

OBSTETRIC HISTORY TEMPLATE

1. Patient Profile & Identification

- **Patient Name:** _____ **Age:** _____ **Occupation:** _____
- **Admission Date/Time:** _____ **Via:** ☐ ED ☐ Clinic ☐ Transfer
- **Informed Consent Obtained?** ☐ Yes ☐ No
- **Obstetric Summary:** G____ P____ + ____ (Term / Preterm / Abortions / Living)
- **Blood Type & Rh Status:** _____ **Antibody Screen:** _____

2. Chief Complaint (CC)

State the patient's main symptom(s) and duration in their own words.

- _____ x _____ days/hours.

3. History of Presenting Illness (HPI)

- **Current Gestational Age:** _____ weeks + _____ days (By ☐ LMP ☐ Early US)
- **Mode of Conception:** ☐ Spontaneous ☐ IVF/Assisted
- **Antenatal Care (ANC):** ☐ Regular ☐ Irregular ☐ None | **Location:** _____

Current Symptom Breakdown: مهم اسأل عن الآلام الولادة وحركات الجنين يفضل بحدود

10 حركات للجنين في اليوم

- **Abdominal / Pelvic Pain:** الام الولادة او الحمل
 - *Onset & Character:* ☐ Sudden ☐ Gradual | ☐ Cramping/Colicky ☐ Dull/Constant
 - *Severity:* ____/10 | *Radiation:* _____
 - *Relieving/Aggravating Factors:* _____
- **Associated Obstetric/Gyn Symptoms:**
 - *Fetal Movement (Quickening (اول حركة للجنين الام حسست فيها*): ☐ Present & normal ☐ Decreased ☐ Not yet felt
 - *Fluid Loss:* ☐ Clear fluid gush/leak (SRM/PROM) ☐ None
 - *Discharge:* ☐ Foul-smelling ☐ Purulent ☐ None
- **Vaginal Bleeding:**
 - *Onset/Trigger:* ☐ Spontaneous ☐ Post-coital ☐ Trauma: _____
 - *Color:* ☐ Bright red / Fresh ☐ Dark brown / Old ☐ Pink/Serous
 - *Quantity:* _____ pads per [hour / day] | *Clots?* ☐ Yes ☐ No (Size: _____)

Systemic & Pre-Eclampsia Screen (>20 weeks focus):

- ☐ Headache ☐ Visual changes (Blurring/Flashes) ☐ Epigastric / RUQ pain
- ☐ Nausea / Vomiting ☐ Dizziness / Syncope ☐ Significant sudden edema (Face/Hands)
- ☐ Urinary symptoms (Dysuria, Frequency, Hematuria)
- ☐ Constitutional (Fever, Chills, Rigors)

4. Past Obstetric History (Chronological Table)

Incorporate every single pregnancy sequentially (including miscarriages, ectopics, and terminations).

#	Year	Gestational Age (Weeks)	Pregnancy Complications (PET, GDM, Bleeding)	Mode of Delivery / Management (SVD, CS, D&C)	Birth Weight / Sex	Outcome & Neonatal Health
1						
2						
3						
4						
5						

5. Gynecological History

- **Menarche Age:** _____ years old | **Cycle:** Regular ☐ / Irregular ☐ (Every _____ days, lasting _____ days)
- **Pap Smear History:** ☐ Normal ☐ Abnormal ☐ Never checked (Last date: _____)
- **Sexually Transmitted Infections (STIs):** ☐ No ☐ Yes: _____
- **Contraception History (Prior to this pregnancy):**

6. Medical, Surgical, & Family History

- **Chronic Illnesses:** ☐ Hypertension ☐ Diabetes (Pre-gestational) ☐ Thyroid Disease ☐ Autoimmune/Thrombophilia ☐ Asthma
- **Past Surgical History:** (Detail any uterine surgeries like C-sections, myomectomies, or D&Cs):
○ _____ (Year: _____)
- **Family History:** ☐ Preeclampsia ☐ DM ☐ HTN ☐ Genetic anomalies/Bleeding disorders

7. Medication, Allergies, & Social History

- **Current Medications & Supplements:**

1. _____ Dose: _____ Freq: _____ Indication: _____
 2. _____ Dose: _____ Freq: _____ Indication: _____
- **Recently Discontinued Medications:** (e.g., Aspirin, Low-Molecular-Weight Heparin)
 - Drug: _____ Reason/Date Stopped: _____
 - **Allergies:** [] NKDA [] Food/Drug: _____ Reaction: _____
 - **Social:** [] Smoking [] Alcohol [] Herbs/Alternative remedies: _____

8. Summary & Assessment Impression

A 1-2 sentence clinical summary statement.

- "The patient is a **G**____ **P**____ at _____ weeks gestation presenting with _____ in the background of _____ (e.g., known thrombophilia, placenta previa)."

Clerkship Tip: When you're using this template in real-time, circle the positive symptoms and cross through the negative ones to keep your workflow fast and scannable.