



Buspirone

- **Is useful in treatment of generalized anxiety disorders, and has efficacy comparable to benzodiazepines.**
- **Its action is mainly mediated by serotonin (5HT) receptors.**
- **The anxiolytic effects of buspirone may take more than a week to become established, making the drug unsuitable for management of acute anxiety states (not very effective in panic disorders).**
- **buspirone lacks anticonvulsant and muscle-relaxant properties of the benzodiazepines and causes only minimal sedation.**
- **The frequency of adverse effects is low, the most common effects being headaches, dizziness, nervousness.**

