

# **Drugs Used in Neoplasms of the Urogenital System**

**Yacoub Irshaid MD, PhD, ABCP**  
**Department of Pharmacology**

# **Drugs for Breast Cancer**

# Cyclophosphamide

- **An alkylating agent.**
- **It is inactive and needs activation by microsomal enzymes to 4-hydroxycyclophosphamide and aldophosphamide.**
- **These active metabolites are delivered to both tumor and normal cells, where aldophosphamide is cleaved nonenzymatically to the cytotoxic forms phosphoramidate mustard and acrolein.**

# Cyclophosphamide

## Therapeutic uses:

- **Breast cancer**
- **Ovarian cancer**
- **Wilm's tumor**
- **Others**

# Cyclophosphamide

## **Adverse effects:**

- Are dose-related, and occur primarily in rapidly growing tissues such as bone marrow, GIT, and reproductive system.
1. Nausea and vomiting.
  2. Direct vesicant effects and can damage tissues at site of injection.
  3. Hemorrhagic cystitis which can be prevented by adequate hydration.

# **Cyclophosphamide**

- 4. Carcinogenic, with increased risk of secondary malignancies, especially acute myelogenous leukemia.**
- 5. Bone marrow depression may be associated with leukopenia and thrombocytopenia, and bleeding.**
- 6. Alopecia**

# **Methotrexate (MTX)**

- **It is a folic acid analog that inhibit dihydrofolate reductase and prevent the formation of tetrahydrofolate (THF).**
- **THF serves as the key one-carbon carrier in the synthesis of thymidylate, purine nucleotides, and the amine acids serine and methionine.**

# Methotrexate

- Thus, it interferes with the formation of DNA and RNA and key cellular proteins.
- Intracellular formation of polyglutamate metabolites by folylpolyglutamate synthase, with the addition of up to 5-7 glutamate residues, is needed for the therapeutic action of MTX.
- MTX polyglutamates are selectively retained within cancer cells.



# Methotrexate

**Development of resistance is due to:**

- 1. Decreased drug transport via the reduced folate carrier or folate receptor protein.**
- 2. Decreased formation of cytotoxic MTX polyglutamate.**
- 3. Increased levels of the target enzyme, DHFR, through gene amplification.**

# Methotrexate

- 4. Altered DHFR protein with altered affinity for MTX.**
- 5. Activation of the multidrug resistance transporter P170-glycoprotein.**

# Methotrexate

- **It is administered by oral, intravenous and intrathecal routes.**
- **Mainly eliminated by the kidney through active transport, and dose reduction is needed in renal dysfunction.**
- **Its renal excretion is inhibited by aspirin, other NSAIDs, penicillins, and cephalosporins.**

# Methotrexate

- The effects of MTX can be reversed by administration of leucovorin (5-formyltetrahydrofolate).
- Leucovorin rescue can be used in conjunction with high-dose MTX therapy to rescue normal cells from undue toxicity, and in accidental overdose.

# Methotrexate

## Therapeutic uses:

- **Breast cancer**
- **Bladder cancer**
- **Choriocarcinoma.**
- **Others.**

# Methotrexate

## **Toxicity:**

- 1. Mucositis (GIT), diarrhea**
- 2. Hepatotoxicity**
- 3. Myelosuppression with neutropenia and thrombocytopenia**
- 4. Neurological & cognitive impairment**
- 5. Immunoallergic pneumonia leading to pulmonary fibrosis**
- 6. Chemical pneumonitis**
- 7. Renal dysfunction**

# Doxorubicin

- **Belongs to anthracyclines, the most widely used cytotoxic anticancer antibiotic drugs.**

## **Mechanism of action:**

- 1. Inhibition of topoisomerase II.**
- 2. Intercalation to DNA.**
- 3. Generation of semiquinone free radicals and oxygen free radicals (iron-dependent, enzyme-mediated reductive process), which cause cardiotoxicity.**

# **Anthracyclines**

- 4. Binding to cellular membranes altering fluidity and ion transport.**
- They are administered IV.**
- Metabolized extensively in the liver.**
- ~ 50% of the dose is excreted in bile, and dose reduction is needed in hepatic dysfunction.**



# Anthracyclines

## Therapeutic uses:

1. Breast cancer
2. Endometrial cancer
3. Cancer of ovary
4. Cancer of testis
5. Bladder cancer
6. Others.

# Paclitaxel

- Belongs to taxanes.
- It is an alkaloid derived from the Pacific and European *yew* (صنوبريات).
- It functions as mitotic spindle poison which results in inhibition of mitosis and cell division.
- Metabolized by CYPs, and 80% of the drug is excreted in feces.
- Dose reduction is required in hepatic dysfunction.

# Paclitaxel

## Therapeutic uses:

- 1. Ovarian cancer**
- 2. Advanced breast cancer**
- 3. Prostate cancer**
- 4. Bladder cancer**
- 5. Others**

# Paclitaxel

## Adverse reactions:

- The primary dose-limiting toxicities are nausea, vomiting, hypotension, arrhythmias, myelosuppression, peripheral sensory neuropathy.
- Hypersensitivity (5%), requires **premedication with** dexamethasone, diphenhydramine ( $H_1$ -blocker) and an  $H_2$ -blocker.

# Paclitaxel

- **An albumin-bound formulation used for breast cancer does not require premedication, with milder myelosuppression and reversible neurotoxicity.**

# Ixabepilone

- It is not a taxane, but it is a microtubule inhibitor.
- Used for metastatic breast cancer.
- Main adverse effects are hypersensitivity reactions, myelosuppression, neurotoxicity, with peripheral sensory neuropathy.

# Bevacizumab

- The growth of both primary and metastatic tumors requires an intact vasculature.
- The vascular endothelial growth factor (VEGF) signaling pathway is an attractive target for chemotherapy.
- **Bevacizumab** is a recombinant humanized monoclonal antibody that targets all forms of VEGFs particularly VEGF-A.

# Bevacizumab

- This antibody binds to and prevents VEGF-A from interacting with its receptor.

## Toxicity:

- Hypertension
- Arterial thromboembolism (TIA, stroke, angina, & MI)
- Wound healing impairment
- GI perforations and proteinuria



# Trastuzumab

- Is a recombinant, humanized monoclonal antibody that binds to human epidermal growth factor receptor (HER-2/neu), preventing the natural ligand from binding to the receptor, and it down regulates the receptor.
- Cause cardiotoxicity manifested as a reduced left ventricular ejection fraction
- It may be used in metastatic breast cancer in patients whose tumors overexpress HER-2/neu.

# **Drugs for Prostate Cancer**

# **Drugs for Prostate Cancer**

- **The treatment of choice is elimination of testosterone production, either by surgical castration or hormonal therapy.**
- **Discussed before.**

# Mitoxantrone

- It is an anthracycline antibiotic.
- Act by intercalation with the DNA molecule, which in turn causes single- and double-stranded disruptions and suppresses DNA repair via inhibition of topoisomerase II.
- Used for advanced, hormone-refractory prostate cancer.

# Mitoxantrone

## **Toxicity:**

- 1. Myelosuppression, leukopenia, is the dose-limiting toxic effect.**
- 2. Thrombocytopenia**
- 3. Nausea and vomiting**
- 4. Alopecia**
- 5. Mucositis**
- 6. A blue discoloration of fingernails, sclera, and urine is observed 1-2 days after drug administration.**

# **Drugs for Ovarian Cancer**

# Drugs for Ovarian Cancer

- **Cisplatin, Carboplatin**
- **Cyclophosphamide**
- **Paclitaxel**
- **Topotecan**
- **Doxorubicin**
- **Altretamine**

# Platinum Analogs

## **Cisplatin, Carboplatin.**

- They exert their cytotoxic effects like the alkylating agents.
- They kill tumor cells in all stages of the cell cycle.
- Bind to DNA and form intra- and inter-strand cross-links, leading to inhibition of DNA synthesis and function.



# Cisplatin

## Therapeutic uses:

- 1. Breast cancer**
  - 2. Testicular cancer**
  - 3. Ovarian cancer**
  - 4. Bladder cancer**
  - 5. Others**
- It is eliminated by the kidney and dose reduction is needed in renal dysfunction.**

# Cisplatin

## Toxicity:

1. Nausea and vomiting
  2. Nephrotoxicity
  3. Peripheral sensory neuropathy
  4. Ototoxicity
- Carboplatin is less toxic to the kidney, but its main dose-limiting toxicity is myelosuppression.

# Camptothecins

- They are natural products derived from a tree grown in China.
- They inhibit the activity of topoisomerase I, the key enzyme responsible for cutting and re-ligating single DNA strands.
- This results in DNA damage and cell death.

# Topotecan

- It is used for advanced ovarian cancer as second-line therapy following platinum-based chemotherapy.
- The dose should be adjusted in renal function.
- The main toxicities are nausea, vomiting and myelosuppression.

# Altretamine

- It is an alkylating agent that forms DNA cross-links, resulting in inhibition of DNA synthesis and function.

## Toxicity:

- Nausea and vomiting
- Myelosuppression
- Peripheral neuropathy
- Flu-like syndrome.

# **Drugs for Testicular Cancer**

# Drugs for Testicular Cancer

- Cisplatin
- Etoposide
- Bleomycin
- Ifosfamide (similar to cyclophosphamide).

# Etoposide

- It is a semisynthetic derivative of podophyllotoxin, which is extracted from mayapple root.
- IV, and oral formulations are available.
- Dose reduction is needed in renal dysfunction.
- **Teniposide** is a related drug.



# Etoposide

- They inhibit topoisomerase II, resulting in DNA damage through strand breakage induced by formation of a ternary complex of drug, DNA, and enzyme.

## Toxicity:

1. Nausea, and vomiting,
2. Hypotension
3. Myelosuppression
4. Alopecia.

# Bleomycin

- **Anticancer antibiotic**
- **It is a small peptide that contains a DNA-binding region, and an iron binding domain at opposite ends of the molecule.**
- **It acts by binding to DNA, which results in single-strand and double-strand breaks following free radical formation, and inhibition of DNA synthesis.**

# Bleomycin

- It is a cell-cycle specific drug that arrest cells in the G<sub>2</sub> phase of the cell cycle.
- It is used also in squamous cell cancer of the cervix and vulva.
- Dose reduction is needed in renal dysfunction.

# Bleomycin

- **Dose-limiting toxicity** is **pulmonary** in the form of pneumonitis, cough, dyspnea, dry inspiratory crackles, and chest infiltrates.
- This is more in patients:
  - a) older than 70 years of age
  - b) who receive a cumulative dose greater than 400 units
  - c) with underlying pulmonary disease
  - d) with prior chest radiation.

# Bleomycin

## Other toxicities:

1. Allergic reactions
2. Fever
3. Hypotension
4. Dermatotoxicity,
5. Alopecia,
6. Mucositis.