious** → skeletal movement (voluntary)
 ↳ aware ↳ Coordination (subconscious)

When you hear the word "subconscious", you may think of smooth muscles! However, don't be confused; the **smooth muscles** are totally supplied by **autonomic NS**. On the other hand, the **skeletal muscles** are supplied by **somatic NS** (voluntary movements), but the **control of the skeletal muscle movement** can be on either the conscious level (you are aware of) or the subconscious (coordination / modulation) level.

→ upper motor neuron down to spinal, and synapse with inter neuron that activate lower motor neuron in lamina 8



→ **Ext-apyramidal** area ⑥ in Cortex
 ↳ sub conscious, regulation of balance (muscle tone)
 ↳ **vestibulospinal** in brain stem → sensory for 8th cranial nerve (vestibular)
 ↳ **reticulospinal** base of brain stem → control motor system
 ↳ **Rubrospinal** red nucleus in midbrain
 ↳ **tectospinal** posterior aspect of midbrain

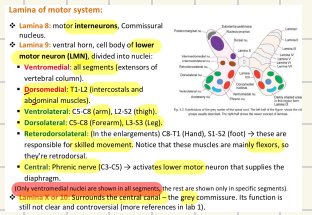


- * Difference :-
 - lesion in area 4 → Paralysis
 - lesion in area 6 → no // but Lose of Coordination

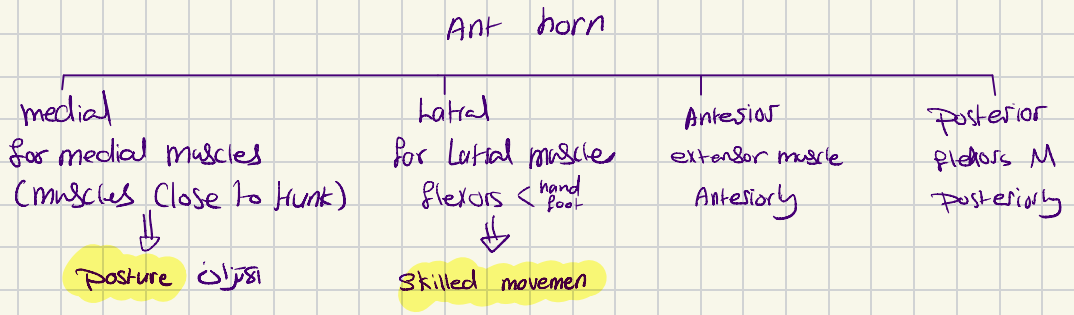
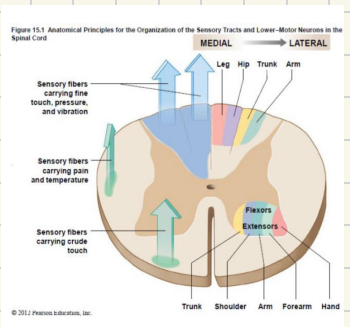
Damage ↓
 Lose of Coordination

- * PMA :- External Cues (E, H, I) ↳ vision, hearing
- * SMA :- Internal Cues ⇒ Memory
- * Area 3, 2, 1 ⇒ Sensory area but there is some motor neurone here

- Lamina 8 ⇒ Synapse Motor inter neuron → Ant aspect of horn "Lamina 9 is Ant horn" ⇒
- Lamina 9 ⇒ Cell bodies of lower motor neurone → skeletal M



* Motor horns :-



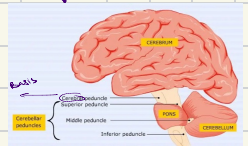
* Corticospinal (area 4) :-

Start from the cortex then corona radiation then internal capsul, then middle 3/5 of basis pedunculi (Crus cerebri) in midbrain (Brain stem) as net bundle, then reach the pons and scattered, why? bcz of pontine nuclei (cell bodies) + fibers of middle cerebellum pedunculi, then reach MO and the fiber will recollect again and form the Ant aspect of MO (pyramide); in Lower part of MO they will cross to other side - these fibers called [Lateral corticospinal] → Descend to Ant horn active lateral muscle **85% Skilled movement!**

- other fiber will descend ipsilateral called "Ant corticospinal" → No crossing they are descend to spinal then cross to medial side of Ant horn

other fiber will descend ipsilateral called "Anterior corticospinal" **15% Posture!**

| Summary of the difference between lateral & anterior corticospinal tracts | |
|---|---|
| Anatomically: (the level of crossing-over) | |
| Lateral: lower part of medulla oblongata | Anterior: level of spinal cord |
| Functionally: (supplied muscles) | |
| Lateral: lateral muscles → skilled movement | Anterior: axial muscles → posture and balance |



* Lateral Corticospinal Fibers *

- Synapse with α , γ
- 55% end in Cervical \rightarrow \uparrow Skilled movement (hand)
- 20% Thoracic
- 25% Lumbar, sacral

Upper neuron — interneuron — Lower neuron

\swarrow mainly Lamina 8 (Synaps) Lamina 9

also in 4, 5, 6, 7 in dorsal horn

\hookrightarrow not pure sensory, also motor (from area 3, 2, 1)

except 3% upper — Lower original from Giant Cells of Betz in 5th Layer of grey

\hookrightarrow accurate movement Direct

x within Brain Stem \Rightarrow Collection of Cell bodies \rightarrow Role like Ant horn Lower motor neurons

Corticospinal Tract (Corticobulbar):

Cranial nerves and muscles of the head & neck area

In the brainstem where cranial nerves arise, there is no anterior & dorsal horns as in spinal cords. Instead, there is nuclei called motor nuclei. This collection of cell bodies in the brainstem can do the same function as the anterior horn (having cell bodies of the lower motor neuron that supply skeletal muscles in the head and neck area).

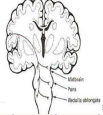
Fibers descend from the cortex (lower 1/3) to a nucleus (motor nucleus), hence the name Cortico-nuclear Tract. (you can refer to the anatomical picture to see where the head and neck end on the cortex)

Muscles supplied by cranial nerves (have motor part):

- Hypoglossal nerve \rightarrow Tongue
- Facial nerve (7th) \rightarrow Motor to muscles of facial expression: orbicularis oris, orbicularis oculi, zygomaticus major and minor, risorius, platysma, buccinator.
- Trigeminal nerve (5th) \rightarrow Muscles of mastication, tensor tympani, tensor vel palatini, anterior belly of digastric, mylohyoid.
- Oculomotor nerve (3rd) \rightarrow Motor to all muscles of the eye except 2 muscles, superior oblique (by trochlear nerve) and lateral rectus (by abducent nerve).

The descending fibers terminate in the motor nuclei of the following cranial nerves in:

- The Midbrain: Oculomotor (3rd cranial) & trochlear (4th cranial).
- The Pons: trigeminal (5th cranial).
- Ponto-medullary junction (between the pons and medulla): abducent (6th cranial) & facial (7th cranial).
- The Medulla: 9-12th cranial nerves.



\rightarrow Bilateral not like spinal epi, contra

except *

Part of Facial N (7th) \rightarrow Lower facial muscle
Contra lateral like spinal \leftarrow

Part of hypoglossal (12th) \rightarrow genioglossus

\rightarrow Anatomically not pyramidal

\rightarrow Functionally pyramidal

! Pyramidal!

④ Vestibulospinal *

? inner ear

\rightarrow from inner ear \rightarrow Deep cerebellar nuc. (Pistig)

\rightarrow sensory nuclei !!

\rightarrow Position \rightarrow Gravity

• uncrossed into Ant white column

• activate Antigravity muscle

\rightarrow like Pontine function

Both \rightarrow upright position \leftarrow

* * * * *

Autonomic System

Post Ganglionic
Preganglionic
 \rightarrow Cell body in lat. horn

under control from high cent \rightarrow hypothalamus \leftarrow

most of these fibers derived from lateral reticulospinal tract

⑤ tectospinal

• visual and auditory reflex

\rightarrow descend fibers then crossed

Majority fibers terminate in Ant Grey Column of upper cervical segment

up \rightarrow down \leftarrow head and neck reflex spontaneous

* Subconscious Motor Tract *

\rightarrow axial, limbs, head and neck

vestibulo, tecto, Reticulo, Rubro \rightarrow Cortex \rightarrow Brainstem origin

\rightarrow Function \rightarrow Balance, Posture, Coordination movements

① Rubrospinal *

- Synapse with α , γ

- receive from Cortex, Cerebellum \rightarrow muscle joint sense

- 4 Deep cerebellum nuclei

(Position)

* Cross \rightarrow level of nucleus \Rightarrow early

* Function \rightarrow Facilitate flexors, inhibit extensors
skilled movement!

- movement of skilled muscle is flexion!

Don't Eat Greasy food

Dentate Emboliform Globose fastigial

Interposed

Rubrospinal tract descends from the red nucleus \rightarrow to spinal cord through lateral white column, which is related to the activity of lateral corticospinal tract (an exception of the extrapyramidal types). So, the rubrospinal tract (extrapyramidal) + lateral corticospinal (pyramidal) \rightarrow are collectively named lateral motor system.

② Pontine reticulospinal * formed in Pons

\rightarrow Descend into Ant spinal (uncrossed)

\rightarrow tonically active but inhibitory effect (by cortex) \Rightarrow Disinhibition mechanism \rightarrow

\rightarrow function \rightarrow activate Antigravity muscle (upright muscles)

Quadriceps femoris, knee joint, axial, extensors

Cortex \rightarrow active

Remove inhibition (Decorticate)

over flexion

③ Medullary reticulospinal \rightarrow crossing or not

\rightarrow opposite to pons

\rightarrow under stimuli

\rightarrow not tonically active \rightarrow inhibit muscle (extensors)